

Race Date  
May 05, 2019

LONG COURSE TRIATHLON  
Age Group Results

Male Overall Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	1	Justin Laue	10	35	1	30:14.5	1:34	1:38.4	1	2:18:16.3	21.7	1:10.3	1	1:16:39.4	6:43	4:07:59.1
2	2	Moses Wolfe-Polgar	21	22	3	31:59.6	1:39	1:29.2	2	2:29:39.1	20.0	0:39.4	2	1:21:14.0	7:08	4:25:01.5
3	3	connor nemetz	17	33	2	31:08.7	1:37	1:03.8	3	2:34:37.5	19.4		3	1:32:09.4	8:05	4:38:59.6

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Age Group Results

Male 20 to 24

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total			
Place	Overall				Rnk	Time		Pace	Time		Rate	Rnk		Time	Pace	Time
1	2	Moses Wolfe-Polgar	21	22	1	31:59.6	1:39	1	2:29:39.1	20.0	0:39.4	1	1:21:14.0	7:08	4:25:01.5	
2	9	Evan To	20	22	2	38:04.4	1:58	1:42.2	2	2:57:15.6	16.9	0:15.5	2	2:00:21.0	10:33	5:37:38.8

Male 25 to 29

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total			
Place	Overall				Rnk	Time		Pace	Time		Rate	Rnk		Time	Pace	Time
1	8	Spenser Gabin	5	29	1	53:15.6	2:45	4:36.7	1	2:49:09.7	17.7	2:42.4	1	1:33:25.1	8:12	5:23:09.8

Male 30 to 34

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total			
Place	Overall				Rnk	Time		Pace	Time		Rate	Rnk		Time	Pace	Time
1	3	connor nemetz	17	33	2	31:08.7	1:37	1:03.8	1	2:34:37.5	19.4		1	1:32:09.4	8:05	4:38:59.6
2	5	Joshua Paulaitis	18	34	3	33:00.0	1:43	3:29.2	3	3:00:26.4	16.6	0:40.8	2	1:33:28.9	8:12	5:11:05.5
3	6	Paul Giudice	6	34	1	29:00.0	1:30	6:06.2	2	2:52:48.1	17.4	1:09.5	3	1:44:26.8	9:10	5:13:30.7
4	16	Jamie Ceglaz	3	34	4	36:38.7	1:54	3:19.6	4	3:01:53.1	16.5	1:55.3	4	3:22:43.8	17:47	7:06:30.6

Male 35 to 39

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total			
Place	Overall				Rnk	Time		Pace	Time		Rate	Rnk		Time	Pace	Time
1	1	Justin Laue	10	35	1	30:14.5	1:34	1:38.4	1	2:18:16.3	21.7	1:10.3	1	1:16:39.4	6:43	4:07:59.1
2	12	Craig Hackett	7	36	2	44:41.4	2:19	4:06.5	2	3:34:46.7	14.0	3:45.0	2	1:39:57.8	8:46	6:07:17.5

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Male 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
3	17	Kenny Mungcal	15	38	3	45:00.0	2:20	5:44.1	3	3:53:16.2	12.9	1:34.8	3	2:27:39.1	12:57	7:13:14.3

Male 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Dean Johnson	9	44	1	32:58.7	1:42	2:56.3	1	2:38:18.2	19.0	2:15.0	1	1:24:15.9	7:23	4:40:44.2
2	14	Rory Moore	14	40	2	41:41.0	2:10	6:03.4	2	4:03:51.7	12.3	3:56.2	2	1:36:47.3	8:29	6:32:19.8

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LONG COURSE TRIATHLON  
Age Group Results

Female Overall Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	7	Stephanie Brealey	2	39	3	40:08.3	2:05	2:18.9	1	3:01:35.3	16.5	1:10.8	1	1:34:08.5	8:15	5:19:22.1
2	10	Kristin Little	11	27	2	37:54.0	1:58	2:05.4	3	3:35:46.3	13.9	0:52.0	2	1:41:28.9	8:54	5:58:06.8
3	11	Amy Steward	19	32	1	35:27.6	1:50	5:59.6	2	3:31:09.6	14.2	4:27.0	3	1:47:53.9	9:28	6:04:57.9

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Age Group Results

Female 25 to 29

Place		Name	Bib No	Age	Swim		T1	Bike			T2	Run		Total		
Place	Overall				Rnk	Time		Pace	Time	Rate		Time	Rnk		Time	Pace
1	10	Kristin Little	11	27	1	37:54.0	1:58	2:05.4	1	3:35:46.3	13.9	0:52.0	1	1:41:28.9	8:54	5:58:06.8

Female 30 to 34

Place		Name	Bib No	Age	Swim		T1	Bike			T2	Run		Total		
Place	Overall				Rnk	Time		Pace	Time	Rate		Time	Rnk		Time	Pace
1	11	Amy Steward	19	32	1	35:27.6	1:50	5:59.6	1	3:31:09.6	14.2	4:27.0	1	1:47:53.9	9:28	6:04:57.9
2	15	Colleen Naughton	16	33	2	51:35.5	2:40	7:01.8	2	3:48:27.7	13.1	4:58.9	2	1:54:50.1	10:04	6:46:54.2

Female 35 to 39

Place		Name	Bib No	Age	Swim		T1	Bike			T2	Run		Total		
Place	Overall				Rnk	Time		Pace	Time	Rate		Time	Rnk		Time	Pace
1	7	Stephanie Brealey	2	39	1	40:08.3	2:05	2:18.9	1	3:01:35.3	16.5	1:10.8	1	1:34:08.5	8:15	5:19:22.1

Female 55 to 59

Place		Name	Bib No	Age	Swim		T1	Bike			T2	Run		Total		
Place	Overall				Rnk	Time		Pace	Time	Rate		Time	Rnk		Time	Pace
1	13	Marcy Fleming	4	58	1	37:17.9	1:56	5:04.5	1	3:25:33.9	14.6	2:25.0	1	2:05:34.4	11:01	6:15:56.0
2	18	April Masters Ruhne	12	56	2	39:21.8	2:02	5:42.4	2	4:01:31.9	12.4	2:52.6	2	2:37:02.8	13:46	7:26:31.6