

LYMPH IN MOTION BY CRISELDA WHITE

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Post-Operative Massage Intake & Consent Form

Client Information

Full Name: _____

Date of Birth: _____

Phone Number: _____

Email: _____

Emergency Contact & Phone: _____

Surgery Information

Date of Surgery: _____

Type of Procedure (e.g., Lipo, BBL, Tummy Tuck, etc.):

Surgeon's Name & Clinic: _____

Do you have any surgical drains? ☐Yes ☐No

If yes, how many and where are they located?

Are you wearing compression garments or foams? ☐Yes ☐No

Current Post-Op Symptoms & Conditions

☐Pain or tenderness

☐Bruising or discoloration

☐Swelling or fluid retention

☐ Hardness or lumps (fibrosis)

☐ Drainage from incisions

☐ Numbness or tingling

☐ Fever or signs of infection

☐ Shortness of breath

☐ Other (please specify)

Please explain any conditions checked above:

Goals for Treatment

What are your primary goals for receiving post-op lymphatic massage? (Check all that apply)

☐ Reduce swelling

☐ Minimize fibrosis and scar tissue

☐ Improve lymphatic drainage

☐ Support immune response and healing

☐ Relieve pain and discomfort

☐ Improve body contour results

☐ Prevent complications

☐ Other: _____

Consent & Authorization

I understand that post-operative massage therapy is intended to support the healing process and reduce swelling after surgery. I confirm that my surgeon has approved massage as part of my recovery plan. I affirm that I have disclosed all known medical and surgical information and agree to keep the therapist updated about any changes. I understand that if any signs of complications arise (such as infection, open wounds, or blood clots), the therapist may delay or refuse treatment and refer me to a physician.

Client Signature: _____

Date: _____

Terms and Conditions

Refund Policy

All services are non-refundable once rendered. If you cancel your appointment at least 24 hours in advance, you may reschedule your session at no additional charge. Prepaid sessions or packages are not refundable but may be transferred to another person with written permission.

No-Call / No-Show Policy

If you miss your appointment without notice (No-Call/No-Show), you will be charged 100% of the session fee. Repeated violations may result in refusal of future services. If you are running late, please call or text as a courtesy. More than 15 minutes late without notice will be considered a No-Show.