

CLASS DESCRIPTIONS

Private Dance and Tumbling lessons inquire for availability

- ***NEW*** Dance Cirque: Classes will feature a series of stations including apparatus work (silks and/or Lyra hoop), rhythmic gymnastics including scarfs, ribbons and hoop skills, juggling, balancing, flexibility and partner tricks. Your child will have the opportunity to advance through skill levels throughout the year and be celebrated when mastering new tricks. If you are mesmerized by cirque, this class is for you. Become part of the magic that has taken the world by storm!
- ***NEW*** Little Cirque: If your child is a little entertainer, this class is for them! Let them join in on the wonder of cirque/circus acts. Your child will learn the fundamentals of acrobatic skills along with stage presence, hand/eye coordination, and strength exercises. This class will include use of the silk apparatus, scarfs and hoops, following a fun age appropriate curriculum to keep them engaged and excited throughout the year.
- Competition Choreo and Competition Technique classes are for competition team members only. If you would like to be considered for the acro and/or dance competition teams, please contact us.
- Tumbling Tots & Tiny Dancers: Classes are teacher led. Children must be potty trained. Children will learn the fundamentals of gymnastics or dance
- Kidfit classes: Physical fitness classes working on strength, agility, conditioning and balance using obstacle courses.
- Acro: This class is for ages 7+, unless you have already mastered a backbend from standing position. This class will focus on walkovers, handsprings, tucks, and aerials. We will also focus on flexibility and acrobatic tricks.
- Level 1 Cheernastics: This class will work on cartwheels, round-offs, backbends, and walkovers.

- Level 2 Cheernastics: This class will work on handsprings and tucks.
- Open Gym: This time can be used for independent tumbling practice and workouts.

Pricing

- 45 minutes classes: \$55/month
- 55 minute classes: \$60/month
- Little Cirque: \$65/month
- Dance Cirque: \$70/month
- *There will be a \$7 discount for each additional regular-priced class until you reach unlimited pricing.*
- *Unlimited does not include private or semi-private lessons.*
- Unlimited (5+) classes (1 child): \$265/month
- Unlimited classes (2 children): \$300/month
- Unlimited classes (3+ children): \$335/month
- Open Play & Gym, \$12 drop in fee or buy a pass for \$110 for 10 drop ins.
- *** All tuition is due by the 1st class of the month**
- Registration fee is \$25 for one child; \$35 for family (more than one child)
 - Returning students fee is \$15 for one child; \$25 for family
 - Registration fees are non-refundable and must be paid to secure your spot in classes.