

WRITING WORKSHOPS

Insecurity, pain, addiction are all based in fear. And fear can only live in the dark. Telling your story releases your fear and brings your consciousness into the light

UNZIPPING REALITY

Sample Workshops

In the Beginning

Before the writing can begin, a collection of thoughts, actions, senses and experiences are all taken in. Confusion is often the byproduct of unorganized sensory perception.

Sins of the Father

It's not always our own past that haunts us. Whether you know/knew your father or not, his actions come to bear on your life.

To be or What Should be

This is the only moment that matters. The past is gone, never to return. Tomorrow is a fairy tale. Your personal outlook on your current circumstance can change this instant through choice.

The Responsible Writer

Who are you responsible for? How does carrying that weight make you feel? The burden of responsibility weighs more heavily on some. Pressure to succeed and provide must battle with society's obstacles.



An Open Invitation

Join Blue Lotus Illumination as we conduct workshops on writing through the fear. Everyone has a story. The story that brought us to this point may have begun, for some of you, only a few years ago. For others, it seems to have started at birth. While there may be many paths to healing, no healing can begin without the release of the fear. Allow Blue Lotus to guide you to the path of healing through the writing process. Your story is important and should be told... even if you think no one is listening.

Writing With a Purpose

The stories that are generated from the completion of the workshops will be bound and published as part of Blue Lotus Illumination's larger goal to help as many veterans as possible. Ultimately selected stories will be compiled into a documentary where you will tell your story to all. Your stories will serve to inspire those who served and even those who haven't.

VISUALLY
EMPOWERING
TESTIMONIES
STORIES

