

CODE OF CONDUCT for GYMNASTS

- Gymnasts should arrive 10 minutes before the session is due to start.
- All gymnasts should respect their fellow gymnastic club members, and behave in an upstanding manner where bullying & swearing will not be tolerated at any time, as well as pushing or squabbling.
- From 10:45am, all gymnasts (male and female) are to train in suitable Gymnastic attire – this means one piece leotard with/without shorts/leggings or Unitards. Any colour, any design, but no spaghetti straps or skirts. Socks are permitted but they must have gripped soles. Suitable clothes can be worn over/under leotards e.g. joggers, hoodless jumpers, leggings.
- Gymnasts are NOT allowed to wear any jewellery during training sessions, displays or competitive events. Any piercing that cannot be removed must be suitably taped
- Hair – All gymnasts with long hair are required to have hair suitably tied back during each training session (this includes all long fringes). Braiding long hair is a suggestion.
- Any illness or injuries should be brought to the attention of your coach.
- All equipment and apparatus should be treated with respect.
- Gymnasts should not leave the gymnasium at the end of their session until collected by their parent/guardian.
- Gymnasts are to train barefoot unless there is a medical reason prohibiting them from doing so. (Coaches are to be made aware of this before warm up). Socks with gripped soles are permitted.
- Gymnasts should never train or work on equipment without a qualified coach present.
- EVT Gymnastics cannot be held responsible for lost or stolen items. Ensure items of clothing are named.
- Gymnasts should respect their coaches and any decisions made.
- Gymnasts can approach the Welfare officer if they have any concerns or wish to speak confidentially to a coach. welfare.evtgymnastics@outlook.com
- Gymnasts must not eat or chew gum during any session.
- Gymnasts must not friend request any coaching member of EVT Gymnastics on social media.
- Gymnasts – if you do not follow the EVT Gymnastics code of conduct, your parents may be contacted and your membership suspended or revoked.

We thank you for your support

SIGNED _____ **DATE** _____

If gymnast under the age of 16yrs, parent must sign on their behalf

Gymnast Name _____