

**Suggested Donation:**  
**DINE-IN \$5.00**  
**To Go - \$10.00 Charge**

**Rim Country Senior Center**  
**2171 B Street / PO Box 193**  
**Overgaard, AZ 85933**

**Website:**  
**RimCountrySeniorCenter.org**  
**Facebook:**  
**Rim Country Senior Center**

Ph: 928) 535-5525  
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**March 2026**

**Lunch Served Mon-Fri 11am – 12pm**

Partially funded by:  
DES & AAA-NACOG

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Spaghetti Bolognese Italian Blend Vegetables Green Salad Garlic Bread Mandarin Oranges Cookies	<b>3</b> Pork Chops Wild Rice Pilaf Brussels Sprouts Yams Baked Apple Slices	<b>4</b> Meatloaf w/ Gravy Mashed Potatoes Peas and Carrots WG Bread Pears	<b>5</b> Southwest Cream of Chicken Soup w/ Onion Celery Corn Wheat Roll Three Bean Salad Citrus Salad	<b>6</b> Lasagna Garlic Bread Cauliflower Ceasar Salad Pineapple Pudding
<b>9</b> Roast Beef Mashed Potatoes and Gravy Carrots WW Roll Tropical Fruit Cookie	<b>10</b> Chicken Enchiladas Black Beans Romaine & Diced Tomatoes Pineapple	<b>11</b> Salisbury Steak w/ Gravy Mashed Potatoes Peas WW Roll Peaches	<b>12</b> Loaded Potato Soup W/ Ham Corn Celery Onion and Carrots WW Roll Green Salad Applesauce	<b>13</b> Baked Fish Brown Rice Pilaf Butternut Squash Peas Mixed Fruit Jello
<b>16</b> Cheeseburger Macaroni Salad w/ Black Olives Celery and Onion Baked Beans Tropical Fruit Cookie	<b>17</b> Corned Beef Boiled Potatoes Carrots Boiled Cabbage Wheat Roll Pears 	<b>18</b> Chicken Alfredo CA Blend Vegetables Green Salad Garlic Bread Mixed Fruit	<b>19</b> Chicken & Dumplings w/ Celery Onion and Corn Carrot Salad w/ Pineapple	<b>20</b> Orange Chicken Brown Rice Stir Fry Vegetables Veg Egg Roll Cabbage Salad Peaches Pudding
<b>23</b> Ham Steak Scalloped Potatoes Capri Veg WW Roll Pineapple Cookie	<b>24</b> Chicken Parmesan On Penne Pasta Corn Spinach Garlic Bread Mandarin Oranges	<b>25</b> Chicken Fried Steak Gavy Fried Potatoes w/ Peppers and Onions Carrots Pears	<b>26</b> Clam Chowder with Carrots Celery Onion and Corn WG Roll Cottage Cheese w/ Tomato Peaches	<b>27</b> Tostadas Romaine Lettuce and Tomatoes CA Blend Vegetables Pinto Beans w/ Peppers and Onions Mixed Fruit Jello
<b>30</b> Chicken Teriyaki Brown Fried Rice Veggie Egg Roll Stir-fry Vegetables Cabbage Salad Mandarin Orange Cookie	<b>31</b> Peppered Steak White Rice Broccoli Rolls Applesauce	<p><b>*** Please call the day before to reserve your spot</b></p> <p><b>*** Substitutions may occur without notice.</b></p> <p><b>*** Due to supply issues some foods may run out, so be early.</b></p>		



Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.