

Suggested Donation:
DINE-IN \$5.00
To Go - \$10.00 Charge

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Rim Country Senior Center
2171 B Street / PO Box 193
Overgaard, AZ 85933

Website:
RimCountrySeniorCenter.org
Facebook:
Rim Country Senior Center

February 2026

*Partially funded by:
 DES & AAA-NACOG*

Lunch Served Mon-Fri 11am – 12pm

Monday	Tuesday	Wednesday	Thursday	Friday
2 Swedish Meatballs over Egg Noodles Peas Carrots Red Grapes Cookies	3 Chicken Rice Casserole with Broccoli Yams Tropical Fruit Pudding	4 Beef Tips Roasted Potatoes Carrots WW Roll Pineapple	5 Taco Soup Tortilla Chips Garden Salad Applesauce	6 Breaded Fish Wild Rice Pilaf CA Blend Vegetables Cucumber Salad Apricots
9 Beef Stew with Potatoes, Carrots WW Roll Green Salad Peaches Cookie	10 Spaghetti & Meatballs Italian Blend Ceasar Salad Garlic Bread Oranges	11 Turkey w/ Gravy Carrots Green Beans Stuffing Pineapple	12 S.W. Corn Chowder Broccoli Pears WW Roll	13 Chicken Fingers Mashed Potatoes WW Roll Spinach Mixed Fruit Cupcakes
16 Beef Broccoli w/ Stir Fry Vegetables Brown Rice Vegetable Egg Roll Mandarin Oranges	17 Jambalaya with Rice Island Blend Veggies "King" cake Tropical fruit	18 Oven Fried Chicken WG Roll Mashed Potato Mixed Vegetables Pears	19 Italian Wedding Soup 3 Bean Salad WG garlic bread Pineapple	20 Green Chili Peppers & Tomatoes Rice Apricots Pudding
23 Beef Stroganoff over WW Pasta Sweet Potatoes Green Beans Apricots	24 Shepherd's Pie Broccoli 5 Blend Mixed Veg WG Biscuit Peaches Lemon Bar	25 Chicken Cordon Bleu w/Gravy Brown Rice Spinach Corn Applesauce	26 Ham and White Bean Soup Spinach WW Roll Citrus Salad	27 Red Chili Enchiladas Refried Beans Green Salad w/ Tomatoes Mixed Fruit Jello

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.