



# *Whole Body Approach to Infant Physiotherapy*

**HANDS-ON COURSE WITH PRACTICUM AND LAB**

**NOVEMBER 13 AND 14, 2026**

**8:30am - 4:30pm**

**Abilities Centre, Whitby ON**

## **COURSE GOALS:**

- Understand a whole-body approach to infant assessment and treatment, integrating posture, feeding, and oral-motor function
- Confidently assess and treat torticollis, plagiocephaly, and postural asymmetries
- Recognize the critical link between tongue function, midline development, and motor outcomes
- Deliver practical, hands-on strategies you can implement immediately in clinical practice

## **Course fees**

**Early Bird Rate: \$545**

Until August 31, 2026

**Regular Rate: \$675**



## **REGISTER HERE**

[www.infanttherapy.ca](http://www.infanttherapy.ca)

# *Whole Body Approach to Infant Physiotherapy*

*HANDS-ON COURSE WITH PRACTICUM AND LAB*

## **COURSE OBJECTIVES**

- Apply a whole-body approach to infant development and function integrating neuromotor, postural, musculoskeletal, respiratory, and oral-motor systems
- Assess infant posture, cranial and trunk asymmetry, movement, respiration, and oral-motor function
- Recognize common presentations and identify red flags requiring referral
- Analyze the relationship between feeding, breathing, posture, and motor development
- Implement hands-on strategies to support alignment, mobility, regulation, and movement
- Assess and treat oral-motor dysfunction, including tongue mobility and suck coordination
- Integrate current evidence and clinical practice regarding tethered oral ties, frenectomy decision-making, and conservative management
- Confidently educate and provide caregivers with practical, realistic, and goal-oriented strategies

## **THE INSTRUCTORS**

Together, Janine and Maggie bring nearly 50 years of paediatric physiotherapy experience and share a passion for helping therapists develop confidence in infant care. Over the past decade, both have focused their work on holistic, infant-centred care and have built private practices — Ottawa Infant Physio and Halton Infant Physio — dedicated to supporting babies and their families. Recognizing that many aspects of infant assessment and treatment have not traditionally been a major focus of physiotherapy training, they are committed to bridging that gap through practical, hands-on education. Their teaching combines decades of clinical experience with practical assessment and treatment strategies, ensuring therapists leave feeling inspired, skilled, and equipped to apply new knowledge and techniques immediately in clinical practice.

