

# Zumba Fitness **August** STRONG Nation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>Closed This Week!</b>	2 <b>Closed This Week!</b>	3 <b>Closed This Week!</b>	4 <b>Closed This Week!</b>	5 <b>Closed This Week!</b>	6 <b>Closed This Week!</b>
7	8 Zumba 9:30AM Laurie	9 Zumba 7:30PM Laurie	10 <b>No Class Today!</b>	11 Zumba 7:30PM Sarah	12	13
14	15 Zumba 9:30AM Laurie	16 Zumba 7:30PM Laurie	17 STRONG 9:30AM Laurie	18 Zumba 7:30PM Sarah	19	20
21	22 Zumba 9:30AM Laurie	23 Zumba 7:30PM Laurie	24 STRONG 9:30AM Laurie	25 Zumba 7:30PM Sarah	26	27
28	29 Zumba 9:30AM Laurie	30 Zumba 7:30PM Laurie	31 STRONG 9:30AM Laurie	<b>Join our Facebook Group: CDA Zumba and STRONG</b>		

## Class Details...

First Class FREE!  
\$6/Class or  
10 Session  
Punch Card \$45

STRONG Nation  
Classes: Bring a  
Mat & Gloves  
Recommended

[cabarrusdance.com](http://cabarrusdance.com)  
704-782-1915

