

NOVEMBER Zumba & Strong 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Zumba 9:30AM Laurie/Lisa	4 Zumba 7:30PM Laurie/Lisa	5 STRONG 9:30AM Laurie/Lisa	6 Zumba 7:30PM Laurie/Lisa	7	8
9	10 Zumba 9:30AM Laurie/Lisa	11 Zumba 7:30PM Laurie/Lisa	12 STRONG 9:30AM Laurie/Lisa	13 Zumba 7:30PM Sarah	14	15
16	17 Zumba 9:30AM Laurie/Lisa	18 Zumba 7:30PM Laurie/Lisa	19 STRONG 9:30AM Laurie/Lisa	20 Zumba 7:30PM Laurie/Lisa	21	22
23	24 Zumba 9:30AM Laurie/Lisa	25 Zumba 7:30PM Laurie/Lisa	26 CLOSED	27 Happy Thanksgiving	28	29

Class Details

First Class FREE!
\$8/Class or
10 Session
Punch Card \$55

STRONG Nation
Classes: Bring a
Mat & Gloves
Recommended

cabarrusdance.com
704-782-1915

CABARRUS
Dance
ACADEMY