

APRIL 2026 Zumba Fitness & STRONG

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Details
			1 NO STRONG TODAY	2 Zumba 7:30PM Laurie/Lisa	3	4	<p>First Class FREE! \$8/Class or 10 Session Punch Card \$55</p> <p>STRONG Nation Classes: Bring a Mat, Light Hand Weights & Gloves Recommended</p> <p>cabarrusdance.com 704-782-1915</p> 
5	6 Zumba 9:30AM Laurie/Lisa	7 Zumba 7:30PM Laurie/Lisa	8 STRONG 9:30AM Laurie/Lisa	9 Zumba 7:30PM Laurie/Lisa	10	11	
12	13 Zumba 9:30AM Laurie/Lisa	14 Zumba 7:30PM Laurie/Lisa	15 STRONG 9:30AM Laurie/Lisa	16 Zumba 7:30PM Laurie/Lisa	17	18	
19	20 Zumba 9:30AM Laurie/Lisa	21 Zumba 7:30PM Laurie/Lisa	22 STRONG 9:30AM Laurie/Lisa	23 Zumba 7:30PM Makenzie	24	25	
26	27 CLOSED	28 CLOSED	29 CLOSED	30 Zumba 7:30PM Lisa			