

MARCH 2026 Zumba & STRONG



Sun	Mon	Tue	Wed	Thu	Fri	Sat	Class Details
1	2 Zumba 9:30AM Laurie/Lisa	3 Zumba 7:30PM Laurie/Lisa	4 STRONG 9:30AM Laurie/Lisa	5 Zumba 7:30PM Laurie/Lisa	6	7	<p>First Class FREE! \$8/Class or 10 Session Punch Card \$55</p> <p>STRONG Nation Classes: Bring a Mat, Light Hand Weights & Gloves Recommended</p> <p>cabarrusdance.com 704-782-1915</p> 
8	CLOSED FOR SPRING BREAK!					14	
15	16 Zumba 9:30AM Lisa	17 St. Patrick's Day Class! 7:30PM 	18 STRONG 9:30AM Laurie/Lisa	19 Zumba 7:30PM Laurie/Lisa	20	21	
22	23 Zumba 9:30AM Laurie/Lisa	24 Zumba 7:30PM Laurie/Lisa	25 STRONG 9:30AM Laurie/Lisa	26 Zumba 7:30PM Laurie/Lisa	27	28	
29	30 NO ZUMBA TODAY	31 Zumba 7:30PM Laurie/Lisa					

