



DECEMBER 2025



Zumba Fitness & Strong Nation

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	CLASS DETAILS
	<div>1</div> <div>Zumba</div> <div>9:30AM</div> <div>Laurie/Lisa</div>	<div>2</div> <div>Zumba</div> <div>7:30PM</div> <div>Laurie/Lisa</div>	<div>3</div> <div>NO</div> <div>STRONG</div> <div>TODAY</div>	<div>4</div> <div>Zumba</div> <div>7:30PM</div> <div>Makenzie</div>	<div>5</div>	<div>6</div>	<div>First Class FREE!</div> <div>\$8/Class or</div> <div>10 Session</div> <div>Punch Card \$55</div> <div>STRONG Nation</div> <div>Classes: Bring a</div> <div>Mat, Light Hand</div> <div>Weights</div> <div>& Gloves</div> <div>Recommended</div> <div>cabarrusdance.com</div> <div>704-782-1915</div> <div><div>CABARRUS</div><div>Dance</div><div>A C A D E M Y</div></div> <div></div>
<div>7</div>	<div>8</div> <div>Zumba</div> <div>9:30AM</div> <div>Laurie/Lisa</div>	<div>9</div> <div>Zumba</div> <div>7:30PM</div> <div>Laurie/Lisa</div>	<div>10</div> <div>STRONG</div> <div>9:30AM</div> <div>Laurie/Lisa</div>	<div>11</div> <div>Zumba</div> <div>7:30PM</div> <div>Lisa</div>	<div>12</div>	<div>13</div>	
<div>14</div>	<div>15</div> <div>Zumba</div> <div>9:30AM</div> <div>Laurie/Lisa</div>	<div>16</div> <div>CHRISTMAS</div> <div>ZUMBA</div> <div>CLASS!</div> <div>7:30PM</div>	<div>17</div> <div>STRONG</div> <div>9:30AM</div> <div>Laurie/Lisa</div>	<div>18</div> <div>Zumba</div> <div>7:30PM</div> <div>Sarah</div>	<div>19</div>	<div>20</div>	
<div>21</div>	<div>22</div> <div>CLOSED FOR CHRISTMAS BREAK!</div>	<div>23</div>	<div>24</div>	<div>25</div> <div>Merry Christmas</div>	<div>26</div>	<div>27</div>	
<div>28</div>	<div>29</div> <div>CLASSES START BACK JANUARY 5TH!</div>	<div>30</div>	<div>31</div>	<div>HAPPY NEW YEAR!</div>			

