

JUNE 2026 ZUMBA FITNESS & STRONG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Zumba 9:30AM Laurie/Lisa	2 Zumba 7:30PM Laurie/Lisa	3 STRONG 9:30AM Laurie/Lisa	4 Zumba 7:30PM Laurie/Lisa	5	6
7	8 Zumba 9:30AM Laurie/Lisa	9 Zumba 7:30PM Laurie/Lisa	10 STRONG 9:30AM Laurie/Lisa	11 Zumba 7:30PM Laurie/Lisa	12	13
14	15 Zumba 9:30AM Laurie/Lisa	16 Zumba 7:30PM Laurie/Lisa	17 STRONG 9:30AM Laurie/Lisa	18 Zumba 7:30PM Laurie/Lisa	19	20
21	22 Zumba 9:30AM Laurie/Lisa	23 Zumba 7:30PM Laurie/Lisa	24 STRONG 9:30AM Laurie/Lisa	25 Zumba 7:30PM Laurie/Lisa	26	27
28	29	30	CLOSED THIS WEEK!			

First Class FREE!
\$8/Class or 10 Session Punch Card \$55

STRONG Nation Classes:
Bring a Mat, Light Hand Weights & Gloves

Recommended
cabarrusdance.com
 704-782-1915

