

July 2024

Zumba Fitness & STRONG

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 CLOSED FOR VACATION	2	3	4	5	6
7	8 Zumba 9:30AM Laurie/Lisa	9 Zumba 7:30PM Laurie/Lisa	10 STRONG 9:30AM Laurie/Lisa	11 Zumba 7:30PM Laurie/Lisa	12	13
14	15 Zumba 9:30AM Laurie/Lisa	16 Zumba 7:30PM Laurie/Lisa	17 STRONG 9:30AM Laurie/Lisa	18 Zumba 7:30PM Laurie	19	20
21	22 Zumba 9:30AM Laurie/Lisa	23 CLOSED	24 CLOSED	25 CLOSED	26	27
28	29 Zumba 9:30AM Laurie/Lisa	30 Zumba 7:30PM Laurie/Lisa	31 STRONG 9:30AM Laurie/Lisa			

Class Details...

First Class FREE!

\$6/Class or

10 Session

Punch Card \$45

STRONG Nation

Classes: Bring a

Mat & Gloves

Recommended

cabarrusdance.com

704-782-1915

CABARRUS
Dance
ACADEMY