



# JUNE 2025 Zumba Fitness & STRONG

| SUNDAY | MONDAY                               | TUESDAY                              | WEDNESDAY                             | THURSDAY                             | FRIDAY | SATURDAY |
|--------|--------------------------------------|--------------------------------------|---------------------------------------|--------------------------------------|--------|----------|
| 1      | 2<br>Zumba<br>9:30AM<br>Laurie/Lisa  | 3<br>Zumba<br>7:30PM<br>Laurie/Lisa  | 4<br>STRONG<br>9:30AM<br>Laurie/Lisa  | 5<br>Zumba<br>7:30PM<br>Laurie/Lisa  | 6      | 7        |
| 8      | 9<br>Zumba<br>9:30AM<br>Laurie/Lisa  | 10<br>Zumba<br>7:30PM<br>Laurie/Lisa | 11<br>STRONG<br>9:30AM<br>Laurie/Lisa | 12<br>Zumba<br>7:30PM<br>Laurie/Lisa | 13     | 14       |
| 15     | 16<br>Zumba<br>9:30AM<br>Laurie/Lisa | 17<br>Zumba<br>7:30PM<br>Laurie/Lisa | 18<br>STRONG<br>9:30AM<br>Laurie/Lisa | 19<br>Zumba<br>7:30PM<br>Laurie/Lisa | 20     | 21       |
| 22     | 23<br>Zumba<br>9:30AM<br>Laurie/Lisa | 24<br>Zumba<br>7:30PM<br>Laurie/Lisa | 25<br>STRONG<br>9:30AM<br>Laurie/Lisa | 26<br>Zumba<br>7:30PM<br>Laurie/Lisa | 27     | 28       |
| 29     | 30                                   | 1                                    | 2                                     | 3                                    | 4      | 5        |

CLOSED THIS WEEK!

First Class FREE!  
\$8/Class or  
10 Session  
Punch Card \$55

STRONG Nation  
Classes: Bring a  
Mat & Gloves  
Recommended  
[cabarrusdance.com](http://cabarrusdance.com)  
704-782-1915

CABARRUS  
*Dance*  
ACADEMY