

C A B A R R U S *Dance* A C A D E M Y

Introductory Classes

Dance Discipline	Age/Grade Requirement by Sept 1, 2026	Class Name	Times Offered	Minutes Week	Description
BALLET	2.5yrs-3.5yrs	Wiggle & Whirl	Mon 6:15 PM Tues 4:00 PM	30	This is a creative movement class for all tiny tots.
	3yrs-4yrs	Pre-Dance	Mon 5:30 PM Wed 10:00 AM Wed 6:30 PM Thurs 4:00 PM Thurs 5:30 PM	45	Basic Ballet Technique thru creative movement and fun
	4yrs-5yrs	Pre-Ballet	Mon 4:45 PM Tues 5:30 PM Wed 10:45 AM Wed 4:00 PM Wed 5:45 PM Thurs 4:45 PM		Basic Ballet Technique- includes barre, center work, and across the floor exercises.
	5yrs-6yrs	Kindergarten Combo	Tues 4:30 PM Wed 4:45 PM Wed 6:15 PM	60	Fundamentals of Ballet and Tap.
	6yrs-7yrs	First Grade Combo	Tues 4:30 PM Wed 6:15 PM Thurs 4:30 PM		
	2nd-5th Grade	Ballet I Elementary	Tues 6:15PM	45	Intro to Ballet Class for 2-5th Graders
	6th-12th Grade	Ballet Basic	Thurs 6:15 PM	45	Intro to Ballet Class for 6th-12th Graders
TAP	5yrs-6yrs	Kindergarten Combo	Tues 4:30 PM Wed 4:45 PM Wed 6:15 PM	60	Fundamentals of Ballet and Tap
	6yrs-7yrs	First Grade Combo	Tues 4:30 PM Wed 6:15 PM Thurs 4:30 PM		
	2nd-5th Grade	Tap I Elementary	Tues 7:00PM	45	Intro to Tap Class for 2nd-5th Graders
	6th-12th Grade	Tap Basic	Mon 7:00PM	45	Intro to Tap Class for 6th-12th Graders
JAZZ	2nd-5th Grade	Jazz I Elementary	Mon 5:30 PM Tues 4:45PM	45	Intro to Jazz for 2nd-5th Graders
	6th-12th Grade	Jazz Basic	Tues 7:45PM	45	Intro to Jazz for 6th-12th Graders

HIP HOP	5yrs-6yrs	Hippity Hop	Tues 5:30PM Wed 4:00PM	45	Intro to Hip Hop Class for Kindergarten and First Graders
	2nd-5th Grade	Hip Hop I Elementary	Tues 5:30PM	45	Intro to Hip Hop Class for 2nd-5th Graders
	6th-12th Grade	Hip Hop Basics	Mon 7:45PM	45	Intro to Hip Hop Class for 6th-12th Graders
ACROBATICS	4yrs-5yrs	Twist & Tumble	Mon 4:00PM	45	Upbeat music and movement with mat work
	5yrs-7yrs	Acro & Tumble I	Tues 4:45PM Wed 4:45PM Thurs 5:30PM	45	Intro to Acrobatics for Kindergarten and First Graders
	2nd-5th Grade	Acro I Elementary	Tues 4:00PM Wed 5:30 PM	45	Intro to Acrobatics Class for 2nd-5th Graders
MODERN	6th-12th Grade	Modern/Contemporary Intermediate I	Thurs 5:30PM	45	Ballet or Jazz Experience preferred
SACRED	5yrs-7yrs	Sacred K-1st Grade	Thurs 4:00	45	Worship Dance
	2nd-12th Grade	Sacred	Wed 4:45 PM	45	