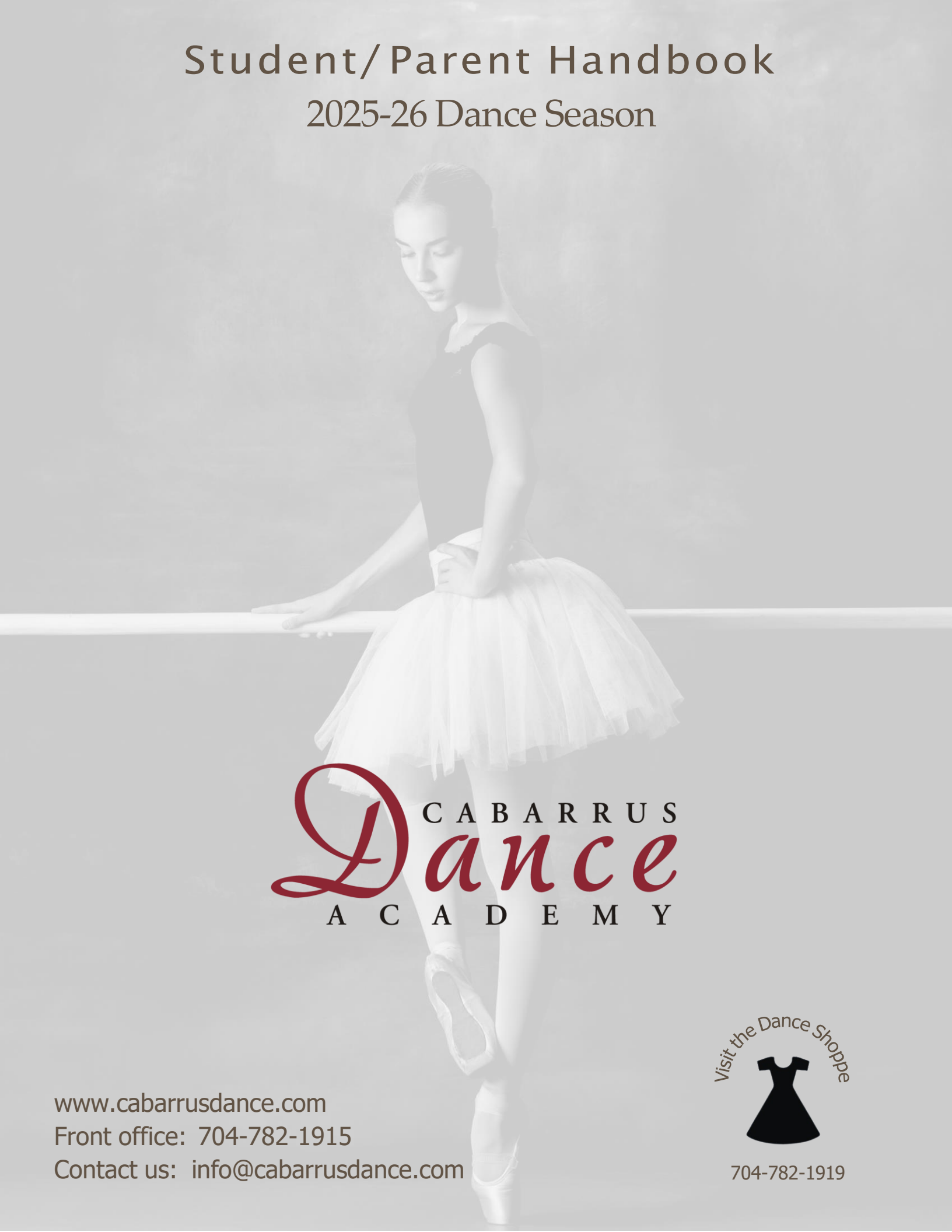


Student/Parent Handbook

2025-26 Dance Season



D C A B A R R U S
Dance
A C A D E M Y

www.cabarrusdance.com

Front office: 704-782-1915

Contact us: info@cabarrusdance.com



704-782-1919

Welcome to Cabarrus Dance Academy!

This handbook will serve as your guide to Cabarrus Dance Academy and its philosophy of dance education. For seventy-nine seasons our school has been a leader in dance education. We believe that our success is the result of providing solid training and quality service, as well as our underlying belief in the strength of our organization.

Our Philosophy

Cabarrus Dance Academy exists to serve God and the community. The school is committed to providing high-quality dance classes to enhance the overall development of the child. We provide a safe and child-centered environment to encourage our students to explore dance with qualified, nurturing teachers.

We believe that dance training encourages young people to develop a positive self-image as they increase awareness of their physical being. Along with improving coordination skills and developing muscular awareness, dance classes give children the freedom to express themselves through movement.

The highest educational standards are expected from all Cabarrus Dance Academy faculty members. They are lifelong learners who continue to educate themselves through certification programs, teacher-training schools, conferences, and other learning opportunities.

Where We Started

The school began as Peggé Lee School of Dance in the fall of 1946, under the direction of Peggé Lee Haywood. It was located in downtown Concord and moved to the basement of her home on Glendale Avenue. In 1970, the school moved to the basement of Haywood Richmond Hardware on Davidson Drive. Miss Peggé directed the school for three generations and sold the school when she retired in 1986 to Tammy Jordan. Miss Tammy was a former student and faculty member of the school. She took a giant leap of faith in 2007, moving into a new facility, and changing the name of the school to Cabarrus Dance Academy. The fifth generation of dancers enrolled in the school in the fall of 2020! Today, Miss Tammy's daughters, Miss Laurie and Miss Jennifer, are taking the lead in the studio as Co-Directors. Miss Debbie is our Office Manager.



Miss Tammy



Miss Laurie



Miss Jennifer



Miss Debbie

How Do We Place Students?

Dancers are placed in classes based on age and experience. Ultimately, dance should be fun! We are not a competition studio or a strict conservatory. At CDA, we want your child to develop a passion for dance that lasts a lifetime!

We Believe

Children learn important lessons from their teachers and parents, acquiring behavior patterns through their example. Our school's faculty takes that responsibility seriously. Our philosophy is to encourage our students to feel, think, and act respectfully toward their peers, the adults in their lives, and themselves. Our dance family is diverse, inclusive, and caring.

If you have questions or concerns about your child's dance education (such as progress or class placement), please discuss them with your child's teacher or the directors. Talking only to other parents can lead to misinformation and confusion. Kindly contact the school office to set up an appointment.

Our Facility and Operations to Keep Your Child Safe

Our studio is equipped with injury prevention floating hardwood floors. We want to maintain order and provide the best educational experience for our dancers. Our lobby is open to parents and visitors however, we must insist that all who enter be seated in a chair or stand. Families should not gather and sit on the floor of the lobby area. Your child's dance experience will be enhanced by fewer distractions and less crowding when changing classes. Parents of school age dancers are encouraged to drop off their students for class. An explanation of our drop-off and pick-up system will be given prior to the dance season. Parents will be informed when it becomes necessary to change our protocols.

How To Contact Us?

- **Email** – info@cabarrusdance.com
- **Phone** – 704-782-1915
- **Website** – www.cabarrusdance.com

Wiggle & Whirl is a playful creative movement class for children between ages 2.5-3. This class will stress the important skills of learning to move to different tempos, sequencing, and gaining confidence in one's own imagination through dance and music. (30 minutes)

Pre-Dance is designed for students ages 3-4 with no/little prior experience. The Pre-Dance class meets once a week for 45 minutes. Students will learn (1) the basic elements of movement and dance (2) musical rhythm, time, beat, (3) basic ballet barre terminology, (4) opposites and directions, (5) seasonal songs and dance games. (45 minutes)

Pre-Ballet This is a 45-minute class for four-year-olds including ballet barre, across the floor exercises, and center work. Students will begin building a stronger classical ballet foundation. Pre-Dance and Pre-Ballet are sometimes combined for scheduling purposes. (45 minutes)

Twist & Tumble An upbeat and fast paced class for the active four-year-old! Twist + Tumble will include fun music, movement, and mat work to increase motor skills, coordination, and strength through dance. (45 minutes)

Hippity Hop Based on our regular Hip Hop classes, Hippity Hop is geared for the energetic Kindergarten and First Grade student. Students will learn the basic hip hop, and pop moves to age-appropriate music. This class is great for boys and girls! (45 minutes)

Combo Classes These classes are suited for young students in Kindergarten & First Grade. They are one-hour classes that introduce students to two types of dance disciplines: Ballet & Tap. **Kindergarten Combo** is for those dancers enrolled in Kindergarten (not pre-K). **FIRST GRADE COMBO** is a Ballet & Tap combination for the dancer entering 1st grade. (One hour)

Sacred Dance This class explores dance as a form of worship. The class will focus on dancing from the heart to inspirational music, hymns, and contemporary Christian songs. The class is non-denominational and is open to dancers and non-dancers, 3rd grade and older. (45 minutes)

Acrobatics These classes are designed to increase both strength and flexibility in the dancer while teaching progressions from forward rolls and basic balances to advanced tumbling, including walkovers and aerials. Acrobatics differs from gymnastics in that it focuses on the artistic side of floor work. It is a wonderful supplement to advance other dance disciplines. We offer classes for dancers in Kindergarten to High School. Acrobatic students will be placed according to skill level each dance season. (45 minutes)

Ballet, Pointe & Pre-pointe We offer lessons in classical ballet beginning at age five. (Between ages 5-6 Ballet is taught in our combo classes). These classes meet once a week for 45 minutes. Students will learn the Cecchetti Method of ballet positions and follow the curriculum outlined by Dance Masters of America for classical ballet. Pre-pointe and Pointe lessons are offered to the serious ballet student (minimum age 11 and permission of instructor required). These classes meet for 30 minutes immediately after or prior to ballet class.

Tap Tap lessons are offered to students beginning in Kindergarten in our Combo classes and later in 45-minute classes focusing on tap skills. Tap students will learn the techniques of both rhythm and contemporary styles of tap dancing. We follow the syllabus outlined by Dance Masters of America. (45 minutes)

Jazz Jazz classes are offered to students in 2nd grade and up. Jazz students will learn the basic techniques from jazz pioneers Luigi, Jerome Robbins, Gus Giordanno, and Frank Hatchett, to name a few. Our students will be introduced to traditional, lyrical, and Broadway styles of jazz dance. (45 minutes)

Hip Hop These classes teach the latest in street style and pop moves to today's upbeat music. We use "clean edit" versions of the latest hip hop music. The Hip Hop classes will be taught in four age levels: Hippity hop, Elementary, Intermediate and High school. (45 minutes)

Modern/Contemporary is offered to Middle & High school dancers. A ballet background is recommended. Modern Dance is based on the teachings of Graham, Duncan, Horton and others. It is abstract and uses both jazz parallel and classical ballet positions, as well as improvisation and lyrical movement. This class is offered to dancers in middle and high school. (45 minutes)

Dance Tuition

2025-26 Dance Season Pricing Policies

Enrollment Fee \$40/Student

The Enrollment fee holds your child's place in class that is limited in size, depending upon age, classroom, and dance discipline. The fee is due annually for every student who enrolls for the dance season.

Tuition for the 80th Dance Season is based on the entire dance season, not the individual month or class. The dance season will run from August 18, 2025 and conclude with the spring recital which is targeted for May 2026, date tba. Tuition for this season is divided in 9 monthly installments. All families MUST be enrolled in AUTODRAFT this season. The AUTO-DRAFT will occur on the 5th of each month beginning 8/5/2025.

The Dance Season Tuition includes scheduled holidays. The tuition rate is the same regardless of the number of classes in any given month. Tuition is not prorated for missed classes for any reason. (See our studio calendar for holiday closings.) A thirty-day notice of withdrawal is required to discontinue monthly fees.

Late Fees – A \$15 late fee will be applied to all accounts not paid in full by the 5th of each month.

Please refer to the CDA Handbook for more information and policies.

Monthly Pricing

Wiggle & Whirl

\$72/monthly 30min. class

45 Minute Classes

\$82/monthly

Multiple Class/Sibling Discounts for 45 Minute Classes

Classes	Rate	Month
2nd	52	134
3rd	42	176
4th	38	214
5th	38	252
6th	36	288

Each additional class is \$36/month

Lee-ette Class (1 Hour)

\$92 Monthly

Additional Classes use rates above.

Combo Classes (1 Hour)

\$92 Monthly

2nd Combo Class \$66 Monthly

One Combo + (1) 45 Min. Class is
\$144/monthly

CDA Ballet (Company)

Ballet Protégés

Tap Protégés

These classes are charged at the
2nd tier, \$52/month

Pre-Pointe and Pointe Classes

These specialty classes are 30
minutes and are charged as a 2nd
class.

Regularly Scheduled Solo Lessons*

1/hour	Month
Solo	75
Duet	50/per person
Trio	50/per person

*Solo, Duet, and Trio Lessons are scheduled for graduating Seniors first, and for underclassmen according to availability. Scheduled Solo, Duet, and Trio Lessons are 30 minutes and meet twice each month. Make-up classes for these lessons will be given only when the studio is notified 24 hours in advance that the student will be absent.

Rate for All Other Private Lessons

\$39.50 per half hour

Limited Term Classes

These are classes that meet in sessions and are payable up front in one lump sum. There is no Registration Fee. There may be multiple sessions in one dance season.

Fees for Performances*

Christmas Ballet Fee: \$75

\$40 for 2nd child in same family
(Includes video link of performance)
Costumes are provided by CDA

Spring Recital Fee - \$90 (first child)
\$40 (each additional child)
(Includes one printed program per family, and video link of performance)

Costumes for the Spring Recital are
NOT included in the Recital Fees
above.

All Accounts must be current to participate in any performance.

Policies, Procedures, and Performances 2025-26

How to Register and Enroll (Enrollment fee \$40 Per Student) This fee is non-refundable and is due annually prior to enrollment. Families may enroll online or by phone with a credit card, or in person at the school. The enrollment fee holds your child's place in a class that is limited in size depending on the classroom. Enrollment will open to returning students first through our parent portal. A credit or debit card will be required to use the parent portal system.

Tuition Fees: (See Dance Tuition for Complete List of Tuition Prices including pricing for Term Classes) All tuition is based on an entire season, not by the individual month or class. There are no deductions for missed lessons. Tuition is paid in nine monthly installments (August – April). Tuition is the same regardless of the number of lessons in the month. Tuition is due on the 5th of each month. An additional \$15 is applied to any account not paid by the 5th, even if the due date falls on a weekend. Classes end with DANCE RECITAL. Limited Term Classes are paid in one flat rate in advance.

Making Payments

We accept cash, checks, Visa, Mastercard, and Discover for payment of fees. All Dance Families must be enrolled in Autodraft. You may choose to pay tuition through the Customer Portal or in person in our studio office by cash, check or credit card before the 5th, but we must have a credit card or bank information on file. **THE AUTODRAFT OCCURS ON THE 5TH OF THE MONTH.** Tuition fees must be paid separately from purchases in the Dance Shoppe. Students and parents may use the “drop box” outside the office door for checks. Receipts will be written for cash payments only, unless requested.

Attendance

In order to take full advantage of the instruction offered, regular attendance is necessary. **Make up lessons are not available when a student misses a class.** Attendance records will be considered when placing students each season. Lee-ettes who have more than 6 absences during the season must audition again to keep their place in the class and may lose the privilege of walking down the aisles at recital. Dancers whose attendance falls below 50% may not be allowed to perform in the end of season recital, regardless of whether a costume has been ordered, and recital fee paid. Dancers must be dedicated enough to attend class regularly and learn the choreography to perform. When attendance becomes an issue, performing with the group will be at the Directors' discretion. Faculty will not be available to “catch up” dancers who miss repeatedly due to sports or other activities.

Classroom Behavior

No food, gum, or drinks will be allowed in the teaching studios. Students should use the restroom before class time. Disruptive students will be given a verbal warning. Parents will be notified if a student is continually disruptive. **Student CELL PHONES are a distraction and must be left in a cubby/bag in the lobby ... not in the classroom.**

Withdrawal

All students must give 30 days' notice of withdrawal, and a withdrawal form must be submitted to our office. Tuition paid on a monthly installment plan will be due until proper notification of withdrawal is given. PHONE MESSAGES ARE NOT CONSIDERED A VALID FORM OF WITHDRAWAL.

Private Instruction

30-minute solo or semi-private (2-3 dancers of the same age/ability) lessons are available upon request. High School Seniors are given priority of private lesson times. Only Seniors who take solo/semi-private lessons may perform a solo/duet in the spring recital. Regularly scheduled private and semi-private lessons should be paid monthly. All incidental solo lessons must be paid for by the lesson. Missed private lessons can only be rescheduled and when the dancer gives 24 hours' notice when the student will be absent.

Two Performances Each Season!

Christmas Ballet (Performance Fee \$75, 2nd child \$40) Date and location to be Announced

Participation in the Christmas Ballet is voluntary. Dancers must be at least 8 years old, presently enrolled in Ballet, with a minimum of two years ballet training. Dancers are chosen by audition. All dancers are given a part. The audition fee helps defray the cost of rehearsals and stage rental for performance. Rehearsals are conducted on weekends. Parents may be asked to make accessories for the ballet, but students are not required to purchase a costume. Admission to the ballet is by donation to a charity. Please check the school calendar for audition dates.

Spring Recital - May 2026 All students are invited but not required to perform in the spring recital. Each participating student will be responsible for paying a recital fee to defray the costs of production and purchase a costume for each class he/she takes. (Pointe and Sacred students do not purchase an extra costume). Costumes must be paid in full by October 17, 2025. Costume prices will be announced in the fall when we are given updated pricing from our vendors. The RECITAL FEE will be due February 20, 2026.

The Recital Fee is bundled at \$90 (\$40 for each additional child) which includes:

- 1 printed program per family
- Video links to all performances

Recital FAQ

- A Recital Pictorial Handout will be available later in the dance season

Are dancers required to participate in the recital? No

Will my child's attendance affect her/his ability to participate? Yes! Dancers whose attendance falls below 50% may not be allowed to perform in the dance recital, regardless of whether a recital costume has been ordered. Faculty will not be available to "catch up" dancers whose attendance falls behind due to other after-school activities.

Who picks out the costumes? Teachers will pick out costumes for their classes. We will measure dancers in class in late September. Measurements will then be sent home for parents to decide what size they would like us to order for their child. The costumes are not custom made to fit. There is an \$18 costume exchange fee if needed. Parents are responsible for alterations.

Who are the Lee-ettes? The Company? Proteges? The Lee-ettes are a high school tap line who are chosen by audition. The Lee-ettes have specific attendance requirements outlined in the audition agreement. The Lee-ettes open and close the recital each year, as well as perform at the Christmas Ballet. They are named after the school's founder, Peggé Lee Haywood, who directed the school until 1986. The CDA Ballet (Company) are high school students chosen by audition to represent our school in local performances. These groups also participate in community service events. The Protégés are our middle school performance groups chosen by audition.

Dance Pictures are arranged with a professional photographer. Participation is voluntary. Photos taken during Picture Weekend are the only photos we display in our lobby.

Dance Calendar 2025-26 School Term

Updated 8/1/2025

Aug 2	Open House & Dancewear Sales 10AM-1PM
Aug 5, 7, 12 & 14	Dancewear Days 5-7PM
August 18	First Day of Classes for 2025-26 Dance Season
Sept. 1	CLOSED for Labor Day
Sept. 13	Christmas Ballet Auditions at CDA
Sept. 15-18	Bring a Friend Week
Oct. 6-9	Pink Ribbon Spirit Week
Oct. 17	Spring Recital Costume Fees/Measurements Due
Oct. 27-30	Halloweek on the Dancefloor!
Nov. 27-28	CLOSED for Thanksgiving Holiday
December 13	Christmas Ballet Performance - Kannapolis Middle School
Dec. 22 - Jan 1	CLOSED for Winter Break
February 20	Spring Recital Fees Due
March 10-13	CLOSED for Spring Break
April 10-11	Dance Pictures at CDA
April 28-29	Dress Rehearsals
May 1-2	Spring Recitals

Take Note:

- ❖ We do not follow the exact same schedule as the academic schools.
- ❖ There are no "make ups" for missed lessons unless the studio closes for inclement weather.
- ❖ *Tuition includes these scheduled holidays in addition to Dress Rehearsals & Staff Development for the Spring Recital Performance.



Inclement Weather Policy: A decision will be made by 1:00PM when inclement weather occurs. Announcements will be made by email, social media, and our website www.cabarrusdance.com.

What Do Our Dancers Wear to Class? Dressing the part is part of the discipline!

Midriff leotards, tutus, and costumes are not allowed in the classroom. Hair must be secured back from the face and off the neck. Ballet students must wear hair in a bun. No loose jewelry or visible tattoos. All dancers may opt to wear legwarmers, a matching dance sweater, or CDA logo jacket during warmups.

Pre-Dance, Pre-Ballet, Wiggle

Solid BLACK or **PINK** Leotard with short or long sleeves



Ballet Pink Tights

Pink Ballet Shoes

Optional Items: Matching Ballet Skirt

Kindergarten & First Grade Combo



Solid BLACK or **PINK** Leotard with short or long sleeves



Ballet Pink or Caramel Tights

Both will be needed for Performance

Pink Ballet & Caramel Tap Shoes

Ballet, Pointe, CDA Company

Solid Black Leotard of Any Style

Elementary Dancers must have sleeves

Ballet Pink Tights & Pink Ballet Shoes

Pointe: Pink Satin Shoes/Narrow Ribbon

Ouch Pouch or Lambswool

Pre-Pointe: Bare Feet & Exercise Package

Jazz

Solid Black Leotard of Any Style

Elementary Dancers must have sleeves



Caramel Tights

Caramel Jazz Shoe

Black Dance Boy Shorts are Optional

Hip Hop & Hippy Hop

Black Fitted Shirt or Leotard

Black Shirts with friendly designs or CDA Logo will be allowed in Hip Hop

Black Dance Capri, Leggings, or Boy Short



Black Capezio Dansneakers sold in the Dance Shoppe

Optional Items: Knee Pads

Twist & Tumble

Solid BLACK or **PINK** Leotard with short or long sleeves



Tights: Pink or Caramel Transition tights

Bare Feet

MS/HS Tap & Lee-ettes

Solid Black Leotard

Caramel Tights

Caramel Fishnets (seamless)

for Lee-ettes only



Caramel Tap Shoe 1 ½ inch high heel

Elementary Tap

Solid Black Leotard with Sleeves

Caramel Tights

Caramel Capezio Shuffle Tap or Mary Jane Tap Shoe



Optional Items: Black Dance Boy Shorts

Acro/Tumble & Acrobatics

Solid Black Leotard of any Style

Elementary Dancers must have sleeves

Caramel or Pink Transition Tights

Bare Feet

Black Dance Boy Shorts are optional



Sacred

Solid Black Leotard

Elementary students must have sleeves



Black Wrap Skirt

Black Footless Tights

Bare Feet or Foot Undeez™

For Boys Only



Solid White or Black Tee Shirt

Black Shorts or Pants

Appropriate Black Dance Shoes

The Dance Shoppe does not stock all male attire, but can order items for male students

Modern/Contemporary

Solid Black Fitted Shirt or Solid Leotard

Black Dance Capri, Leggings, or Boy Short

Bare Feet or Foot Undeez™

Tights will be needed for performance

