

# DANCE

C A B A R R U S  
A C A D E M Y

## Returning Students

Dance Discipline	Age/Grade Requirement by Sept 1, 2026	Class Name	Times Offered	Minutes Week	Prerequisite
BALLET	2.5yrs-3.5yrs	Wiggle & Whirl	Mon 6:15 PM Tues 4:00 PM	30	This is a creative movement class for all tiny tots
	3yrs-4yrs	Pre-Dance	Mon 5:30 PM Wed 10:00 AM Wed 6:30 PM Thurs 4:00 PM Thurs 5:30 PM	45	Basic Ballet Technique thru creative movement and fun!
	4yrs-5yrs	Pre-Ballet	Mon 4:45 PM Tues 5:30 PM Wed 10:45 AM Wed 4:00 PM Wed 5:45 PM Thurs 4:45 PM		Basic Ballet Technique- includes barre, center work, and across the floor exercises.
	5yrs-6yrs	Kindergarten Combo	Tues 4:30 PM Wed 4:45 PM Wed 6:15 PM	60	Fundamentals of Ballet and Tap.
	6yrs-7yrs	First Grade Combo	Tues 4:30 PM Wed 6:15 PM Thurs 4:30 PM		
	2nd-5th Grade	Ballet II Elementary	Mon 4:45 PM Tues 6:15 PM	45	Completed a Combo Class or Ballet I Elementary
	4th-5th Grade	Ballet III Elementary	Mon 4:45 PM Tues 6:15 PM		Completed Ballet II Elementary
	6th-12th Grade	Ballet I Intermediate	Thurs 6:15 PM	45	Completed Ballet III Elementary or Ballet Basic MS/HS
	7th-12th Grade	Ballet II Intermediate	Thurs 6:15 PM		Completed Ballet I Intermediate
	9th-12th Grade	Ballet III Intermediate	Tues 6:15 PM	45	Completed Ballet II Intermediate
POINTE	6th-8th Grade	Pre-Pointe	Thurs 7:00 PM	30	Developing the muscles required for pointe work No pointe shoes for this class
	7th-12th Grade	Pointe I	Thurs 7:00 PM		Pre-Pointe is a prerequisite if you are entering 7th or 8th Grade
	8th-12th Grade	Pointe II	Thurs 7:00 PM		Completed Pointe I
	9th-12th Grade	Pointe III	Tues 7:00 PM		Completed Pointe II

TAP	5yrs-6yrs	Kindergarten Combo	Tues 4:30 PM Wed 4:45 PM Wed 6:15 PM	60	Fundamentals of Ballet and Tap
	6yrs-7yrs	First Grade Combo	Tues 4:30 PM Wed 6:15 PM Thurs 4:30 PM		
	2nd-5th Grade	Tap II Elementary	Mon 4:00 PM Tues 7:00 PM	45	Completed a Combo Class or Tap I Elementary
	4th-5th Grade	Tap III Elementary	Mon 4:00 PM Tues 7:00 PM		Completed Tap II Elementary
	6th-12th Grade	Tap I Intermediate	Mon 7:00 PM	45	Completed Tap III Elementary or Tap Basic MS/HS
	7th-12th Grade	Tap II Intermediate	Mon 7:00 PM		Completed Tap I Intermediate
	9th-12th Grade	Lee-ettes	Wed 6:15 PM	60	Audition required on May 6th

JAZZ	2nd-5th Grade	Jazz I Elementary	Mon 5:30 PM Tues 4:45 PM	45	Basic Jazz Class for All Elementary
	3rd-5th Grade	Jazz II Elementary	Mon 5:30 PM		Completed Jazz I Elementary
	4th-5th Grade	Jazz III Elementary	Mon 5:30 PM		Completed Jazz II Elementary
	6th-8th Grade	Jazz I Intermediate	Mon 6:15 PM	45	Completed Jazz III Elementary
	9th-12th Grade	Jazz II Intermediate	Wed 5:30 PM		Completed Jazz I Intermediate

HIP HOP	5yrs-6yrs	Hippity Hop	Tues 5:30 PM Wed 4:00 PM	45	Intro to Hip Hop for Kindergarten and First Graders
	2nd-5th Grade	Hip Hop II Elementary	Mon 6:15 PM	45	Completed Hippity Hop
	4th-5th Grade	Hip Hop III Elementary	Mon 6:15 PM	45	Completed Hip Hop II Elementary
	6th-12th Grade	Hip Hop I Intermediate	Mon 7:45 PM	45	Completed Hip Hop III Elementary
	9th-12th Grade	Hip Hop II Intermediate	Thurs 5:30 PM	45	Completed Hip Hop I Intermediate

ACROBATICS	4yrs-5yrs	Twist & Tumble	Mon 4:00 PM	45	Upbeat music and movement with mat work
	5yrs-7yrs	Acro & Tumble I	Tues 4:45 PM Wed 4:45 PM Thurs 5:30 PM	45	Intro to Acrobatics for Kindergarten and First Graders
	5yrs-7yrs	Acro & Tumble II	Wed 4:45 PM	45	This class requires a recommendation to enroll.
	2nd-5th Grade	Acro I Elementary	Tues 4:00 PM Wed 5:30 PM	45	Fundamental skills
	2nd-5th Grade	Acro II Elementary	Wed 5:30 PM Thurs 4:45 PM	45	These classes require a recommendation to enroll.
	2nd-5th Grade	Acro III Elementary	Thurs 4:45 PM	45	
	6th-12th Grade	Acro I Intermediate	Wed 7:15 PM	45	Returning Acro Students will receive placement from their teacher
	6th-12th Grade	Acro II Intermediate	Tues 7:45 PM	45	

MODERN	6th-12th Grade	Modern/Contemporary Intermediate I	Thurs 5:30 PM	45	For Middle School and High Dancers
	9th-12th Grade	Modern/Contemporary Intermediate II	Tues 5:30 PM		Completed Modern/Contemporary Intermediate I

SACRED	5yrs-7yrs	Sacred K-1st Grade	Thurs 4:00 PM	45	Worship Dance
	2nd-12th Grade	Sacred	Wed 4:45 PM	45	

PERFORMING GROUPS	7th-8th Grade	Ballet Proteges	Thurs 7:30 PM	30	Audition required on May 6th. Also must be enrolled in Ballet II
	7th-8th Grade	Tap Proteges	Thurs 8:00 PM	30	Audition required on May 6th. Also must be enrolled in Tap II
	9th-12th Grade	Ballet Company	Thurs 7:30 PM	45	Audition required on May 6th. Also must be enrolled in Ballet III
	9th-12th Grade	Lee-ettes	Wed 6:15 PM	60	Audition required on May 6th