

# STUDENT/PARENT HANDBOOK 2022-23



CABARRUS  
*Dance*  
ACADEMY

[www.cabarrusdance.com](http://www.cabarrusdance.com)

Front office: 704-782-1915

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704-782-1919

## **Welcome to Cabarrus Dance Academy!**

This handbook will serve as your guide to Cabarrus Dance Academy and its philosophy of dance education.

We take our roles as a mentors and teachers in your child's life very seriously. It is our objective to inspire a passion for the art of dance in every child who passes through our doors. In the process, we strive to set the right example and help your child (and you) create positive memories that will last a lifetime.

## **Our Philosophy**

Cabarrus Dance Academy exists to serve God and the community. The school is committed to providing high-quality dance classes to enhance the overall development of the child. We provide a safe and child-centered environment to encourage our students to explore dance with qualified, nurturing teachers.

We believe that dance training encourages young people to develop a positive self-image as they increase awareness of their physical being. Along with improving coordination skills and developing muscular awareness, dance classes give children the freedom to express themselves through movement.

The highest educational standards are expected from all Cabarrus Dance Academy faculty members. They are lifelong learners who continue to educate themselves through certification programs, teacher-training schools, conferences, and other learning opportunities.

## **Where We Started**

The school began as Peggé Lee School of Dance in the fall of 1946, under the direction of Peggé Lee Haywood. It was located downtown Concord and moved to the basement her home on Glendale Avenue. In 1970, the school moved to the basement of Haywood Richmond Hardware on Davidson Drive. "Miss Peggé" directed the school for three generations and sold the school when she retired in 1986 to Tammy Jordan. "Miss Tammy" was a former student and faculty member of the school. She took a giant leap of faith in 2007, moving into a new facility, and changing the name of the school – a marketing strategy that has taken the school to new heights! The fifth generation of dancers enrolled in the school in the fall of 2020!

## **ABOUT THIS HANDBOOK**

For seventy-six seasons our school has been a leader in dance education. We believe that our success comes as a result of providing solid training and quality service, as well as our underlying belief in the strength of our organization. We have created this handbook to offer our students and their parents a clear understanding of their commitments and responsibility to the school.

## **How Do We Place Students?**

Placement decisions are derived from many years of teaching experience. Often a child is placed in a particular group or class where he or she will feel confident promote the development of self-esteem. Some students who are placed in a higher level become discouraged, only to lose their passion for dance. Others respond to the challenge of being in a class with students who are more proficient by pushing themselves to work harder. Placement is highly individual and the factors that go into the decision are complex. Ultimately, dance should be fun! We are not a competition studio or a strict conservatory. At CDA, we want your child to develop a passion for dance.

Children learn important lessons from their teachers and parents, acquiring behavior patterns through their example. Our school's faculty takes that responsibility seriously. Our philosophy is to encourage our students to feel, think, and act respectfully toward their peers, the adults in their lives, and themselves. Our dance family is diverse, inclusive, and caring.

If you have questions or concerns about your child's dance education (such as progress or class placement), please discuss them with your child's teacher or the director. Talking only to other parents can lead to misinformation and confusion. Kindly contact the school office to set up an appointment.

## **Our Facility and Operations to Keep Your Child Safe**

Our studio is equipped with injury prevention floating hardwood floors. industry. We want to maintain order and provide the best educational experience for our dancers. Our lobby is now open to parents and visitors. We must insist that all who enter be seated in a chair or stand. Families should not gather and sit on the floor of the lobby areas. Your child's dance experience will be enhanced by fewer distractions and less crowding when changing classes. Parents of school age dancers are encouraged to drop off their students for class. An explanation of our drop off and pick up system will be given prior to the dance season. Parents will be informed when it becomes necessary to change our protocols.

## **How To Contact Us?**

- **Email** – [info@cabarrusdance.com](mailto:info@cabarrusdance.com)
- **Phone** – 704-782-1915
- **Website** – [www.cabarrusdance.com](http://www.cabarrusdance.com)

## **A Final Note**

Welcome again to Cabarrus Dance Academy! We look forward to an exciting season ahead!

## Cabarrus Dance Academy 2022-23 Class Descriptions

[ENROLL HERE!](#)

**Wiggle & Whirl** is a playful creative movement class for children between ages 2.5-3. This class will stress the important skills of learning to move to different tempos, sequencing, and gaining confidence in one's own imagination through dance, music, and tumbling.

**Pre-Dance** Pre-Dance is specifically designed for students age 3-4 with no/little prior experience. The Pre-Dance class meets once a week for 45 minutes. Students will learn (1) the basic elements of movement and dance (2) musical rhythm, time, beat, (3) basic ballet barre terminology, (4) opposites and directions, (5) elementary tumbling skills (6) seasonal songs and dance games. (45 minutes)

**Pre-Ballet** Pre-Ballet will meet once a week for 45 minutes. This is a class for four year olds. Students will begin building a stronger classical ballet foundation. (45 minutes). Pre-Dance and Pre-Ballet are sometimes combined for scheduling.

**Combo Classes** These classes are suited young students in Kindergarten & First Grade. They are one hour classes that introduce students to two types of dance disciplines, Ballet & Tap. **Kindergarten Combo** is for those dancers enrolled in Kindergarten (not pre-K). **FIRST GRADE COMBO** is a Ballet & Tap combination for the dancer entering 1<sup>st</sup> grade.

**Acrobatics** These classes are designed to increase both strength and flexibility in the dancer while teaching progressions from forward rolls and basic balances to advanced tumbling, including walkovers and aerials. Acrobatics differs from gymnastics in that it focuses on the artistic side of floor work. It is a wonderful supplement to advance other dance disciplines. We offer classes for ages 4-6 and 7-10. (45 minutes) Acrobatic students will be placed according to skill level each dance season.

**Ballet and Pointe** We offer lessons in classical ballet beginning at age five. (Between ages 5-6 Ballet is taught in our combo classes). These classes meet once a week for 45 minutes. Students will learn the Cecchetti Method of ballet positions and follow the curriculum outlined by Dance Masters of America for classical ballet. Pointe lessons are offered to the serious ballet student (minimum age 11 and permission of instructor required). Pointe classes meet for 30 minutes immediately after or prior to ballet class.

**Tap** Tap lessons are offered to students beginning in Kindergarten in our Combo classes and later in 45 minute classes focusing on tap skills. Tap students will learn the techniques of both rhythm and contemporary styles of tap dancing. We follow the syllabus outlined by Dance Masters of America . (45 minutes)

**Jazz** Jazz classes will be offered to students in 2<sup>nd</sup> grade and up. Jazz students will learn the basic techniques by jazz pioneers Luigi, Jerome Robbins, Gus Giordanno, and Frank Hatchett, to name a few. Our students will be introduced to traditional, lyrical, and Broadway styles of jazz dancing. (45 minutes)

**Hip Hop** Hip hop classes will learn the latest in street style and pop moves to today's upbeat music. We use "clean edit" versions of the latest hip hop music. The hip hop classes will be taught in four age levels: Hippy hop, Elementary, Intermediate and High school. Our hip hop classes are appropriate for both girls and boys! (45 minutes)

**Hippy Hop** based on our regular hip hop classes, Hippy Hop is geared for the energetic Kindergarten and First Grade student. These youngsters will learn the basic hip hop, and pop moves to age appropriate music. This class is great for boys and girls! (45 minutes)

**Sacred Dance** This class explores dance as a form of worship. The class will focus on dancing from the heart to inspirational music, hymns, and contemporary Christian songs. The class is non-denominational and is open to dancers and non-dancers, 2<sup>nd</sup> grade and older. (45 minutes)

**Modern/Contemporary** is offered to middle and high school students. A ballet background is recommended. Modern Dance is based on the teachings of Graham, Duncan, and Horton as well as others. It is abstract and uses both jazz parallel and classical ballet positions as well as improvisation and lyrical movement. (45 minutes)

# Dance Tuition

## 2022-21 Dance Season

### Pricing Policies

#### Registration Fee \$35/Student

The registration fee holds your child's place in class that is limited in size, depending upon age, classroom, and dance discipline. The registration fee is due annually for every student who enrolls for the dance season.

Tuition for the 77th Dance Season is based on the entire dance season, not the individual month or class. The dance season will run from September 6, 2022 and conclude with the spring recital which is targeted for May 20, 2023. Tuition for this season will be in 9 monthly installments. Families who participate in the AUTODRAFT with BANK ACCOUNT (ACH) will receive 5% off tuition. Those who elect to pay by CREDIT CARD will receive 2% off tuition. The AUTODRAFT will occur on the 5<sup>th</sup> of each month beginning 9/5/2022.

The Dance Season Tuition includes scheduled holidays, that is, the tuition rate is the same regardless of the number of classes in any given month. Tuition is not prorated for missed classes for any reason. (See our studio calendar for holiday closings.) A thirty day notice of withdrawal is required to discontinue monthly fees.

Tuition is due on the first of each month and is late after 10 days, incurring a \$10 fee. The first payment is due in September with the final payment due May 1, 2023.

## 2022-23 Dance Season

### Monthly Pricing\*

#### Pre-Dance/Pre-Ballet

#### Wiggle & Whirl Classes

\$66 / monthly

#### All Other 45 Minute Classes

\$75/monthly

#### Multiple Class/Sibling Discounts for 45 Minute Classes\*\*

Classes	Rate	Month
2nd	47	122
3rd	38	160
4th	35	195
5th	32	227
6th	32	259

Each additional class is \$32/month

#### Lee-ette Class (1 Hour)

\$84 Monthly

Additional Classes use rates above

#### Combo Classes (1 Hour)

\$84 Monthly

2<sup>nd</sup> Combo Class \$60 Monthly  
One Combo + (1) 45 Min. Class is \$131/monthly

#### CDA Ballet (Company)

#### Ballet Protégés

#### Tap Protégés

These classes are charged at the 2<sup>nd</sup> tier, \$47/month

#### Pre-Pointe and Pointe Classes

These specialty classes are 30 minutes and are charged as a 2<sup>nd</sup> class.

#### Regularly Scheduled Solo Lessons\*

1/hour	Month
Solo	66
Duet	48
Trio	48

\*Solo, Duet, and Trio Lessons are scheduled for graduating Seniors first, and for underclassmen according to availability. Scheduled Solo, Duet, and Trio Lessons are 30 minutes and meet twice each month. Make-up classes for these lessons will be given only when the studio is notified 24 hours in advance that the student will be absent.

#### Rate for All Other Private Lessons

\$37.50 per half hour

#### Limited Term Classes

These are classes that meet in sessions and are payable up front in one lump sum. There is no Registration Fee. There may be multiple sessions in one dance season.

#### Fees for Performances:

Christmas Ballet Fee: \$40

\$20 for 2<sup>nd</sup> child in same family  
(includes costume rental, program, & video link)

Recital Fee - \$75 (first child)

\$20 (each additional child)  
(includes 1 printed program per family, video links, 4 free tickets for the family)

## Policies, Procedures, and Performances 2022-23

**How to Register and Enroll (Registration fee \$35 Per Student)** This fee is non-refundable and is due annually prior to enrollment. Families may register online or by phone with a credit card, or in person at the school. The registration fee holds your child's place in a class that is limited in size depending on the classroom. Registration will open to returning students first through our parent portal. A credit or debit card will be required to use the parent portal system.

**Tuition Fees: (See Dance Tuition for Complete List of Tuition Prices including pricing for Term Classes)** All tuition is based on an entire season, not by the individual month or class. There are no deductions for missed lessons. Tuition is paid in nine monthly installments (Sept – May). Tuition is the same regardless of the number of lessons in the month. Tuition is due on the first of each month and late after ten days. An additional \$10 is applied to any account not paid by the 10<sup>th</sup> even if the 10<sup>th</sup> falls on a weekend. Classes end with the May Dance Recital. The school sends out monthly E-statements to all families as a reminder. Limited Term Classes are paid in one flat rate in advance.

### Making Payments

We accept cash, checks, Visa, Mastercard, and Discover for payment of fees. Families who register online and who enter credit card/banking info will automatically be enrolled in the E-Payment Autodraft System. Existing customers who normally pay by cash or check may enroll in the system by visiting the Customer Portal and entering your payment information. *Families who are enrolled in the autodraft system with a valid CREDIT CARD will receive a 2% discount on tuition fees. Families who enroll in the autodraft system with a valid BANK DRAFT (ACH) will receive 5% discount tuition fees.* **THE AUTODRAFT OCCURS ON THE 5TH OF THE MONTH.**

Tuition fees must be paid separately from purchases in the Dance Shoppe. Students and parents may use the “drop box” outside the office door for checks. Receipts will be written for cash payments only, unless requested.

### Attendance

In order to take full advantage of the instruction offered, regular attendance is necessary. **Make up lessons are not available when a student misses a class.** Attendance records will be considered when placing students each season. Lee-ettes who have more than 6 absences during the season must audition again to keep their place in the class and may lose the privilege of walking down the aisles at recital. Dancers whose attendance falls below 50% may not be allowed to perform in the end of season recital, regardless whether a costume has been ordered, and recital fee paid. Faculty will not be available to “catch up” dancers who miss repeatedly due to sports or other activities.

### Classroom Behavior

No food, gum, or drinks will be allowed in the teaching studios. Students should use the restroom before class time. Disruptive students will be given a verbal warning. Repetitive disruptive students will be given “time out.”

**Student CELL PHONES, are a distraction, and must be left in a cubby/bag in the lobby ... not in the classroom.**

### Withdrawal

**All students must give 30 days notice of withdrawal and a withdrawal form must be submitted to our office. Tuition paid on a monthly installment plan will be due until proper notification of withdrawal is given. PHONE MESSAGES ARE NOT CONSIDERED A VALID FORM OF WITHDRAWAL.**

### Private Instruction

A few private and semi-private lessons are available each dance season, for the serious intermediate/advanced student. A semi-private may consist of 2-3 dancers of the same age and ability level. High School Seniors are given the first priority of solo times. Underclassmen will only be scheduled if time allows. Only Seniors who takesolo/semi-private lessons may perform a solo/duet in the spring recital. Regularly scheduled private and semi-private lessons should be paid monthly or by semester. All incidental solo lessons must be paid by the lesson. Missed private lessons can only be rescheduled and when the dancer gives 24 hours notice when the student will be absent.

## Two Performances Each Season!

### **Christmas Ballet (Performance Fee \$40, 2<sup>nd</sup> child \$20) Date and location to be Announced**

Participation in the Christmas Ballet is voluntary. Dancers must be at least 8 years old, presently enrolled in Ballet, with a minimum two years ballet training. Dancers are chosen by audition. All dancers are given a part. The audition fee helps defray the cost of rehearsals and stage rental for performance. Rehearsals are conducted on weekends. Parents may be asked to make accessories for the ballet, but students are not required to purchase a costume. Admission to the ballet is by donation to a charity. Please check the school calendar for audition dates.

**Spring Recital - May 2023 (projected May 20)** All students are invited but not required to perform in the spring recital. Each participating student will be responsible for paying a recital fee to defray the costs in production, and purchase a costume for each class he/she takes. (Pointe and Sacred students do not purchase an extra costume). Costumes must be paid full by October 20. **Costume prices will be announced in the fall when we are given updated pricing from our vendors.** Recital Fee will be due the following month on November 22.

### **The Recital Fee is bundled this year at \$75 (\$20 for additional child) which includes:**

- 1 printed program per family
- Video links to all performances
- 4 Free tickets per family for your child's show

## **Recital FAQ - A Recital Pictorial Handout will be available later in the dance season**

*Are dancers required to participate in the recital?* No

*Will my child's attendance affect her/his ability to participate?* Yes! Dancers whose attendance falls below 50% may not be allowed to perform in the dance recital, regardless whether a recital costume has been ordered. Faculty will not be available to "catch up" dancers whose attendance falls behind due to other after-school activities.

*Who picks out the costumes?* The faculty is given the choice of picking out a costume for the class. The costume must not exceed the price quoted above and must be approved by the director. Parents will measure their children at home. Staff will order a costume that best matches your child's measurements. The costumes are not custom made to fit. **Parents are responsible for alterations.**

*Who are the Lee-ettes? The Company? Protégés?* The Lee-ettes are high school tap line who are chosen by audition. The Lee-ettes have specific attendance requirements outlined in the audition agreement. The Lee-ettes open and close the recital each year, as well as perform at the Christmas Ballet. They are named after the school's founder, Peggé Lee Haywood, who directed the school until 1986. The CDA Ballet (Company) are a high school performing ballet troupe chosen by audition to represent our school in local performances. These groups also participate in community service events. The Protégés are our middle school performance groups chosen by audition.

Dance Pictures are arranged with a professional photographer. Participation is voluntary. Photos taken during Picture Weekend are the only photos we display in our lobby.

**Notice to High School Students-** Traditionally, the high school students dance at the evening performance of the recital. High school classes may be asked to dance in more than one show. Being asked to dance in multiple shows is a privilege. All dancers who commit to dancing with their class for recital, must be able to commit to performing each time her/his class performs. The faculty reserves the right to exclude from performance any dancer who cannot commit to participating at each recital performance; whether the performance be in the morning, afternoon, or evening. Only Seniors taking solo lessons are eligible to perform a solo in the recital.



# Dance Calendar 2022-23 School Term (as of 4/25/2022)

July 30                      Fall Open House & Dancewear Sales

Sept. 6                      First Day of Classes for this season

Sept. 25                      Christmas Ballet Audition at studio

Oct. 1                        Christmas Ballet Audition at studio

Oct. 20                      Spring Recital Costume Fees Due

Nov. 22                      Spring Recital Fee Due

Nov. 23-25                \*Closed for Thanksgiving Holiday

Performance date for the Christmas Ballet TBA

Dec. 21-Jan 1            \*Closed for Winter Brea

Jan. 16                    \*Closed for MLK Holiday

April 10-14                \*Closed for Spring Break

*Projected Date for Recital – May 20, 2023*

Finalized Date for Recital and the Rehearsal will be announced ASAP

The Calendar will be updated as dates are secured

## Take Note:

- ❖ We do not follow the exact same schedule as the academic schools
- ❖ There are no “make ups” for missed lessons unless the studio closed for inclement weather
- ❖ \* Tuition includes these scheduled holidays in addition to Dress Rehearsals & Staff Development for the Spring Recital Performance that will be added



**Inclement Weather Policy:** A decision will be made by 1:00PM when inclement weather occurs. Announcements will be made by email, social media, and our website [www.cabarrusdance.com](http://www.cabarrusdance.com). For more information, contact our office at 704-782-1915.



## What Do Our Dancers Wear to Class? Dressing the part is part of the discipline!

Midriff leotards, tutus, and costumes are not allowed in the classroom. **HAIR** must be secured back from the face and off the neck. Ballet students must wear hair in a bun! No loose jewelry. No visible tattoos. All dancers may opt to wear legwarmers, a matching dance sweater, or CDA logo jacket during warm ups.

### Pre-Dance, Pre-Ballet, & Wiggle



Solid Black or Pink Leotard  
with short or long sleeves

Ballet Pink Tights

Pink Ballet Shoes

Optional Items: Regulation Matching Ballet Skirt

*Net Tutus and Costumes are not allowed for class.*

### Kindergarten & First Grade Combo

Solid Black Leotard with short or long  
sleeves



Ballet Pink Tights



Pink Ballet Shoes & Carmel Tap  
Shoes

*(Carmel Tights will be required for performance)*

### Ballet, Pointe, CDA Company

Solid Black Leotard of Any Style

*Elementary Dancers must have sleeves*

Ballet Pink Tights & Pink Ballet Shoes

Pointe: Pink Satin Shoes/Narrow Ribbon

Ouch Pouch or Lambswool

Pre-Pointe: Bare Feet & Exercise Band

### Jazz

Solid Black Leotard of Any Style

*Elementary Dancers must have sleeves*



Caramel/Tan Tights

Caramel Jazz Oxford

Optional Items: Black Dance Boy  
Shorts/Skort

### Hip Hop & Hippity Hop

Solid Black Fitted Shirt or Leotard

*Black Shirts with friendly designs or CDA Logo will be  
allowed in Hip Hop*

Black Dance Capri, Leggings, or Boy Short



Black Capezio Dansneakers sold  
in the Dance Shoppe

Optional Items: Knee Pads

### Modern

Solid Black Fitted Shirt or Solid Leotard

Black Dance Capri, Leggings, or Boy Short

Bare Feet or Foot Undeez™

*Tights may be needed for performance*



### MS/HS Tap & Lee-ettes

Solid Black Leotard

Caramel Tights

*Caramel Opera Hose (seamless)*

*for Lee-ettes only*



Caramel Tap Shoe 1 ½ inch  
high heel

### Elementary Tap

Solid Black Leotard with Sleeves

Caramel/Tan Tights

Capezio Tap Tie or  
Mary Jane Tap Shoe



Optional Items: Black Dance Boy Shorts

### Acrobatics

Solid Black Leotard with sleeves

Pink or Caramel Transition Tights

Bare Feet

Optional Items: Black Dance Boy Short

### Sacred

Solid Black Leotard

*(Elementary Sacred must have sleeves)*

Elementary— Black Pull On Skirt

MS/HS - Black Wrap Skirt

Black Footless Tights

Bare Feet or Foot Undeez™



### For Boys Only

Solid White or Black Tee  
Shirt

Black Shorts or Pants

Appropriate Black Dance  
Shoes



The Dance Shoppe does not stock all male attire,  
but can order items for male students

Support Your Dance  
Studio by Purchasing Your  
Dancewear in  
The Dance Shoppe!