

HABITS OF JESUS

Why He Prayed, Served, Gave, Withdrew

Lesson 1: Why Jesus Prayed

LUKE 22:39-45 (NLT)

³⁹Then, accompanied by the disciples, Jesus left the upstairs room and went as usual to the Mount of Olives. ⁴⁰There he told them, "Pray that you will not give in to temptation."

⁴¹He walked away, about a stone's throw, and knelt down and prayed, ⁴²"Father, if you are willing, please take this cup of suffering away from me. Yet I want your will to be done, not mine." ⁴³Then an angel from heaven appeared and strengthened him. ⁴⁴He prayed more fervently, and he was in such agony of spirit that his sweat fell to the ground like great drops of blood.

⁴⁵At last he stood up again and returned to the disciples, only to find them asleep, exhausted from grief.

WHY JESUS PRAYED

1. Jesus prayed so he wouldn't fall into temptation

2. Jesus prayed because he was facing difficulties

3. Jesus prayed to receive help

FOR KEEPS [MEMORY VERSE]

"There he told them, 'Pray that you will not give in to temptation' " (Luke 22:40 NLT).

