



A group of nine young women, likely members of a drama or costume club, are posed in two rows. They are wearing a variety of period costumes, including bonnets, aprons, and long dresses. The backdrop behind them is a painted scene featuring a wooden building on the left and a windmill on the right. The women are smiling and looking towards the camera.

A group of 18 young girls, likely members of a school choir or dance team, are posed in three rows. They are all wearing white long-sleeved shirts, black skirts, and yellow headbands with a small flower. The background is a large, dark mural featuring the USS Arizona battleship. The girls are smiling and looking towards the camera.

A group of ten students, five boys and five girls, are posing for a photo in a room decorated for Halloween. They are all wearing black long-sleeved shirts and black pants or skirts. Each student is wearing a headband with black cat ears. They are arranged in two rows, with five students standing in the back and five kneeling or sitting in the front. They are all smiling and making playful hand gestures. The background features a green wall with a window-like decoration and a white cat silhouette on the right.

A group of seven young girls, likely members of the dance team, are posing for a photo. They are all wearing white outfits, including long-sleeved shirts and pants or skirts. They are standing in a line, smiling at the camera. Behind them is a backdrop featuring several white sailboats on a dark background.



March 2025

To promote your March event on this page contact Chantele Hensel 208-899-6374 or email [advertising@caldwellperspective.com](mailto:advertising@caldwellperspective.com)

WEEKLY/MONTHLY PROGRAMS

MON

BABY STORYTIME

10:30am and 11am - Stories, songs, and activities. (Ages 0-2)

KNITTING & CROCHET SOCIAL

2<sup>nd</sup> Monday & Last Monday @ 1pm-2:30pm - Bring a project and make a friend at our monthly knitting and crochet meetup. All skill levels welcome. (Ages 18+)

TUES

DEPT. OF LABOR AT THE LIBRARY

1pm-4pm

SPANISH AND ENGLISH STORTIME

10:30am on Tuesdays- Spanish/English stories, songs, and activities. (Ages 2-6)

BOARD GAME NIGHT

1<sup>st</sup> Tuesday @ 6:30pm - Enjoy snacks while playing a variety of board games. (all ages)

LEGO CLUB

2<sup>nd</sup> Tuesday @ 4:30pm-5:30pm - Join our LEGO Club for big fun with tiny bricks. (Ages 7-14)

READ TO A THERAPY DOG

3<sup>rd</sup> Tuesday @ 4:45pm-5:45pm - Practice reading with a friendly and fluffy therapy dog. (ages 7-14)

WED

TECH LAB

2<sup>nd</sup> Wednesday @ 10am-12pm - Get help with all of your technology questions. Drop in anytime during the program. (ages 18+)

MUSIC & MOVEMENT

10:30am- Songs, activities, and dancing. (ages 2-6)

AFTERSCHOOL FUN

3:30pm - New activities every week. (ages 5-12)

THUR

PRESCHOOL STORYTIME

10:30am - Stories, songs, and games. (ages 3-5)

ADULT LEGO CLUB

2<sup>nd</sup> Thursday @ 2pm- Join our new Lego Club for adults. Big fun with tiny bricks (Ages 16+)

THURS. READ BOOK CLUB

2<sup>nd</sup> Thursday @ 2pm & 3<sup>rd</sup> Thursday @ 6:30pm - Join us for a lively discussion of the book of the month. (Ages 18+)

GARDENING

2<sup>nd</sup> Thursday @ 7pm-8pm - Learn to garden like a pro with the Idaho Master Gardeners(Ages 18+)

TEEN THURSDAY

4:30pm - New activities every week. (ages 13-17)

BOOKWORM BUDDIES

Last Thursday @ 1pm-2:30pm- A unique book club for caregivers and their young children (All Ages)

FRI

TAI CHI & QIGONG

10am - Mindful, holistic exercise for overall health & well-being. (Library's Community Room), (ages 18+)

PING PONG CLUB

Last Friday @ 3pm-4pm- Join us each month for some ping pong fun (All Ages)

SAT

ART TOGETHER: FAMILY SATURDAY

1<sup>st</sup> Saturday @ 2pm-3pm - Join us each month for a new art project- fun for the whole family! (all ages)

STORIES & CRAFTS

3<sup>rd</sup> Saturday @ 10:30am- New stories and activities each month (All Ages)

**March 6**  
**9 AM:** Government Career Fair, Idaho Department of Labor Caldwell Office, 4514 Thomas Jefferson St, Caldwell, ID, 83605  
Looking for a rewarding career in public service? Join us at the Caldwell Idaho Department of Labor for a Government Career Fair where you can explore exciting careers! Connect with local, state, and federal agencies offering excellent job opportunities. Bring your resume and meet recruiters ready to hire!

**March 12**  
Savor the Flavors of Caldwell Culinary Week March 12-22– Indulge in a week-and-a-half long celebration of local flavors as downtown Caldwell’s best eateries showcase uniquely crafted food and beverage offerings, priced from \$5 to \$50. Whether you’re a foodie or just looking for something delicious, there’s something for everyone! Take a culinary journey through downtown, sampling exquisite creations from your favorite spots and discovering new ones along the way. Don’t miss this chance to experience the flavors that are putting Caldwell on the map! Indian Creek Plaza. For more information visit [www.indiancreekplaza.com](http://www.indiancreekplaza.com)  
creations from your favorite spots and discovering new ones along the way. Don’t miss this chance to experience the flavors that are putting Caldwell on the map! Indian Creek Plaza. For more information visit [www.indiancreekplaza.com](http://www.indiancreekplaza.com)  
**5:30 PM:** 74th Annual Quaker Village Auction, Food Booths, GFA Spirit Booth, Live Auction Preview, Silent Auction; 6:30 PM - Welcome, LIVE AUCTION, 7 PM - Kid Vid Time, Greenleaf Friends Academy, 20565 Academy Rd, Greenleaf.

**March 15**  
**7:30-9:30 AM:** Pancake Breakfast, Live Action Preview, 9 AM - GFA Spirit Booth, Silent Auction, 10 AM - LIVE AUCTION, 11 AM - KIDS ENTERTAINMENT, Food Booths, Greenleaf Friends Academy, 20565 Academy Rd, Greenleaf.

**March 17**  
**St. Patrick’s Day**  
**6:30 PM:** City Council Meeting, City Hall Council Chambers, 205 S 6th Ave, Caldwell, ID, 83605  
Join the City Council Meeting to discuss important community issues and city policies. This is a great opportunity for residents to stay informed and participate in local governance. Community

March 2025						
S	M	T	W	T	F	S
23	24	25	26	27	28	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

H

Huston Vineyards

Open Daily

Monday-Sunday

12 p.m. to 5 p.m.





16473 CHICKEN DINNER RD., CALDWELL • 208-455-7975  
[www.hustonvineyards.com](http://www.hustonvineyards.com) • [www.facebook.com/hustonvineyards](http://www.facebook.com/hustonvineyards)

input is encouraged to help shape the future of Caldwell. creations from your favorite spots and discovering new ones along the way. Don’t miss this chance to experience the flavors that are putting Caldwell on the map! Indian Creek Plaza. For more information visit [www.indiancreekplaza.com](http://www.indiancreekplaza.com)



**March 22**  
Final Day of the:  
Savor the Flavors of Caldwell Culinary Week – March 12  
Indulge in a week-and-a-half long celebration of local flavors as downtown Caldwell’s best eateries showcase uniquely crafted food and beverage offerings, priced from \$5 to \$50. Whether you’re a foodie or just looking for something delicious, there’s something for everyone! Take a culinary journey through downtown, sampling exquisite creations from your favorite spots and discovering new ones along the way. Don’t miss this chance to experience the flavors that are putting Caldwell on the map! Indian Creek Plaza. For more information visit [www.indiancreekplaza.com](http://www.indiancreekplaza.com)

buy one  
get one  
any drink of equal or lesser value  
exp: 4/30/25  
caldwell location only



flying m

COFFEE | TREATS | GIFTS | ART

flying m coffeeshop • 724 arthur st. downtown caldwell • [flyingmcoffee.com](http://flyingmcoffee.com)



A Historic Moment for Canyon County Elections

Submitted article



L to R: Rick Britton, Maintenance and Facilities Director; Jess Urresti, Chief Deputy of the Clerk and Director of Court Operations; Rick Hogaboam, Canyon County Clerk; Board of County Commissioners -- Brad Holton, Leslie Van Beek, Zach Brooks; Haley Hicks, Election’s Office Manager; and Greg Rast, Canyon County Chief Operating Officer

On Monday, February 10th, Canyon County celebrated the Grand Opening of its brand-new Elections Building at 5801-B Graye Lane, Caldwell! This 16,500 sq. ft. facility, three times the size of the one it is replacing, is designed to enhance early voting, streamline ballot processing, and strengthen election security—ensuring a smooth and secure voting experience for our growing community. Guests had the opportunity to tour the new space and see firsthand how it improves voter access-

sibility and election integrity. This \$3.6M project, funded by federal ARPA dollars, is a major investment in the future of elections in Canyon County. Canyon County Clerk Rick Hogaboam said, “This new facility will serve as a hub for countless field trips where our

children and students in our community can learn a valuable civics lesson about elections administration.” This new building will be used for this May’s elections. The old elections building will be repurposed as a misdemeanor probation office.

### Boise Valley Monument Company

*"Family Owned & Operated Since 1963"*

**"A Lifetime of Memories...A Single Act of Love"**

Large Display & Selection, Custom Artwork & Design, Monument Cleaning, Monument Restoration, Signs, Rock Lettering

**1115 N. Illinois Avenue, Caldwell, Idaho ☎ 208-454-9532**  
**www.boisevalleymonument.com**

Caldwell Firefighters Will Climb to Support Cancer Research

by Toni Ferro, Caldwell Perspective



Caldwell firefighters will join members of over 250 fire departments from Los Angeles to the San Juan Islands on March 9th in Seattle, Washington for the 34th Annual Scott Firefighter Stair Climb. The event is a fundraiser for the Leukemia and Lymphoma Society, a non-profit health organization that is dedicated to funding blood cancer research and providing education and patient services. Seven Caldwell firefighters

will participate in the climb: Dave Evarts, Dan Garcia, Justin Hughes, Sergey Linnik, Josh Maggard, Jose Martinez, and Matthew Potter. During the event firefighters will climb to the top of Seattle’s tallest building, the Columbia Center, which is 69 stories tall and over 1300 steps. And just in case the climb isn’t hard enough they will be in their gear, complete with oxygen tanks and helmets. Firefighters have been raising money for the Leukemia and Lymphoma Society for the last couple of months. Some fundraising activities have included climbing on a stair climb machine in front of Albertsons and at Dutch Bros. They had an initial fundraising goal of \$5000, but surpassed that goal and have bumped it up to \$7500. You can help the

Caldwell Firefighters meet their fundraising goal by donating at: <https://events.ils.org/pages/wa/firefighterstairclimb25/CaldwellFireDepartment>.

*Plan to get there early and be parked around 6:30 a.m. giving yourself plenty of time to hike up the butte. You won't want to miss the beautiful sunrise! Dress warmly, wear appropriate shoes and bring blankets. For more information or to make a donation, visit [LizardButteSunrise.com](http://LizardButteSunrise.com)*

## HE IS RISEN!

*Jesus took the Twelve aside and told them, “We are going up to Jerusalem, and everything that is written by the prophets about the Son of Man will be fulfilled. He will be delivered over to the Gentiles. They will mock Him and kill Him. On the third day He will rise again.” Luke 18: 31-34*

### Easter Sunrise Service On Lizard Butte

**Sunday, April 20th, 7 a.m.**

**Parking gates open at 5 a.m.**

*With the help of community volunteers, this service has been made possible for over 88 years. If you would like to lend your talents to the efforts of keeping this service going, please share your contact information with us at [LizardButteSunrise.com](http://LizardButteSunrise.com)*

## Wanna Stop Peeing Your Pants?

### Introducing The Boise Better Bladder Program™

Bladder issues are more common than you think, yet few people talk about them. It's time to break the silence, and Dr. Kimberly Thompson is here to help.

Dr. Kimberly Thompson, well-known at Meridian Family Acupuncture for treating chronic pain, neuropathy, and weight loss, is proud to announce the launch of a life-changing new program: **The Boise Better Bladder Program™**

**"You're not alone,"** says Dr. Thompson. **"I see patients every day with leaky bladders, and there's no reason to feel embarrassed. With our Freedom+ Boise Better Bladder Program™, you can finally get rid of those 'Uh-oh' moments and enjoy life with confidence again."**

**Revolutionary, Modern Solutions**

The Boise Better Bladder Program™ offers a scientifically proven solution for pelvic floor disorders. Imagine sitting for **30 minutes** while electromagnetic currents perform **25,000 Kegels** for you—no effort required! It may sound too good to be true, but it's real. Developed in Germany, this **FDA-approved** technology for **bladder control** works for both **men and women**. Using High-Intensity Focused Electromagnetic Technology (HIFEM) and Functional Magnetic Stimulation (FMS), it delivers **25,000 perfect Kegels** in just **30 minutes**—comfortably and effortlessly.

**Take Control of Your Life**

**"You don't have to be a grandma in diapers,"** says Dr. Thompson. **"Our generation is different—we're taking charge, speaking up, and finding real solutions. You can live a life you love—without leaking."**

**Imagine a Life Without "Uh-oh" Moments**

No more **potty dance**, **urgent bathroom runs**, **embarrassing leaks**, or constantly worrying about the nearest restroom.

Our non-invasive, FDA-approved treatment uses HIFEM to perform 25,000 Kegels in 30 minutes—while you sit back and relax.

Here's what patients are saying...

**"I no longer rush home from errands yelling, 'I've gotta pee!'"**

**"On road trips, I used to stop every hour. Now I can go four hours without pulling over!"**

**"I used to wake up three times a night to pee. Now I sleep through the night!"**

**"I was pleasantly surprised to feel my 'nether parts' come back to life!"**

**Book Your Free Consultation Today!**

For a limited time, we're offering an incredible voucher that lets you **experience 12,500 Kegels—absolutely FREE!** This **15-minute demonstration** on our Freedom+ "Magic Seat" is your chance to feel firsthand how effortless and effective bladder control improvement can be.

Here's what you'll receive when you sign up:

- A Limited-Time Offer: (For 10 people)**
- ✓ A personal consultation with Dr. Kimberly Thompson
- ✓ A full evaluation to ensure the program is the best fit
- ✓ **12,500 Kegels in just 15 minutes** with a FREE demonstration of the "Magic Seat" (patients LOVE this!)
- ✓ A detailed **Doctor's Report of Findings**
- ✓ Dr. Kimberly's **"Wanna Stop Peeing Your Pants?" Report** with at-home solutions

Scan the QR code to take advantage of this opportunity! If you have questions, call us!

**BoiseBetterBladder.com**  
**208-965-3777**



Caldwell Honors the Mentoring Network

by Leora Summers, Caldwell Perspective

Under the mayor’s new initiative, the “Season of Caring” was kicked off on February 6th and ran through February 20th. During this time Mayor Wagoner celebrated the proclamation of National Mentoring Month and honored Donna Shines,

Marci Silva and their organization, The Mentoring Network.

For 26 years The Mentoring Network has served children with school-based mentoring in Caldwell, Nampa, Parma, Homedale and Vallivue. Children, whom their teachers feel can benefit from some additional one-to-one attention are referred to this program. Mentors are then matched with a student and work with school staff to provide one-on-one guidance and support as students pursue personal, family, and academic dreams.

After a screening process which includes a background check, mentors are matched up with their students. They meet with their “mentees” for about one hour each week in a supervised school setting on the school grounds to foster the development of academic and social skills.

Training and on-going support for mentors is provided by the program staff.

Attendance, grades, and behaviors improve when children know that someone cares to show up and be their friend. Many times, lifelong friendships develop. What a wonderful program to improve the lives of children and their families!

The City of Caldwell honored the organization with this quote, “The Mentoring Network has been shaping lives for many



Complimentary of the City of Caldwell

Bryan Kida (City of Caldwell & MN mentor), Marci Silva (Executive Director of The MN), Joanna Bartrop (City of Caldwell & MN mentor), Donna Shines (CEO of The MN), Mayor Jarom Wagoner, Char Jackson (City of Caldwell & MN mentor) and Kaylynn Carreira (City of Caldwell) with the mayor’s proclamation of National Mentoring Month.

years for so many people. What a beautiful thing than to have a safe, positive, and trusted adult walk along side a student through the good, bad, and ugly times of life. We were not meant to do life alone and the Mentoring Network ensures children have a chance to have someone in their corner cheering for them!”

If you are interested in joining the mentoring team, you can apply online at: <https://mentoringnetworkid.org> anytime.

Once your application is received, they will schedule a short “Get to Know You” ZOOM session where they will share “next steps” in the process to becoming a mentor.

Community Members Protest Hotel Development

by Toni Ferro, Caldwell Perspective



Protestors waving signs at passers by



The hotel project location (21st and Stock Trail)

On Saturday, February 22nd, about 150 community members protested the development of a new hotel at 21st and Stock Trail. The hotel development was approved by the City Council in a 4-2 vote on February 3rd.

Protesters expressed a number of concerns about the hotel project. Most of the protesters agreed that a new hotel in Caldwell is a good idea, but not in that location. Some explained that building a hotel on that lot will isolate the fair building away from any parking lots, making it

far more difficult to bring animals into the fairgrounds. Others were concerned that the lease price is too low for such a valuable piece of land (\$5000/ year for a 3+acre lot). Others explained that the traffic was already bad in that location and adding a hotel there will only make things worse. Other protesters were concerned with the process of the approval, feeling that the project has been put together hastily and without regard for how the citizens would like to see their city grow and develop.

Protest leaders explained

that even though the hotel development has been approved by the City Council, they are still hoping to have an impact on the project. They are hoping this protest and other actions will make it clear to the developer and the hotel chain that the community does not want a hotel in this location and they will opt to pull out of the deal.


City representatives have previously argued that the hotel will bring jobs to the area and will result in a net financial and community benefit. Construction on the hotel is scheduled to start later this year.

*The Tradition Continues... Fridays through Lent*  
at Our Lady Of The Valley Catholic Church  
1122 W. Linden St., Caldwell, ID  
**March 7—April 11 from 11:30 a.m.-1:00 p.m.**  
\$8 per person • \$4 for ages 6-12 yrs. • 5 and under FREE  
Pay at the door (cash or check only - no credit cards)




**Enjoy homemade Clam Chowder or Minestrone Soup, coleslaw, slice of pie and a beverage**

*We give you a reason to...*



visit us at [collinsdmd.com](http://collinsdmd.com)



**Kyle Collins, DMD** 301 E. Ash St. • 454-1222  
[info@collinsdmd.com](mailto:info@collinsdmd.com)

**VETERAN'S CORNER**  
*Sponsored by the Caldwell Veterans Council*  
Additional information and tickets can be found online at [www.cvmh-vets.org](http://www.cvmh-vets.org).  
Donations are needed, and always appreciated, to help with our outreach program through the winter months.

**OUR 2025 EVENTS**

- **Veteran's Memorial Bricks:** \$100 - Purchased an engraved brick and help support our heroes.
- **May 26:** Memorial Day (set up American Flags on May 23rd at Canyon Hill Cemetery. Remove Flags May 27th).
- **June 7:** DAV breakfast fundraiser - 8-11am at CVMH
- **July 4:** Independence Day Parade - 9am
- **September 13:** 9th Annual Sporting Clay Shoot - Tickets can be purchased on our website.
- **December 24:** Christmas Eve Dinner - 11:30am - 5pm (open to the public)
- **2025 Shotgun Raffle:** \$20 per ticket. Tickets can be purchased at the Veterans Hall or on our website.

**OUR 2025 MEETINGS**

- **Veterans Service Officer:** Mon-Fri - 8 am-5 pm by appointment (Kelly - 208-616-0622, Able - 208-793-1226)
- **Alcoholics Anonymous Meetings:** Every Thursday - 6pm at Caldwell Veterans Memorial Hall.
- **Behavioral Health and Wellness:** Mon-Fri - 8 am-5 pm by appointment at Caldwell Veterans Memorial Hall.
- **VET Center Counseling:** Mon and Tues 8 am-5 pm by appointment at Caldwell Veterans Memorial Hall.
- **Veterans Coffee and Doughnuts:** Every Thursday - 8 am-11 am at Caldwell Veterans Memorial Hall.
- **DAV Meetings:** 2nd Tuesday of the month - 6pm at Caldwell Veterans Memorial Hall.
- **Building Stronger Veterans:** Fridays from 6:30-8:30pm at The Caldwell Veterans Memorial Hall.

**CONTACT INFORMATION**

- Phone: 208-402-6590
- Email: [caldwellveterans@gmail.com](mailto:caldwellveterans@gmail.com)
- Website: [www.cvmh-vets.org](http://www.cvmh-vets.org)
- Address: 1101 Cleveland Blvd. Caldwell, ID 83605



**SEND FLOWERS TO YOUR LUCKY CHARM**



**St. Patrick's Day is Monday, March 17th**

**Caldwell Floral**  
103 S. Kimball Ave. | Downtown Caldwell  
208-459-0051 | [www.southsidefloral.com](http://www.southsidefloral.com)

**Caldwell PERSPECTIVE**  
is a locally owned and operated monthly community newspaper published by ML Hensel Publishing, LLC.

Circulation is 14,500, the BEST vehicle to deliver your message in Caldwell!

If you would like information about advertising or have a great story or event to share?

I would love to hear from you. Information can be found at [www.caldwellperspective.com](http://www.caldwellperspective.com)

**Chantele Hensel**  
208-899-6374  
Publisher/Advertising



### Caldwell Boxer Alyssa Mendoza selected to Team USA's Women's Elite Roster for 2025

by Leora Summers, Caldwell Perspective



Alyssa Mendoza was selected along with 5 other USA female boxers to be on Team USA's Women's Elite roster for 2025, following the United States Olympic and Paralympic Training Center in Colorado Springs, CO. These ladies went through a detailed set of selection camp procedures and were selected to the USA Boxing Women's Elite High Performance team to represent Team USA in various Boxing Cup Events in 2025 beginning in Brazil between March 31 to April 5. Then between September 4-14, the 2025 World Boxing Elite World Championships will be hosted in Liverpool, England.

Alyssa joins her teammates, Jennifer Lozano (Laredo, Texas), Yoseline Perez (Hous-



Alyssa Mendoza during her "Welcome Home" parade last year after competing in the Paris Olympics on Team USA.

ton, Texas), Jajaira Gonzalez (Glendora, California), Morelle McCane (Cleveland, Ohio), and Isabella Winkler (Seattle, Washington), in this new challenge to represent the USA. Each of these women held national titles in their weight classes in the 2024 USA Boxing National Championships in Richmond Virginia.

### Crazy Love Duo sings Idaho Originals

by Toni Ferro, Caldwell Perspective



Crazy Love Duo, Heather Platts and Bruce Michael Miller



Crazy Love Duo sings Idaho Originals at the Caldwell Public Library



Crazy Love Duo and Caldwell artist Kayla Cuellar

The Caldwell Public Library recently hosted the Crazy Love Duo as part of the Inquiring Idaho program of the Idaho Humanities Council. Twin Falls musician Heather Platts started the show by looking at her partner Bruce Michael Miller and saying, "We are going to rock this library... are you ready?"

The duo then played and sang their Idaho Originals, songs they call a musical travelogue of the stories, places, and people of Idaho. The songs are emotional, modern folk rock (more rock than folk) and are inspired by personal stories of the duo's travels around our great state. The wonder of Idaho comes through in their songs that make the listener want to go visit Idaho's out-of-the-way places and get to know more about Idaho's past and

present.

"Church" is the duo's song about Idaho's Frank Church-River of No Return Wilderness area, which at over 2.3 million acres makes up the country's largest contiguous wilderness outside of Alaska. In the song they suggest Church is a fitting name for the area, referring to its beauty and vast openness as "heaven on earth" and its "crystal water, pristine meadows, cool mountain air, and Sawtooths rising like a prayer" as a sanctuary.

Crazy Love's Idaho Originals don't only deal with big stories and big places, some divulge tales of local Idaho. Their song "The White Horse of Black Daisy Canyon" tells a little-known story of a horse that walked away from a group of Washington hunters camping northwest of Mackay, Idaho in 1997. The hunters were not able to capture the horse before heading home and the horse has roamed free ever since, being sighted as recently as last spring. The

horse has become a local living legend in Mackay and the surrounding area where locals leave the horse alone to his freedom and self-sufficient solitude. The song is a dreamy ode to the horse that "made his escape and captured our hearts" now "free of ropes, spurs and reins."

Each of the songs on their Idaho Originals album comes with the story of the song's inspiration as well as art created by Idaho artists that are showcased in a 50-page book. Kayla Cuellar, a local Caldwell artist, contributed a beautiful watercolor of the White Horse of Black Daisy Canyon that is featured on screen during their show and in their book.

To learn more about the Crazy Love Duo visit their website at: [CrazyLoveDuo.com](http://CrazyLoveDuo.com).

To learn more about Kayla Cuellar visit her website at: [KaylaCuellarArt.com](http://KaylaCuellarArt.com).

### Internet Situational Awareness

by Deborah Kraft - Canyon County Anti-Trafficking Task Force

I read an article recently on "situational awareness" that resonated deeply with our Task Force work on Youth Internet Safety. Situational awareness is described as being tuned into your surroundings so that you know how to recognize a threat and when to act on it. The concept of assigning levels of alertness materialized out of WWII-era combat.

There are five different color-coded levels of awareness.

- Code White is being completely relaxed and unaware, found only in the safety of one's own home.
- Code Yellow is relaxed but aware of situational surroundings such as sitting in a restaurant.
- Code Orange is a heightened sense of alertness to a potential threat that may require action, perhaps while standing in an angry crowd.
- Code Red is when a threat has been confirmed, requiring action as in a house fire. Finally, Code Black is panic, when unable to physically or mentally carry out a response to avoid the threat.

Now, superimpose these color-coded levels of awareness onto the World-Wide-Web. When youth pass through that portal from the dimension of the physical world into the dimension of the virtual world - the Internet, they immediately place themselves, at the very minimum, into a Code Orange situation even though they are in the safety of their own homes with

doors locked, resting privately in their own bedrooms with parents in another room, falsely believing they are immersed in Code White. Youth who are then lured into a private chat room enter a Code Red situation where the more than 750,000 sexual predators-in-disguise can begin to groom and ultimately extract nude photos from these naive minors. Once that first nude is sent those youth have entered a Code Black situation. But this

scenario is avoidable.

Parents can begin to teach this basic skill of internet situational awareness to children at home. An excellent source of information can be found on the Idaho developed website called, "Fortify Your Kids." The short sound bites of information can be easily absorbed in five minutes or less. Begin this education today at: [fortifyyourkids.com](http://fortifyyourkids.com), Username & Password: CanyonCounty.



**Dakan FUNERAL CHAPEL**  
504 S. KIMBALL AVE.  
SINCE 1911

**Dedicated since 1911 to providing families quality care during their time of need. We are here to help you honor the cherished memory of your loved one.**



**Alan C. Kerrick**  
Since 1981



**John M. Noorda**  
Since 2017



**Chantele L. Hensel**  
Since 2014



**Nicole R. Taylor**  
Since 2022

- Pre-Planning Arrangements
- Traditional Funeral Services
- Cremation Services
- Community Center

**Please call us to discuss your needs with a knowledgeable and compassionate funeral director.**



**Dakan FUNERAL CHAPEL**  
www.dakanfuneralchapel.com

504 S. Kimball Avenue, Caldwell  
208-459-3629  
www.dakanfuneralchapel.com

**YORKIE PUPPIES!**

2 Akc Reg Male & female Yorkie puppies free to a good home if interested contact :  
[danamorgan189@gmail.com](mailto:danamorgan189@gmail.com)

**Rostock Furniture & Appliances Inc.**  
Since 1952 Your downtown store for over 50 years.

• FURNITURE • CARPET • APPLIANCES • TELEVISIONS • VINYL



**Your one-stop shop for brand name appliances & furniture.**

GE, Whirlpool, MAYTAG, FLEXSTEEL, Amana, LG, Mohawk Carpet, FRIGIDAIRE

**Rostock Furniture & Appliances**  
HOURS:  
MON-FRI: 9:00-5:30 SATURDAY: 9:00 - 5:00  
**459-0816**  
307 S. Kimball, Caldwell



College of Idaho Basketball and Men win CCC Conference

by Leora Summers, Caldwell Perspective



photo by Mandie Snow

Yote #22 Drew Wyman sinking a basket at CCC Championship game!



Yotes with their Cascade Collegiate Conference Championship banner.



by Susan Hutter

Championship Winning Scoreboard

This past February, our women’s basketball team caught fire and qualified to be in the Cascade Collegiate Conference! They finished with a 17-12 overall season with a remarkable 6 game winning-streak before going on the Cascade Conference to win their game against Eastern Oregon University on Feb.

26th with a 60-53 score. But then on March 1st, they lost in their CCC game to the No. 2-ranked undefeated (30-0) and No. 1 seed in the NAIA Southern Oregon Raiders with a 66-46 score. They are to be congratulated for hanging in there and stepping up to the challenge. YAY! The men came out

on top and won the CCC Championship. They had a 29-2 overall season and are the #1 seed for the NAIA tournament. The semi-final game against Southern Oregon University was almost too exciting for me. The point spread was always a little too close for comfort, but in the end, we prevailed!

Then the championship game against Lewis-Clark State College was a win with a score of 86-69. Most of the time there was only a 10 point spread and in the final five or so minutes, the threat seemed to dissipate with a 20 point spread or more. There was a sign of relief! The first two NAIA games

will be at the College of Idaho on March 14 and 15th with the final championship games to be in Kansas City, Missouri between March 20-25th. For more information you can follow the progress and schedule at: [yoteathletics.com](http://yoteathletics.com)

Princess Project – Donations Wanted and Opportunity

City of Caldwell



The Assistance League of Boise, Canyon County Branch, is now accepting donations of new or gently used male and female formal wear shoes for their upcoming event, The Princess Project. Donations can be dropped off at Caldwell City Hall (205 South 6th Ave, Caldwell) M-F 8 a.m. - 5 p.m. until March 14. Watch our Facebook page (City of Caldwell) for more details on the event. The Princess Project will have an event at O’Connor Field House on March 19th for all Canyon County High School students, making gently used or new formal wear for guys and gals available for a very nominal fee. Students must show their student ID to participate. This gives an opportunity to those who may not have considered going to prom or a formal event due to the cost of the dress, tux or shoes.

# ELEVATE CALDWELL LOTTERY OPEN!

## Lottery registration now open for the 2025-2026 School Year

- From January 6th until April 9th
- Lottery drawing on April 16th
- For more information, visit [elevate208.org/enroll/caldwell](http://elevate208.org/enroll/caldwell)
- Contact us: (208) 779-4086

Elevate Academy does not discriminate on the basis of race, religion, color, national origin, sex, or disability in providing education services, activities, and programs, including vocational programs, in accordance with Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Educational Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended. Any variance should be brought to the attention of the administration through personal contact, letter, phone, or email.

### VISION SPECIALISTS of Idaho

DR. DARREN HEINER OD

- Eye exams for all ages
- Eye glasses
- Contact lenses
- Prescription and non-prescription sunglasses
- Dry eye treatment
- Most insurances accepted



C of I Renames Basketball Arena the “Elgin Baylor Arena!”

by Leora Summers, Caldwell Perspective

On February 21st during our men’s halftime basketball game, the basketball stadium at the J.A. Albertsons Activities Center was renamed the “Elgin Baylor Arena,” honoring a most amazing basketball player of all times and pivotal figure in civil rights.

Elgin Baylor attended the C of I in 1954 and played on the basketball team along with five other black students. During that time, no other college had integrated athletics, so this was a groundbreaking move in the history of college athletics, opening the door providing opportunities for players of all backgrounds.

This was the first time Baylor had experienced an integrated community, living in the dorm, going to classes and eating together with his white classmates. He was even invited to community members’ homes for dinner. He felt “included” in Caldwell, rather than how he had felt excluded in segregated Washington, D.C. Being here was a great start for a fantastic run in basketball for him and the integration of college sports.

Baylor made history as the first black player to be a first overall pick in the NBA draft. He was also the first NBA player to score 70 points in a

game. He held the record for the most points in an NBA Finals game for over 40 years, and became one of the first Black NBA coaches and general managers.

What a great way to honor the involvement our College of Idaho had in the making of history with this amazing basketball player. And what a great feather in our College of Idaho’s cap to have played such an important role in the integration of college sports. It is only fitting to honor Elgin Baylor in the renaming of our basketball arena after him.

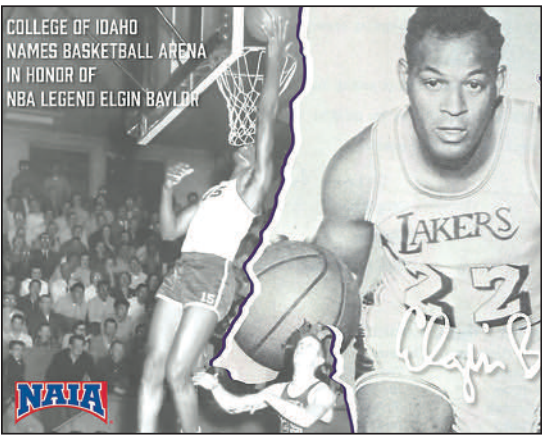


photo from Reagan Rossi's Facebook

CHS Cheerleaders are Back-to-Back District Champs

by Toni Ferro, Caldwell Perspective



photo by Jennifer Martinez

Victorious CHS Cheer team

The Caldwell High School Cheer Team had a great season once again, winning the 5A district competition to become back-to-back district champions. Cheer teams perform three different routines during competition, a 1-minute Pom Routine to music, a 1-minute Sideline Routine that engages the audience and includes some tum-

bling, and a 2.5 minute Show Routine that includes partner stunts, pyramids, and tosses. This year seven teams competed at the 5A district competition: Bishop Kelly, Caldwell, Columbia, Emmett, Middleton, Skyview, and Val-livue. Caldwell took 1st place in the Pom and the Show Routines and 2nd place in the Sideline Routine. After the scores were tallied, they were named the overall district champions and advanced to the state competition. Emmett placed second, also earning a trip to state. The State competition was

held on February 28th at the Ford Idaho Center in Nampa. Caldwell took 4th place in their Show routine and placed 6th out of 16 teams overall. This year the team says goodbye to seven seniors: Omar Gamino, Samantha Godina, Sara McLaughlin, Trenton Snodgrass, Aaliyah Montiel, Neidy Ramirez, and Gilberto Gil. Congratulations to these graduating seniors.

These remaining team members will see if their hard work can win them a third district championship in a row: Valeria Cardoza, Marisol Anguiano, Justin Frederickson, Viviana Darrington, Navaeh Dominguez, Kasen Obregon, Elyaz Mendoza, Yaslin Marroquin, Peyton Moss, Logan Ortiz,

Aunika Vasquez, Taliah Walker, Breyner Garcia, Martin Leon-Cortez, Mayra Gutierrez, Xavier Miranda, and Ysabella

Valencia. Congratulations to all of the CHS cheer team athletes and coaches.

**Ron's NATURAL FOODS**  
**IMMUNE SUPPORT!**  
**QUERCETIN, ZINC, D3, VIT-C, & MUCH MORE**  
3110 CLEVELAND BLVD J3 Edmark Plaza . Caldwell, ID  
**208-459-0372**

Parma Ridge is a family-run artisan winery with gourmet casual dining. Enjoy views of the Boise River Valley atop our vineyard patio with a glass of wine and hand-crafted cuisine!

Check out [WWW.PARMARIDGE.WINE](http://WWW.PARMARIDGE.WINE) for special events and live music nights!!

208-946-5187 | 24509 Rudd Road, Parma, ID | Open Friday & Saturday 12-7 PM | Sunday 12-4 PM

Planetarium Projectors turn 100

by Toni Ferro, Caldwell Perspective



by Toni Ferro

The projector at the C of I Planetarium

On April 4th at 7pm the Whittenberger Planetarium on the C of I campus will be hosting a show about the 100th year of planetarium projectors. The show will be a fun historical look at planetariums over the last century. Learn more at: [www.collegeofidaho.edu/about/campus-facilities/planetarium/planetarium-schedule](http://www.collegeofidaho.edu/about/campus-facilities/planetarium/planetarium-schedule).

Enjoy Lasting Improvement With Expert Home Painting

Protect and enhance your home or business with our professional interior and exterior painting services. Proudly serving our community since 1977!



FREE ESTIMATES | Licensed & Insured

A+ BBB Rating!



We have painted 3365 exteriors and 956 interior re-paints!

**RBW Painting**  
(208) 353-1970

Feed your **Irish Soul**

**STEWART'S BAR & GRILL**

You don't have to be Irish to enjoy this meal!

**St. Patrick's Day March 17th**

**Go Yotes!**

**Corned Beef & Cabbage Green Beer served all day!**

2805 Blaine St., Caldwell **208-459-3308**



by Toni Ferro, Caldwell Perspective

photos by Jennifer Martinez



**CHS Girls' Basketball Varsity Team** - Back row left to right: Lila Walker, Nevaeh Ferrer, Edalyn Lopez, Tamar Callender, Mary-Jane DeLeon. Front row left to right: Yadira Espinoza, Ashley Saucedo, Reese Stumbaugh, Liliana Hernandez, Nevaeh Jasso, Yesenia Montañez, Yazmeen Montañez



**Tamara Callendar** - 5A all-conference 2nd Team, Idaho Statewide High School All-Star Game Alternate, 3.75+ GPA;



**Payton Garcia** - 5A all-conference honorable mention, 3.0+ GPA



**CHS Boys' Basketball Varsity Team** - Aiden Rudan, Sergio Gaxiola, Izaiah Hernandez, Anthony Martinez, Alan Navarro, Sawyer Hope-Audet, Adam Villegas III, Peyton Walters, Anthony Barron, Jack Hunter, Chase Nelson, and Eli Arredondo



**Graduating Senior, Izaiah Hernandez**

The Caldwell High Boys and Girls basketball teams have wrapped up their 2024-2025 seasons.

Two Caldwell senior girls were selected for 5A all-conference teams by the league's coaches. Tamar Callendar made the all-conference 2nd team and Payton Garcia got an honorable mention. Tamar Callendar was also selected as an alternate in the Idaho Statewide High School All-Star Game on March 15th. The two teams that play in the All-Star Game are made up of the best senior players in the state, re-

gardless of league.

Coach Emilie Eckhart, a 2nd grade teacher at Wilson Elementary, coached the girls' varsity team for the first time this year. Coach Eckhart noted that though it wasn't a winning season this year, the "girls made a lot of improvements" and they made it to the third game of their district competition, which was an improvement year on year. She said that she "asked the girls to do a lot of new things and they did a great job embracing the new."

Six players were recognized

for maintaining high GPAs, Yesenia Montañez with a 4.0 GPA; Yazmeen Montañez and Reese Stumbaugh with 3.75+ GPAs; and Liliana Hernandez, Payton Garcia, and Nevaeh Ferrer with 3.0+ GPAs.

The girls' varsity team will graduate a whopping eight seniors this year. Congratulations to these Caldwell athletes: Yadira Espinoza, Ashley Saucedo, Liliana Hernandez, Payton Garcia, Nevaeh Jasso, Mary-Jane DeLeon, Edalyn Lopez, Nevaeh Ferrer, and Tamar Callender.

Four athletes will remain to

help build next year's team. Congratulations on a great season and Caldwell is looking forward to what you achieve in coming years: Yesenia Montañez (sophomore), Yazmeen Montañez (junior), Reese Stumbaugh (sophomore), and Lila Walker (freshman).

Caldwell High's boys' basketball team completed a solid season, improving on their records from recent years and going 10-14. Caldwell's boys' team is only losing one senior this year, Izaiah Hernandez. Congratulations Izaiah.

The boys' team will start

next year with an experienced group of athletes who are used to playing together. Congratulations to these students and we look forward to your next season: Eli Arredondo (junior), Sawyer Hope-Audet (junior), Peyton Walters (junior), Chase Nelson (junior), Aiden Rudan (junior), Sergio Gaxiola (sophomore), Anthony Barron (sophomore), Anthony Martinez (sophomore), Jack Hunter (sophomore), Adam Villegas III (sophomore), and Alan Navarro (freshman).

Another Study Shows a Link Between Hearing Loss and One of the Fastest-Growing forms of Dementia, Parkinson's Disease

by Rick Fauvor

Another study shows a link between hearing loss and one of the fastest-growing forms of Dementia, Parkinson's Disease.

Study Links Hearing Loss to Parkinson's Disease: New Findings from OHSU and VA Portland Health Care System

A recent study led by Dr. Lee Neilson of Oregon Health

& Science University (OHSU) has revealed a potential connection between hearing loss and the development of Parkinson's disease (PD). Published in JAMA Neurology, the study explores how hearing loss might contribute to the risk of Parkinson's, particularly in veterans.

Parkinson's disease affects

more than one million Americans, with veterans being disproportionately impacted. The collaborative research, conducted by the VA Portland Health Care System and OHSU, utilized the extensive medical records of U.S. veterans to analyze the link between hearing loss and PD. The study examined 7.3 mil-

lion veterans who had audiograms between January 1999 and December 2022, uncovering significant findings.

The results indicated that veterans with hearing loss had a much higher risk of developing Parkinson's later in life. Interestingly, those with more severe hearing loss seemed to be at an even greater risk. The study also explored the use of hearing aids as a potential preventative measure. Researchers found that individuals who received hearing aids within two years of an abnormal hearing test had a notably reduced risk of developing PD.

Dr. Neilson, the study's lead author and a neurologist at the Portland VA, emphasized that although more research is needed to understand the mechanisms behind the link between hearing loss and Par-

kinson's, the results highlight the importance of early hearing screenings and the potential benefits of hearing aids. "We encourage everyone to get screened and fitted for hearing aids, as there are few downsides, and it may lower the risk of developing Parkinson's," Dr. Neilson stated.

The study is the result of a collaboration among various experts, including Kelly M. Reavis, Ph.D., Jack Wiedrick, MS, and Gregory D. Scott, M.D., Ph.D. It was supported by multiple grants from the Veterans Affairs Biomedical Laboratory Research and Development, the National Center for Rehabilitative Auditory Research, and other organizations.

For further details on the study, visit: JAMA Neurology.

That's real AF™

Taking The Guesswork Out Of Your Workouts!

**ANYTIME FITNESS®**

2621 S 10th Ave, Caldwell • 208-459-6818

**Healthy Hearing**

*Keeps You Connected!*

**HEARING LOSS HAS BEEN LINKED TO COGNITIVE DECLINE AND DEMENTIA.**

**COMPREHENSIVE HEARING TREATMENT EXAM!**

Includes: Tinnitus Treatment, Memory, Balance, Cognitive Function, and much more all for an affordable monthly payment plan!

**Hearing devices are included at NO ADDITIONAL COST!**

**EVERYTHING HEARING**

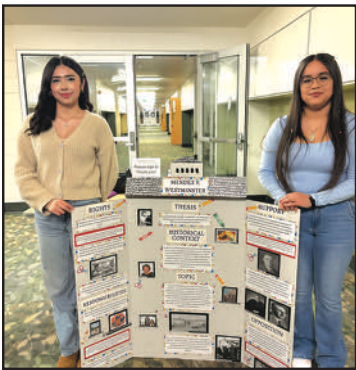
FREE APPOINTMENT, CALL (208) 960-4912

Call Today To Schedule Your Free Appointment TODAY!  
1818 S. 10th Ave. Suite 250, Caldwell • [www.everythinghearing.com](http://www.everythinghearing.com)



Caldwell Students Qualify for State History Contest

by Toni Ferro, Caldwell Perspective



CHS History Day Winners L to R: Melanie Velazquez and Yessenia Murillo



CHS students at Regional History Day L to R: Adriana Eldredge, Melanie Velazquez, Joryn Wright, Liz Jones, Helen Sutton, Jaqueline Aguirre, Alice Redmond, and Jamie Diez Montes



Homeschool winners L to R: Claire Erlendson, Sydnee Erlendson and Harper Erlendson

Caldwell students impressed judges at two National History Day competitions during February. At Caldwell High School's 28th Annual National History Day on February 5th, juniors presented their exhibits on this year's theme, Rights and Responsibilities. Students worked individually or in pairs and 191 exhibits were presented.

At the event students dressed professionally and answered questions from judges who were former educators, elected officials, and businesspeople. Each judge judged 8-10 projects. Judges asked students questions such as: "What rights were challenged in your project?", "Who had the responsibility to protect those rights?", and "What is the legacy of your topic in shaping the future?"

Judges selected their top project to go on to the second round of judging. Second-round judges were professors at the College of Idaho who awarded prizes to the top three exhibits and three honorable mentions.

Congratulations to the winners of the 28th annual Caldwell High School National History Day Competition.

1st Place: Yessenia Murillo and Melanie Velazquez, Mendez v. Westminster  
2nd Place: Kasen Obregon, The United Farm Workers  
3rd Place: Maylee McConnell-

Soong. The Annexation of Hawaii

Honorable Mentions:

JamieLee Hernandez, The Indian Citizenship Act of 1924  
Jaxson Freeman and Ashley Fuller, The Cuban Missile Crisis  
Juan Rosas Rangel, Yellow Journalism

The first place winners, Yessenia Murillo and Melanie Velazquez, explained that their teacher, Katelyn Benavidez, encouraged them to pick a topic they truly cared about to keep them motivated to do a great job. They also said that learning about the past made them see the present day differently.

Benavidez says that many students took her advice and picked a project they were interested in, which improved the quality of their projects. Her students "had to start from scratch doing this kind of formal historical research and developing a historical thesis and argument." The students "all grew immensely in their abilities to not only convey what they learned, but also become competent historical thinkers."

Brennan Wurtz, the CHS Social Studies Department Chair, explains that "the school-level competition is our own creation. We are the only comprehensive high school of our size that does anything like that." And "in 2019,

we started requiring students to present their projects to the judges, which allows them an opportunity to share their passion for their project while practicing presentation and communication skills."

Caldwell High hosted the Southwest Regional History Day competition on February 22nd. Seven Caldwell High students qualified to go to the State History Day competition. Congratulations to these Caldwell High winners!

Individual Exhibit

- 1st Place Group A: Liz Jones, "The Jungle's Influence on Food Safety Regulations"
- 2nd Place Group A: Joryn Wright, "Anything But Adequate"
- 2nd Place Group B: Adrianna Eldredge, "Loving v. Virginia" Group Exhibit
- 1st Place: Yessenia Murillo and Melanie Velazquez, "Mendez v. Westminster"
- 2nd Place: Jazlyn Garcia and Annelisse Zirate, "The Great Molasses Flood"

Three Caldwell homeschooled sisters also qualified for the State contest; Sydnee Erlendson, Claire Erlendson, and Harper Erlendson. Sydnee won 1st place in Individual Group A with "The Love Canal," Claire won second place in the Junior Division with "The RMS

Titanic," and Harper won 1st place in the Youth/Elementary Division with "Endangered Pandas."

The State National History Day contest will take place on April 5th at the College of Idaho.

Winners of the State National History Day contest will go to the National History Day Contest June 8-12th at the University of Maryland in College Park.

**Shared Stories Bookstore**  
(106 S. Kimball, Caldwell)

**Hours**  
Mon-Thurs: 10am-7pm  
Fri-Sat: 10am-9pm  
Sun: Noon-6pm

**Wide Selection of Books!**  
Fiction, Nonfiction, Children's

**Novelty Book Clubs**  
Fantasy (coming soon)  
Cookbook, Romance  
Poetry, Sci-fi

For Club Schedules scan our QR Code

Find us on Facebook, Instagram and our website!

EST. 2024

**SHARED STORIES**  
BUILDING COMMUNITY THROUGH BOOKS

The World Famous  
**GLENN MILLER ORCHESTRA**

**MAR 27 2025**

**JEWETT AUDITORIUM**

The most popular big band in the world brings back to the stage timeless classics like "Tuxedo Junction," "Moonlight Serenade," and "Chattanooga Choo Choo."

**JARABE MEXICANO** Join the Party with Festive Borden-Soul Music!

**APR 24 2025**

**208-717-5368**  
CALDWELLFINEARTS.ORG

CALDWELL FINE ARTS THE COLLEGE OF IDAHO  
at the College of Idaho

artHERE  
SILLO  
National Endowment for the Arts  
arts council  
Summit

Book Review: The True Deceiver by Tove Jansson, review by Sarah Pincock



"My dog and I despise them. We're hidden in our own secret life, concealed in our innermost wildness."

— Katri Kling, The True Deceiver by Tove Jansson.

Enter on a small village in winter, it's inhabitants mostly hibernating; Liljeberg the boat-builder, old maid Madame Nygard, a nosey shopkeep, a roving band of children in the snow and our four inhabitants of "Rabbit House." Anna Aemalin, a successful illustrator of children's books and

owner of Rabbit House, Katri, and Mats. Katri, a yellow eyed girl who is naturally good with numbers, who villagers are known to meet with for shrewd advice on private matters, and who has a dog with no name. Mats, Katri's nearly silent brother whom she has raised since age 6, born with the gift of only ever thinking about one thing: boats.

It's existential noir, its biography of a village, its fable-like in its quest for something honest hidden under so much snow. It's so exact in its language you will feel everything Anna and Katri are feeling as they strike up their...contract?

Scheme? Rivalry? Friendship? Mutually-Assured-Destruction?

It's psychologically slow-boiled pace reminds you of watching a crime thriller and at the same time feels as cozy and familiar as the back of your winter mitten.

The True Deceiver was translated into English by Thomas Teal and won the Best Translated Book Award in 2011.

Welcoming the February 2025 release of Jansson's newest translation, Sun City, an off-beat novel about a retirement community in sunny Florida.

*Knights of Columbus Special Secret Recipe For Fried Cod & Baked Cod*

**Alaskan Cod Fish Dinner**  
Complete Dinner Every Friday Night During Lent  
5 PM-7 PM: March 7th, 14th, 21st, 28th and April 4th, April 11th

**\$16 Per Person**      **\$9 Kids 5-12**  
**\$12 Seniors-65+**      **\$50 For Immediate Families**

Served at  
**Our Lady of the Valley Catholic Church**  
1122 W. Linden Street, Caldwell

**KNIGHTS OF COLUMBUS**  
**K of C**  
CALDWELL COUNCIL 3086



Game Review: Harmonies

by Sazia Fletcher



Harmonies is an easy to learn 1-4 player game that takes about 30 minutes to play. The rules are very straightforward and easy to understand. I loved the pattern building and strategy of this beautifully designed game. This game is perfect for age 10 and up. Harmonies is one of the few games I have run into that has a good solo play option.



Caldwell Rotary Club is offering two \$1,500 Academic Scholarships and one \$1,500 Vocational/Technical/Trade Scholarship for the 2025-26 school year. To be considered, applications must be postmarked by April 4th. Applications can be picked up at your school counselor's office. Applicants must be a resident of Idaho and have demonstrated a commitment to community service.

Caldwell Rotary Scholarship Applications Now Available

by Leora Summers, Caldwell Perspective

Academic Scholarship Applications are for high school seniors who have a 3.0 or higher GPA and have enrolled as a full-time student in an accredited post-secondary educational institution with plans to earn a B.S. or B.A. degree and/or for those who are enrolled to begin a college degree at a junior college with plans to transfer to finish their degree at a 4-year university or college. They must attend the first semester in the fall of 2025 to retain their scholarship.

Technical/Vocational/Trade Scholarship Applications are for high school seniors, home-school seniors or person's earning a graduate equivalency diploma (GED) by the time they receive their funds for the scholarship. They must be accepted and enrolled as a full-time student in a technical, vocational or trade school. All recipients must be attending college/vocational/trade school and enrolled in the fall of 2025.

This scholarship can be used for diesel mechanics, hair, nails,

cosmetology, nursing associate, dental hygienist, etc. There are many trades that do not require a 4-year college degree. Students may apply to out-of-state schools for this scholarship.

Applications for these scholarships can be found at your school counselor's office. Mail completed applications by April 4th to:

Caldwell Rotary Club,  
P.O. Box 24,  
Caldwell, ID 83606  
Incomplete or late applications will be not be considered.

Rotary's Dictionary Program Supports Education

by Leora Summers, Caldwell Perspective

Throughout the month of February, Caldwell Rotary Club distributes about 1,450 dictionaries to third graders in 17 Canyon and Owyhee County schools. This program follows on the heels of the delivery of about the same number of chapter books that were delivered to second graders in those same schools. These two programs have been going on for many years.

This year Rotarian Bob Jenkins spearheaded the dictionary project, ordering all the dictionaries, labeling them

and organizing the volunteers to go to the schools to deliver them. Rotarian Joyce McDaniel was his right-hand helper, calling schools to get student numbers and contact information for each school.

These are not your everyday ordinary dictionaries. They are a wonderful teaching tool filled with all kinds of important and fun information. One fun thing to show the students is the longest word in this dictionary. It has 1,909 letters in it. That word is a protein with 267 amino acids in it. This dictionary also includes sign language, Braille, multiplication



Seventy Lewis and Clark Elementary students received their dictionaries on February 12th!

tables, the periodic table, the US Constitution, a list of the presidents of the United States, the planets, info on clouds, the countries of the world and more. Hopefully the teachers use this provided information to supplement their students' studies.



Rotarians Joyce Mc Daniel, Mary Ann Valenzuela, Milon McDaniel, Edwin Lara and Laurel Weiss delivered dictionaries to Lewis and Clark Elementary 3rd graders.

I only found one "fail" in this dictionary. It didn't have the word "candy" in it. Isn't that funny?

Caldwell Senior Center  
**BUNCO**  
**NIGHT**

All Ages Welcome!  
Every Thursday 1 p.m.

1009 Everett Street

For more information call 208-459-0132



Community Room Open Everyday We Are Open!

Large Groups Please Schedule With Us Ahead of Time to Secure Your Space.

Magic The Gathering and D&D Every Friday, Saturday, & NOW Sunday!

A Place for People



Now Open Sunday!

New Achievement Unlocked: Bookstore Discovered!

**Rubáiyát**

BOOKS ♦ GAMES ♦ ART

314 S. 6th Avenue  
Caldwell, ID  
(208) 899-1988

Open: Tuesday-Thursday 11 a.m.- 6 p.m.,  
Friday 11 a.m.- 9 p.m., Saturday 12 p.m.- 11 p.m.,  
Sunday 12 p.m.- 4 p.m.



Ten Commandments

- I. Thou shalt have no other gods before me
- II. Thou shalt not make unto thee and graven image
- III. Thou shalt not take the Lord thy God in vain
- IV. Remember the sabbath day, to keep it holy
- V. Honor thy father and thy mother

- VI. Thou shalt not kill
- VII. Thou shalt not commit adultery
- VIII. Thou shalt not steal
- IX. Thou shalt not bear false witness against thy neighbor
- X. Thou shalt not covet

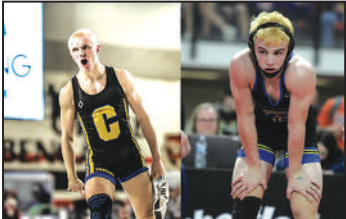
3500 Years Old & Still Right...

John 3:16 & 17

Caldwell High Men's and Women's Wrestling

by Toni Ferro, Caldwell Perspective

photos by Amber Sperry-Johns and Jennifer Martinez



Draven Johns, State Champion and District Champion; Jayce Wolf, 3rd place at State and District Champion



Other athletes who placed at State: Jaxson Freeman - 4th place (120), Jesus Alvarez - 5th place (165), Maritza Medina - 4th place (100)

Caldwell's wrestling teams have had another impressive season, making Caldwell proud once again. Draven Johns led the boys' team by winning a State Championship in the 132-pound weight class. The men's team competes in the 6A conference, the conference for the state's largest schools. Johns and Jayce Wolf (150) were both 6A District Champions this year.

Caldwell's boys' team has seventeen members, was 2nd at the district tournament, and sent a whopping 13 members to the state tournament at the ICCU Dome in Pocatello on 2-28 and 3-1. Caldwell's other state qualifiers were: Jesus Alvarez (2nd at district, 165), Liam Rodebush (3rd at district, 190), Trevor Solis (4th at district, 157), Jaxson Freeman (5th at district, 120), Joshua Rojas (5th at district, 175), Mason Lewis (6th at district, 138), Lorenzo Villaseñor (8th at district, 98), Kasen Potts (9th at district, 120), Josiah Gonzalez (9th at district, 144), Lucas Rosario (9th at district, 285), Trevor Darra (10th at district, 285). Other boys' team members are Francisco Guzman, Rodrigue Enock, Jonathan Banos, and David Vargas.

Caldwell performed well at state, placing 9th out of 22 teams and with four athletes placing in the top six in their weight classes: Draven Johns - state champion (132), Jayce Wolf - 3rd place (150), Jaxson Freeman - 4th place (120), Jesus Alvarez - 5th place (165).

The girls' team has seven members, was 5th at the district tournament and sent four individuals to the state tournament at the ICCU Dome in Pocatello on 2-28 and 3-1.

Idaho's first official state tournament for girls' wrestling was held in 2021. This year, the sport continues to grow with 74 schools fielding teams, up from 66 teams last year. Currently, all schools compete as a single state-wide division. Caldwell's state qualifiers were: Ashlyn Martin-Gomez (2nd at district, 132), Kloe Fogle (3rd at district, 138), Maritza Medina (4th at district, 100), and Sienna Sanchez-Benavidez (4th at district, 107). Other girls' team members are Paola Ruiz-Saldana, Kaylanni Brooks, and Maritza Garcia.

The girls' team also performed well at state, placing 19th out of 74 teams and with one individual placing in the top 6 at state: Maritza Medina - 4th place (100).

Caldwell's wrestling coaches also won impressive awards this year. Both Adam Freeman, the boys' coach and Sami Lusk, the girls' coach were named District Coach of the Year.

Congratulations to all of these very hard-working athletes and coaches.



1800 Arlington Avenue  
Caldwell, Idaho 83605  
208-459-9261

Join Us For Our  
Sunday Service

10:30 a.m.

www.stdavid.idahodiocese.com



by Dave McCormick

While looking for inspiration to write something for the March issue, I came across a log book entry dated Venite uno de Marzo (a little Spanish lingo there) 1978. My wife's brother was visiting from California, so on the morning of the afore mentioned date, we set out for Woodhead Park on Brownlee Reservoir. We were under a high-pressure ridge, so the weather that morning was cold with a very light wind. We launched my 14-foot aluminum skiff, and after a few pulls on the starter rope, my 1968 18 horse Evinrude outboard came to life.

I recall there was only two other boat trailers in the parking lot on that March morning. We began by pitching curled-tailed jigs at the shoreline and were met with immediate success, although the fish were small. Morning

Dave's Big Back Yard

became afternoon and the bite slowed noticeably. When you're young, you power through and hope the bite picks up late afternoon into evening. It did and Jim caught one three-pounder and we both had a couple in the two-pound range. It was near dark when we trailered the boat and had a two-hour drive ahead of us. Not a big deal. I can't recall what the limit on bass was back then, but I know it was liberal with no length restriction. I had been practicing catch and release on trout for few years, but I am sure those smallmouth went under the knife.

Brownlee is one place to lose those winter time blues, not the only place though. C.J. Strike is a well-known early spring fishery with multiple species to target. Some years, trolling for trout was fast action. Last year

was not one of those years for me. Idaho Power stocked 6,850 catchable (10-12 inchers) in February. Trout grow fast in the fertile water of Strike. If not caught the first year or two, they can be 16- 20 inches.

Idaho Power also stocks in the fall. Those fall trout can be 13-14 inches this spring. Trout, bass, perch, crappie and catfish are all on tap at C.J. Strike. It is no wonder that it is a favorite spring fishing destination. C.J. Strike Dam was named after Clifford J. Strike, General Manager of Idaho Power from 1938 to 1948. The reservoir was built in the early 1950s for hydro power and recreational opportunities. The latter has sure been a great addition to Southwest Idaho's fishing community. The long-range weather forecast is looking like March could come in like a lamb,

woo hoo! Tight lines! hope to see ya on the water! Dave

Over 39 Years of Satisfied Customers  
"Since 1978"

Curt's

CARPET CLEANING

CARPET & UPHOLSTERY CLEANING  
Residential • Commercial • RV's • Boats



• Free Estimates •

Call Curt at 208.466.2429

Trailing of the Sheep

by Leora Summers, Caldwell Perspective

Every year around this time Harry Soulen Jr., his wife and other helpers bring his sheep down from the family pasture where they winter out by Melba near Swan Falls and walk them to Letha to be sheared. This is the first band of 2,500 sheep. The next band comes in a couple days.

Reported by Debi Jensen last year, the sheep will then lamb in the spring pasture in the Crane Creek area. When the lambs are old enough, in about June, they will continue their journey being lead back to the back side of Brundage Mountain. Then in the fall, they will continue on to their winter pasture, near Melba. This journey is about a 550 mile round trip. Harry's grandfather, Harry Soulen Sr (now deceased), had been raising sheep in Southwest Idaho



by Mandie Snow

since 1926. It was passed on to his son Phil Soulen (now deceased), and now to his son Harry Soulen Jr.

It is so much fun to watch them when they come through Caldwell!



MEXICAN RESTAURANT

Great Food and Full Bar

WWW.CALDWELLACAPULCO.COM

Happy Hour:  
Monday-Saturday 3 PM-6PM


We Also Offer Catering Services  
819 Main St., Caldwell • 208-454-0425

Business Directory

1x2.5 for \$23 or 2x3 for \$46 per month  
(No commitment required!)


ACCOUNTING & TAXES

GOLF IS LIKE BUSINESS.




It requires hard work,  
focus and hiring the  
best coach you can find.

11426 Lone Star Rd.,  
Nampa  
208-484-3121



HENSEL  
ACCOUNTING AND TAX, LLP

AIR CONDITIONING AND HEATING




APPLE  
Heating & Cooling

941-0121

Ron Apple  
Owner / Service Tech  
ronapple71@yahoo.com

4117 Pintail Ln  
Nampa ID, 83686

CONSTRUCTION



Dan's Construction


20 Years Experience

A full service excavating  
company with the  
experience and know-how to  
serve you competently.

Licensed, Insured & Bonded

(208) 249-1064

CONSTRUCTION - REMODEL



LARRY FARNSWORTH  
CALDWELL HANDYMAN  
921-6452

House in Need of Repairs?


• Carpentry  
• Door & Window Installation  
• Drywall Repair  
• Painting  
• Sheds  
• Porches  
• Decks  
• Concrete  
• Landscaping

All Seniors  
Get  
10% Off

35 Years Experience

www.caldwellhandyman.com  
for ideas and read testimonials

DINING




JACK'S DRIVE-IN  
Caldwell, ID

Open  
Mon-Sat  
11 am-9 pm

1124 Cleveland Blvd., Caldwell


NEWSPAPER



Caldwell  
Perspective  
899-6374

We Want Your  
Good News!

REAL ESTATE




FOR 51 YEARS  
The Most Respected Name in Real Estate  
CENTURY 21  
Northstar  
(208) 459-1597 C21Northstar.com  
RESIDENTIAL | COMMERCIAL | PROPERTY MANAGEMENT

REAL ESTATE



James  
Barrett  
Serving YOU  
and your Real  
Estate Dreams!  
Download My App:  
http://app.bhhsre.com/BHHSJBARRETT  
BERKSHIRE  
HATHAWAY  
HomeServices  
Silverhawk  
Realty  
208-353-3771  
jamesbarrett35@gmail.com

ROOFING




www.dreamroofsIdaho.com

Taking care of all your roofing needs:

Tear-offs • New Roofs • Re-Roofs  
Shingles, Shakes, Tile, Metal, Flat Roofs  
Maintenance Programs and Repairs

Fully Licensed and Insured  
FREE IN-PERSON  
ESTIMATE

RICHARD A. DENNIS  
GAF Cert  
208-454-0323



Rated: A+



# OUTDOORS

## LOCAL DIRT

by Pat King

March goes on into spring and longer warmer days. I know it's always tough to plan for things that seem so far off, but it's here and it's time to start acting on what you've been thinking about.

As I've mentioned on my local radio show and podcasts in the past along with past articles, the planning of a garden during winter months is the best way to have a successful garden, whether it be a vegetable garden or a flower garden. Both need some forethought, so your end result is what you've envisioned. Any type of garden you desire needs to have the soil composition to support those plants. So know your soil's makeup. There are local labs that test your soil samples you bring to them. You'll need to take in

a few samples from different spots of your garden, depending on size, to get a range of understanding of your soil's makeup.

The water source is also an important factor in the results of you garden. If you use city water, test the water for chemical treatments and levels of hardness. Hard water can dry on leaves and harm the plants productivity. Those test results will also tell you what's necessary to adjust your soil's quality for better results. Once you know those factors, selecting plants for your garden is much easier for those soil/water conditions. Research the plants needs and maturity dates so you select the best plants for your soil.

Of course weather conditions dictate planting times.

Many plants, like tomatoes and peppers, have long maturity periods for which production is optimal, so starting plants indoors is always recommended for productivity in our limited seasons. Say you want tomatoes really early and the maturity date is 86 days, you could start that tomato indoors three months in advance and then take it outside in good weather. Then in about three to four weeks after transplanting, you'd be fairly close to tomatoes ripening in May/

June and then throughout the whole summer.

Did you know that tomatoes don't have to die every year? I grew a tomato in a nursery pot supported by my trellis invention for three years because I'd bring it inside in cold weather and back outside in summer. I even put it in a shady cooler area during very high heat because tomatoes slow production down when it's really hot.

I'm a strong advocate for becoming more self reliant by growing your own vegetables

and fruits and by taking unproductive grass areas and converting to food producing areas. Need a shade tree? Put in fruit trees. Don't like the price of eggs? Raise a few chickens for eggs and meat. Want less expensive locally raised beef and pork? Find a local source and support them. Yes, you may have to buy a half a beef or pork, but knowing where it comes from and who you're supporting is well worth it.

Until next time, Pat.

### March Southwest Idaho Birders Association

by JC Clancy

How many Bald Eagles have you seen this winter? Some folks just crossing the Lower Dam in recent weeks have counted 25 and more, out on the ice, perched in trees, or just flying by. That was how I saw my first bald eagle in Canyon County, in 1999. Driving to work just after sunrise, I saw a giant black bird flying toward me. As it passed at eye level on my right, I saw the iconic white head and huge yellow beak – an almost mythic creature to me then. Now they nest around Lake Lowell and we could almost take them for granted – unless we remember that for many years they were an endangered species.

As the winter ice disappears from the lake, flocks of other water fowl start showing up; ruddy ducks, red-breasted mergansers, tundra and trum-

peter swans and many more on their spring journey north.

March is traditionally the high point for snow geese and greater white-fronted geese to pass through this area, and SIBA's annual field trip to the Fort Boise Wildlife Management Area in Parma will be on March 8. Group members will gather at the observation tower on Old Fort Boise Road just northwest of Parma at 9 a.m. to watch the flocks of geese come in. There'll be ample time also to find ducks and shorebirds, hawks and eagles, songbirds and who-knows-what else. The group will caravan from there to Martin's Landing and Roswell Marsh, expecting to find wild turkeys, sandhill cranes and more on the way. This trip may extend into the afternoon so bring food and drink for

your needs and clothing for variable weather. Registration is required. Please email trip leader James Jarrett at: [SIBAFieldTrip@gmail.com](mailto:SIBAFieldTrip@gmail.com).

SIBA's monthly meeting, online only, will be at 7 p.m. on Thursday, March 13. Shannan Brimmer and husband Wyatt Tustin will share their adventures "Birding the Big Island of Hawaii." Some highlights will include Kilauea National Park, the Hakalau Forest Reserve, featuring birds and other wildlife.

Shannan is a long-term resident of Boise with a passion for travel, running, quilting and bird watching. She has four years of bird watching experience including, leading local field trips for Golden Eagle Audubon. To get the link for the Zoom meeting, go to: [sibainfo1@gmail.com](mailto:sibainfo1@gmail.com).



**Interwest Supply**

- Pivots
- K-Line
- Wheeline & More!

**VALLEY**

Connor Demond (208) 899-6216  
Chris Hoagland (208) 880-4535  
Garth Frederick (208) 899-0197

**20488 Pinto Lane Caldwell, ID**  
**(208) 453-9155**



## QUALITY CARE THAT'S EASY TO *access*

Managing your family's healthcare can be challenging — that's why our family medical clinic offers affordable care from trusted providers. Income-based discounts available.



**SOUTHWEST  
DISTRICT HEALTH**

**We can see you *now*.**  
Appointments available right away.

SWDH.org | (208) 455-5300  
13307 Miami Lane off Karcher in Caldwell  
Se habla Español