

Class Name & Description	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Please pick 1 Class Time & Day)						
PRESCHOOL PLAYTIME (AGES 0-6)			10:00-11:30		9:00-10:30	
Come play with your kids in a safe and fun environment						
SCHOOL AGE DROP-IN (AGES 4-12)					10:30-12:00	
ADULT/TEEN DROP-IN (AGES 12 AND UP)			8:30-9:30pm			
Come use the equipment, get in shape, and have some fun						
Baby Bees (walking – 2 years) (Boys & Girls) (Parented)	9:30-10:00					
Fun with music and activities to explore gross motor skills						
Little Dragonflies (2 -3 years) (Boys & Girls) (Parented)	10:15-10:45	10:00-10:30		10:45-11:15		9:00-9:30
Gain gross motor skills and coordination with fun activities						
Tumble Bears (3 – 4 years) (Boys & Girls) (Parented)	11:00-11:45	10:45-11:30		11:30-12:15		9:45-10:30
Focus on gaining coordination & balance through music and activities		4:15-5:00pm				
Little Monkeys (4 – 5 years) (Boys & Girls)	1:30-2:30pm			9:30-10:30		10:45-11:45
As they are getting older they get to experience basic gymnastic skills on various apparatus				1:30-2:30pm 4:00-5:00pm		12:00-1:00 pm
Boys & Girls Beginner (Badges: Burgundy, Red, Tan)(Ages 6 years and up)	4:30-5:45pm					1:15-2:30 pm
Designed on specific skills; CanGym Program						
Boys & Girls Intermediate (Badges: Bronze & Purple)	5:45-7:15pm					2:30-4:00 pm
Designed on specific skills; CanGym Program						
Must have met prerequisite or been assessed by a Coach						
Girls Advanced (Badges: Blue, Turquoise, Silver, Orange, Yellow, Green & up)	7:15-8:45pm					
Designed for those working on higher level skills in the CanGym Program						
Recreational Trampoline & Acrobatic Tumbling (Boys & Girls)			6:30-7:30pm (ages 6-9yrs)			
Improve balance, coordination and spacial awareness while having a blast learning the basics of trampoline and tumbling			7:30-8:30pm (ages 8+)			

Class/Fees *All prices shown include GST*	Fall (Sept - Dec) NEW 13 weeks	Winter (Jan-April) 11 weeks	Spring (April - June) 10 weeks
Baby Bees (walking -2 years)	\$109.00	\$95.00	\$87.00
Little Dragonflies (2-3 years)	\$109.00	\$95.00	\$87.00
Tumble Bears (3-4 years)	\$133.00	\$117.00	\$107.00
Little Monkeys (4-5 years)	\$157.00	\$139.00	\$127.00
Trampoline & Tumbling (6 years and up)	\$157.00	\$139.00	\$127.00
Boys & Girls Beginner CanGym Program Badges: Burgundy, Red, Tan (6 years and up)	\$192.00	\$165.00	\$153.00
Boys & Girls Intermediate/Advanced Badges: Bronze and Higher (6 years and up)	\$220.00	\$189.00	\$172.00

Birthday Party Options Available

Summer (July/August)	Seasonal (Sept-June)
<u>Sundays</u>	<u>Saturdays/Sundays</u>
1:00pm - 3:00pm	4:15pm - 6:15pm
2:15pm - 4:15pm	5:30pm - 7:30pm
3:30pm - 5:30pm	6:45pm - 8:45pm

Please note: 1 Time Annual Fee - AGF Insurance & Registration Fee (July 1 - June 30) - \$40.00

