



Core Physio & Fitness

Safety Policy in light of Covid-19

- All patients will be screened via telephone or video call before staff will allow a face to face consultation. This will cover health related questions, explanation of the risk factors and whether a face to face is deemed necessary. For those people that staff do not feel face to face is necessary, video consultations will be offered.
- Staff will wear Personal protective Equipment (PPE) as guided by Public Health England and their Professional bodies. Face masks, gloves and aprons will be worn as minimal in a treatment room. If the staff member feels necessary, visors will be available for them to wear for added protection
- There will be at least 15 mins between patients in the clinic, allowing staff to wash & clean surfaces and equipment, and change their PPE where appropriate. Fabric couch covers will no longer be used. Towels & pillow cases will be changed between each client.
- Clients will be required to wait outside the premises until the time of treatment and leave the clinic promptly after the session has finished. We request that everyone wears a face covering to attend wherever possible.
- Hand sanitisers and hand washing facilities will be available for the client to use on entry and leaving the premises
- Staff will have the right to take the temperature of a person on arrival into the clinic. Temperature will be taken using a No touch Infrared Forehead

Thermometer. If there is evidence of a high temperature they will be asked to leave and a video consultation will be offered.

- Payment should be contactless where possible. If the PIN pad is required, it will be wiped down with alcohol wipes before and after each use.
- If more than one person is in the reception area, a minimum of 2 metres must be maintained between them
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- Only one person is to attend for an appointment. A client may only be accompanied if they are a minor, have mobility issues, or if previously agreed by a staff member.
- All clients must give their consent to treatment before entering the treatment room. It must be documented in the Patient notes that risks and precautions have been explained and agreed to.
- If anyone has any concerns they must speak to a Staff member before entering the clinic.

We at Core Physio & Fitness, have a Duty of Care to our staff and all our valued clients. We must and will take every measure reasonably practicable to ensure the safety, health and continued wellbeing of everyone who enters the clinic.

Thank you for your understanding and patience in this matter

Cathy & Amy

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