

IMPACT PSYCHIATRIC CARE, LLC

Disclosure & Informed Consent

COUNSELING is a confidential process designed to help you address your concerns, come to a greater understanding of yourself, and learn effective personal and interpersonal coping strategies. It involves a relationship between you and a trained therapist who has the desire and willingness to help you accomplish your individual goals. Counseling involved sharing sensitive, personal, and private information that may at times be distressing. During the course of counseling, there may be periods of increased anxiety or confusion. The outcome of counseling is often positive; however, the level of satisfaction for any individual is not predictable. Your therapist is available to support you throughout the counseling process.

Dr. Natalie Erb, DNP, MSW, PMHNP-BC, LCSW is a Board Certified Psychiatric Mental Health Nurse Practitioner and Licensed Clinical Social Worker. Natalie initially received her Associate of Applied Science in Nursing from Northland Pioneer College, Show Low, AZ in 1996. She went on to complete her Bachelor of Social Work from Colorado State University-Pueblo, Pueblo, CO in 2005, Master of Social Work from Newman University, Colorado Springs, CO in 2006, Bachelor of Science in Nursing from Colorado State University-Pueblo, Pueblo, CO in 2013, and Master of Science in Nursing, Psychiatric Mental Health Nursing, Colorado State University-Pueblo, Pueblo, CO in 2015. Natalie completed her Doctorate of Nursing Practice from Chatham University, Pittsburgh, PA in 2019. Natalie has practiced in various in-patient and out-patient psychiatric settings treating children, adolescent and adult populations. Natalie believes in using a systems approach in care, treating the individual holistically and addressing power differentials. Her educational background allows her to uniquely partner with her patients providing them with the tools to obtain their highest level of mental health functioning.

Hauoli (Howolee) Ulrich, MS, is a Licensed Professional Counselor Candidate. She began her career as a Special Education Teacher and transitioned into work as a Direct Support Staff, Mental Health Technician and Community Support Specialist. She has experience working with adults, children, families, individuals struggling with substance use and individuals with developmental disabilities. Hauoli graduated from Nova Southeastern University with a Bachelor of Science in Elementary Education and a Master of Science in Developmental Disabilities. Hauoli has completed over 2,000 hours of post-master's counseling experience and all her Licensed Professional Counselor supervision hours. She utilizes Motivational Interviewing, Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), and Trauma Based Relationship Interventions in practice.

REGULATION OF PSYCHOTHERAPISTS – Colorado DORA Disclosure

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. The regulatory boards can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, 303.894.7800.

The regulatory requirements for mental health professionals provide that a Licensed Clinical social worker, a Licensed Marriage and Family therapist, and a Licensed Professional Counselor must hold a master's degree in their profession and have two years of post-master's supervision. A Licensed Psychologist must hold a doctorate degree in psychology and have one year of postdoctoral supervision. A Licensed Social Worker must hold a master's degree in social work. A Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure. A Certified Addiction Counselor I (CAC I) must be a high school graduate, and complete required training hours and 1000 hours of supervised experience. A CAC II must complete additional required training hours and 2,000 hours of supervised experience. A CAC III must have a bachelor's degree in behavioral health, and complete additional required training hours and 2,000 hours of supervised experience.

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A Licensed Addiction Counselor must have a clinical master's degree and meet the CAC III requirements. A Registered Psychotherapist is registered with the State Board of Registered Psychotherapists, is not licensed or certified.

1) CLIENTS RIGHTS AND IMPORTANT INFORMATION

- a. You are entitled to ask for/receive information from Impact Psychiatric Care about methods of therapy, the techniques we use, and the duration of your therapy.
- b. You can seek a second opinion from another therapist or terminate therapy at any time.
- c. In a professional relationship (such as ours), sexual intimacy between a therapist and a client is never appropriate. If sexual intimacy occurs, it should be reported to the Department of Regulatory Agencies.
- d. Generally speaking, information provided by and to a client in a professional relationship with a psychotherapist is legally confidential and the therapist cannot disclose the information without the client's consent. There are several exceptions to confidentiality which include: (1) I/We are required to report any suspected incident of child abuse or neglect to law enforcement; (2) I/We are required to report any threat of imminent physical harm by a client to law enforcement and to the person(s) threatened; (3) I/We are required to initiate a mental health evaluation of a client who is imminently dangerous to self or to others, or who is gravely disabled, as a result of a mental disorder; (4) I/We are required to report any suspected threat to national security to federal officials; and (5) I/We may be required by Court Order to disclose treatment information.
- e. Under Colorado law, C.R.S § 14-10-123.8, parents have the right to access mental health treatment information concerning their minor children, unless the court has restricted access to such information. If you request treatment information from Impact Psychiatric Care, you may be provided with a treatment summary, in compliance with Colorado law and HIPAA standards.

2) DISCLOSURE REGARDING DIVORCE AND CUSTODY LITIGATION

If you are involved in divorce or custody litigation, my/our role as a therapist is not make recommendations to the court concerning custody or parenting issues. By signing this Disclosure Statement, you agree not to subpoena your therapist to court for testimony or for disclosure of treatment information in such litigation; and you agree not to request that your therapist write any reports to the court or to your attorney, making recommendations concerning custody. The court can appoint professionals, who have no prior relationship with family members, to conduct an investigation or evaluation and to make recommendations to the court concerning parental responsibilities or parenting time in the best interests of the family's children.

Virtual/telehealth sessions are provided in an online HIPAA compliant format

I have read the preceding information and understand my rights as a client/patient. I also acknowledge that I have received a copy of this Disclosure Statement.

Client Signature/Legal Representative

Date

Kiana Keever, Social Worker Candidate

Dr. Natalie Erb, DNP, PMHNP-BC, LCSW

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