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TELETHERAPY INFORMED CONSENT

Due to concerns about COVID19, we are offering our clients the opportunity to have therapy via videoconferencing.

There are several issues that our clients should be aware of prior to participating in this type of therapy:

At this time, we are using Doxy.me for this service. We are new to the service and we are just testing the reliability of the service. Doxy.me is HIPAA compliant, which means that our sessions are confidential, with regard to servers, the host program, etc. Only current patients, who have had sessions in person in the office will be offered this service.

Insurance companies do not pay for sessions lasting longer than 45 minutes, thus sessions are 45 minutes in length.

Fees and co-payments are the same as they are for in- person sessions.

Teletherapy sessions will be scheduled during our regular office hours only.

No one other than your provider will be in the room during therapy sessions. This will be true for our office, and you must agree that this will be true for your location as well.

No video or audio recording of the session will be made by either us or by you.

You must sign our informed consent agreement.

INFORMED CONSENT FOR TELETHERAPY

I agree that I will be alone during the teletherapy session, or if engaged in couples therapy, that only the couple will be present. Anyone present in the room in my location must acknowledge their presence at the start of the session.

I agree that I will be in a location during the teletherapy session in which I can protect my own privacy and confidentiality, with regard to the session.

I agree that I will be appropriately attired during teletherapy sessions.

I agree that I will not hold Dr. Eastridge or Carrie Simmons for any breach of confidentiality which occurs outside of the physical office (ie, because someone overheard the teletherapy session at my location).

I agree to pay the usual fee or co-pay for the teletherapy session in a timely manner.

I agree that I will not make an audio or video recording of the session.

I understand that the maximum length of time for the teletherapy session is 45 minutes.

Signature

Date

NOTE: If you are unable to print or fax a signed copy of this form , please email (do not text) a note saying, "I have read and understand your teletherapy INFORMED CONSENT form, and agree to the conditions indicated in that document". Sign (or type your name) and date it. Email to DrEastridge@Dreastridge.com.

NOTE: Teletherapy allows us to see and hear each other in a secure online environment used for healthcare professionals. There is no video or audio recording of the session. We have taken a photo snapshot of this document, to ensure that we have it, without photographing the patient's face. It is illegal to make a recording of a patient without the patient's written permission. The service we use is also HIPAA compliant, so there will be no video of you doing a session in your sweatpants, or otherwise.

Dr. Eastridge's therapy "room" is located at [Doxy.me/dreastridge](https://doxy.me/dreastridge). If you log onto that site at the time of your appointment, you will be asked to sign into the "waiting room". I will be with you within a minute or so of your appointment time.

Carrie Simmons "room" is located at [Doxy.me/carriesimmons1mhc](https://doxy.me/carriesimmons1mhc). It works the same way.