

Adult Class Schedule

September 12, 2022 thru June 23, 2023

Day / Time	Class	Description
Monday 8:30-10:00 PM	Intermediate Ballet	This is our most advanced adult class. Students should have at least five years of ballet training, should be comfortable with most ballet terms, and should feel at ease picking up combinations.
Tuesday 10:00-11:30 AM	Advanced Beginner Ballet	This adult class is relatively basic, but the complexity can vary based on the students who are in attendance. Steps are at a moderate level and are well explained. Absolute beginners may also join this class.
Thursday 8:30-10:00 PM	Beginner Ballet	This is our simplest adult class. This is the best class for absolute beginners and for those who are still relatively new to ballet. The steps are basic and clearly explained.
Friday 10:00-11:30 AM	Beginner / Intermediate Ballet	Most students in this class have been taking ballet recreationally for a minimum of 3 years. It is a moderate level class that moves along at a good pace with a modest amount of rigor.

COST

Single Class Cash \$20

Single Class Purchase Online \$23

We encourage all adult students to create an account in Dance Studio-Pro so that we have email contact information.

We recommend that students wear ballet slippers for their safety. Dress code is open. Some students wear traditional leotards, tights, and skirts. Others wear clothing similar to yoga attire.