



134 Hopper Avenue, Waldwick, NJ 07463 • (201) 445-4499 • prgressiveeliteballet@gmail.com • www.progressvieballet.com
 Fall Semester 2022 • September 12 thru June 25 (schedule subject to change)

Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	
Monday			Tuesday			Wednesday			
Tots & Tutus 1:30 - 2:15									
Pre-Ballet 4:00 - 5:00	Stretch Junior 4:00 - 5:00	Commercial Contemporary Senior 4:00 - 5:00							
Stretch Senior 5:00 - 6:00	Pre-Intermediate Ballet 5:00 - 6:00	Intermediate Ballet 5:00 - 6:00		Beginner II Ballet 5:00 - 6:00		Ballet Senior 4:30 - 6:00	Beginner I 5:00 - 6:00	Contemporary Junior 5:00 - 6:00	
Advanced Ballet 6:00 - 7:30		Pre-Advanced Ballet 6:00 - 7:30	Advanced Ballet 6:00 - 7:30		Pre-Advanced Ballet 6:00 - 7:30	Contemporary Senior 6:00 - 7:30	Pre-Int Ballet 6:00 - 7:00	Intermediate Ballet 6:00 - 7:00	
Advanced Pointe 7:30 - 8:30		Pre-Advanced Pointe 7:30 - 8:30	Advanced Pointe 7:30 - 8:30		Pre-Advanced Pointe 7:00 - 8:30			Intermediate Pre-Pointe 7:00 - 8:00	
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A
Thursday			Friday			Saturday			Sunday
						Tots & Tutus 9:15 - 10:00			
Intermediate Ballet 4:00 - 5:00			Intermediate Ballet 4:00 - 5:00	Beginner II Stretch 4:00 - 5:00	Pre-Intermediate Ballet 5:00 - 6:00	Pre-Ballet 10:00 - 10:45		Hip Hop 7-9 Years 10:00 - 11:00	Pre-Ballet 10:00 - 10:45
Intermediate Pre-Pointe 5:00 - 6:00		Pre-Advanced Jumps & Turns 5:00 - 6:00		Beginner II Ballet 5:00 - 6:00	Jumps & Turns Junior 6:00 - 7:00	Beginner I Stretch 11:00 - 12:00		Jazz 4-5 Years 11:00 - 12:00	Beginner 7-9 Yrs New Students 11:00 - 12:00
Advanced Ballet 6:00 - 7:30		Pre-Advanced Ballet 6:00 - 7:30				Beginner I Ballet 12:00 - 1:00			Contemporary 7-9 Yrs New Students 12:00 - 1:00
Advanced Pointe 7:30 - 8:30		Pre-Advanced Pointe 7:30 - 8:30				Ballet Senior 1:00 - 2:30			