

VITAE ELIXXIR
HERBAL EXTRACT
YELLOW LABEL FORMULA

DIRECTIONS

Stir drops of extract into a large glass of water, juice or milk and drink during a meal. If desired you can mix with food. Do not mix with coffee, soda or alcohol.

SUGGESTED SCHEDULE FOR THOSE WITH SENSITIVE STOMACH:

First two weeks 1 drop during or after breakfast lunch and dinner.
Next two weeks 2 drops during or after breakfast lunch and dinner.
Next two weeks 3 drops during or after breakfast lunch and dinner.
Next two weeks 4 drops during or after breakfast lunch and dinner.
Next two weeks 5 drops during or after breakfast lunch and dinner.
Next two weeks 6 drops during or after breakfast lunch and dinner.
Full dosage is 18 drops per day.

SUGGESTED SCHEDULE FOR THOSE WITHOUT SENSITIVE STOMACH:

First two days 1 drop during or after breakfast lunch and dinner.
Next two days 2 drops during or after breakfast lunch and dinner.
Next two days 3 drops during or after breakfast lunch and dinner.
Next two days 4 drops during or after breakfast lunch and dinner.
Next two days 5 drops during or after breakfast lunch and dinner.
Next two days 6 drops during or after breakfast lunch and dinner.
Full dosage is 18 drops a day.

If there is no nausea you can increase dosage faster.

Drinking a glass of water after taking is beneficial.

If you develop any nausea drink or eat a protein, milk, soy milk, rice milk, protein drink, or a couple of spoonfuls of peanut butter, cottage cheese or yogurt. You can experiment to see what works best for you. For slower release of extract into the stomach insert drops into a gelatin capsule. You can use an individual capsule or you can insert extract into an "O" capsule then insert into "OO" capsule then insert into "OOO" capsule. Do not fill in advance.

Continue maximum dosage for a year or until desired nutritional results have been attained. Then a maintenance dose of 6 drops per day thereafter is recommended.

DIRECTIONS TOPICAL USE

Cover the area you want to treat with the Vitae-Elixir with one or several drops leave on the area. You may cover with a bandage if you need to. Apply daily until the area starts reacting. (swelling, itching, and burning feeling) Once it starts to scab do not apply anymore. The area will swell up get red, sore and inflamed, then a scab will form over the area. This area may become several times larger than it originally looked. Once the scab separates from the skin it will start draining. Do not force or pick the scab off. You can cover the area if needed. When the scab falls off you will have all new pink tissue growth. If there are any black spots in the tissue area re-apply, starting the process over again. You will have new skin growth over the area. We recommend you phone our office before starting this process. 307-266-5310