



**STRENGTH**

**FITNESS**

**PERFORMANCE**

★ **MAY 11TH - JUNE 29TH** ★

**\$150** **MONDAY** 7:15 - 7:45PM  
**SATURDAY** 9:00 - 10:30AM

**12**  
**SPOTS**  
**ONLY!**

ORGANIZED BY NC LEGEND STAFF AND CERTIFIED FITNESS TRAINER

★ **IMPROVE TECHNIQUES**

★ **GAIN STRENGTH, SPEED, ENDURANCE**

★ **BODY AWARENESS**



**SIGN UP TODAY!**

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