

Luann Simpson
Lsimp-
son.cpsat@gmail.com



Lynelle Saunders
Lsaunders.cpsat@gmail.com
262-989-2732



Who We Are

Compassionate Peer Support and Training, LLC is a Peer run organization dedicated to the principles, values and promotion of Peer Support. We provide support to individuals living with mental illness, emotional distress, trauma, and/or substance use from the lived experience perspective.

Compassionate Peer Support and Training, LLC strives to advance the profession and success of peer support by providing support, supervision, consultation, and training.

What We Believe

- ◆ Peer support should be available wherever mental health and substance use services are provided and should be embedded as a valuable addition to interdisciplinary care teams.
- ◆ The role of a peer supporter complements but does not duplicate or replace the role of therapists, case managers, and other members of the treatment team.
- ◆ The peer support relationship is built on mutuality, trust, and respect where choice is valued, recovery is modeled, and hope is fostered.
- ◆ Compassion and connection are vital for healing and survival.
- ◆ A good intentional peer support relationship has an ending.
- ◆ Peer support is effective in assisting individuals self-manage their overall wellness.
- ◆ Fidelity to the principles, values and role of peer support are essential to positive evidence based outcomes.
- ◆ Peer supporters are most successful when having regular connections to peer colleagues, therefore there should always be a minimum of 2 peer supporters in a program.
- ◆ Supervision, consultation, and organizational support are integral to a successful outcome and are a top priority in the peer workforce.

Support to Organizations

Through consultation, supervision, and training, we help agencies with the following areas:

- ◆ Planning and implementation of a Peer Support program
- ◆ Peer workers
- ◆ Training and education of peer workers, their supervisors, and their non-peer team members
- ◆ Ongoing support, supervision, or mentoring to peer workforce

By connecting with Compassionate Peer Support and Training, LLC, peer work is enhanced by:

- ◆ Peer roles true to peer support values, ethics, and scope of practice.
- ◆ A mentally healthy workplace
- ◆ A person-centered, recovery oriented system
- ◆ Support for peer workers to maintain their mental wellness.

Agencies enter into a partnership with Compassionate Peer Support and Training, LLC to provide anywhere from total program set up and implementation to bi-monthly supervision, staff training and consultation, or basic peer support.

We support peer workers in their roles

We work alongside peer supporters, their supervisors, and teams to strengthen the practice of peer support in every setting.

For a complete list of services and fee structure, please visit our website or call Lynelle for more information.