SUPPORT FOR INDIVIDUALS, FAMILIES, and AGENCIES



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WHO WE ARE

Peer run organization dedicated to the principles, values and promotion of Peer Support.

We provide peer counseling to individuals living with mental illness, emotional distress, trauma, and/or substance use from the lived experience perspective.

PEER SUPPORTERS

- Inspire hope and walk at your side on your journey of recovery.
- Provide support in identifying your goals, hopes, & dreams, and creating a road map for getting there.
- Provide education including coping skills, wellness, personal development and crisis planning.





- Program planning and implementation.
- Supervision of peer workers.
- Individual consultation to peer workers, case managers, vocational specialists, etc.
- Training and education of peer workers, their supervisors, and their non-peer team members