

Accepting new LMFT-A supervisees in the state of Texas!

About Me

I am licensed marriage and family therapist with supervisor designation in the state of Texas.

I currently work as a private practice therapist at **Floreecer Behavioral Health**. As a bilingual, BIPOC/latina therapist a large focus of my work is in de-stigmatizing and decolonizing the field of mental health.

My clinical/therapeutic approach is systemically approached, focusing on family therapy models and healing childhood trauma.

As a small business entrepreneur, I also provide mentorship and guidance on how to build and run your own practice.

Supervision Model

Values

- Culture and Diversity
- Accessibility
- Effective Communication
- Independent/Positive Learning
- Ethics
- Professionalism
- Entrepreneurship

Approach

- Family/Systemic
- Integrative Model
- Collaborative
- Solution-focused
- Regenerative
- Decolonizing/Indigenous/Spiritual



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📷 @floreecerbh

Education

2017 - Our Lady of the Lake University
San Antonio, TX

- M.S. Psychology
- Psychological Services for Spanish Speaking Population certificate

2015 - St. Edward's University
Austin, TX

- B.S. Behavioral Neuroscience

Experience

Floreecer Behavioral Health | March 2021 - Present
Owner/Psychotherapist

Capital Area Counseling | March 2022 - Present
Clinical Partner - Student Counselor Supervisor

Guardian House | March 2017-2023
Various Positions: Intern-Counselor

Center for Health Care Services |
March 2018-2019
Senior Care Manager