

Date: \_\_\_\_\_ Patient Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Last 4 SSN: \_\_\_\_\_

Male Female Employment Status: \_\_\_\_\_ Employer: \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Marital Status: Single Married Separated Divorced Widowed Spouse/Partner Name: \_\_\_\_\_

In a few sentences, please tell us what conditions you are seeking to be treated at our practice. Then, please put a number by them to indicate their priority with 1 being the biggest priority:

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Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Complete all the questions below. Failure to do so may result in a reschedule of your appointment.**

Describe your complaint: \_\_\_\_\_

Severity: \_\_\_\_/10 (10 being worst) History of: Dislocation Tear Surgery Replacement Fracture Break \_\_\_\_\_

Date of first onset: approx. \_\_\_\_\_ Believed to be caused by: \_\_\_\_\_

Since it started the problem has: gotten better gotten worse stayed the same

What makes it worse: Movement Pressure Other: \_\_\_\_\_

Circle what you have tried that has helped: Ice Heat Brace Injection Drug Physical Therapy Massage Other: \_\_\_\_\_

Circle what you have tried that has NOT helped: Ice Heat Brace Injection Drug Physical Therapy Other: \_\_\_\_\_

How would you describe the problem? Tight Sharp Achy Dull Burning Numb Shooting Throbbing Diffuse Tingling

What percentage of time are you in discomfort? 10 20 30 40 50 60 70 80 90 100

Have you seen another doctor for this problem? Y N If yes, Treatment recommended: \_\_\_\_\_

Treatment Received: \_\_\_\_\_ Date: \_\_\_\_\_ Doctor or facility name: \_\_\_\_\_

Have you received an MRI or Xray for this problem? Y N Date: \_\_\_\_\_ Doctor or facility name: \_\_\_\_\_

Has this problem caused you to: Gain weight, Fall, Nausea, Loss of quality of life Other: \_\_\_\_\_

**In order to properly assess your condition, we need to understand how** this problem affects your everyday life. Complete at least 2 of the questions below. Examples have been provided to help you; you may circle the examples if they apply.

Due to this problem:

- I am unable to \_\_\_\_\_ without discomfort for more than \_\_\_\_ minutes Examples: walk, stand, drive, sleep

- I am unable to reach \_\_\_\_\_

Examples: above my head, my back pocket, to put socks or shoes on, to put a necklace on, to bend over to pick something up

- I have difficulty: \_\_\_\_\_

Examples: Hold a pen, open a jar, write a check, opening the gas tank

- I have difficulty: \_\_\_\_\_

Pressing the gas pedal, turning to look both ways at an intersection, getting out of the car, going up stairs/ downstairs

- I have difficulty: \_\_\_\_\_

Examples: picking up a bag of groceries, using a ladder, mowing the lawn, cooking, cleaning

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Indicate which of the below you have, have experienced or have been diagnosed with:

<u>Eyes/Ears/Nose/Throat/Respiratory</u>	<u>Muscular Skeletal</u>	<u>Neurological</u>	<u>General</u>
Asthma	Muscle Aches	Headaches	Fatigue
Stuffy Nose	Bursitis	Migraines	Malaise
Shortness of breath / Wheezing	Arthritis	Dizziness	Weakness
Sore throat	Joint Pain	Numbness	Lightheadedness
Chronic Cough	Low Back Pain	Tingling	Irritability
Chest Congestion	Neck Pain	Pins/needles	Weight Gain
Frequent Sneezing	Wrist/Hand Pain	Fibromyalgia	Sleep Apnea
Itchy Watery Eyes	Elbow Pain	Neuropathy	Cancer
Drainage	Shoulder Pain	Alzheimer's	<u>Skin</u>
Earache Ear Infection	Hip Pain	Dementia	Growths
Itching	Knee Pain	Anxiety	Eczema
Hoarseness	Ankle/ Foot Pain	Depression	Rashes/ Sores
Macular Degeneration	Pain b/t shoulders	Mood swings	Un-healing wounds
Cataracts	Torn Muscle/Tendon	Seizure	<u>GenitoUrinary</u>
Glaucoma	Paget's Disease	Poor memory	Sexual Dysfunction
Cataracts	Torn Ligament	<u>Gastrointestinal</u>	Urinary Frequency
Root Canal	Joint Replacement	Bloody Stool	Bladder Leakage
Mercury Fillings	Spinal Fusion	IBS	<u>Immunology</u>
<u>Cardiovascular</u>	Spinal Implant	Constipation	Autoimmune Disease
Anemia	Spondylolisthesis	Diarrhea	Immunocompromised
Sickle Cell	Osteoporosis	Acid Reflux	Seasonal Allergies
Heart Disease	Restricted Motion	Chron's Disease	Recurrent Infections
High Cholesterol	<u>Endocrine</u>	Abdominal Pain	Allergic Reaction
Thrombosis	Hormonal Imbalance	<b>Office Use:</b>	
Anticoagulant Use	Thyroid Issues		
Palpations / Arrhythmia	Menopause		
Mitral Valve Prolapse	Ovarian Cysts		
Pacemaker	Hypogonadism		
Clotting Issues	Diabetes		
Heart Attack	Kidney Disease		
Abnormal Platelet Function	Liver Disease		
Coagulation disorder	Hot Flashes		
Varicose Veins	Low Libido		
Swelling of feet or hands	Hysterectomy	<b>Provider Review:</b>	
Chest Pain or Pressure	Heat/Cold Intolerance		
Shortness of Breath	Excessive Thirst	Other:	

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Previous Hospitalizations/Surgeries/Serious Illnesses	When?	Hospital, City, State
_____		
_____		
_____		

**Medications:** (include nonprescription)

Name:	Reason:	Frequency & Amount:	Prescribing Provider:
_____			
_____			
_____			
_____			
_____			

**Allergies** \_\_\_sulpha\_\_\_pork \_\_\_egg products \_\_\_feathers or avian (bird) proteins  
\_\_\_\_\_  
\_\_\_\_\_

**Social History:**

**Use of Alcohol:** How many drinks do you have in a week? \_\_\_\_\_

**Tobacco:** How Often do you smoke? \_\_\_\_\_ How many years ago did you start smoking? \_\_\_\_\_  
What kind of tobacco product(s) do you use? \_\_\_\_\_ Do you want to quit? Y N  
Have you smoked on a daily basis in the past? How many years ago did you quit? \_\_\_\_\_

**Use of Drugs** Never: \_\_\_\_\_ Type: \_\_\_\_\_ Frequency: \_\_\_\_\_

**Excessive Exposure** at home or at work to (circle): Fumes Dust Solvents Airborne Particles Noise

**Exercise** Type: \_\_\_\_\_ Frequency: \_\_\_\_\_

**Family Medical History:** Age Disease If Deceased, Cause of Death

Relation: \_\_\_\_\_  
Relation: \_\_\_\_\_  
Relation: \_\_\_\_\_