

Coaching Membership

Athletics NZ has two membership options for coaches; Community Coach Membership, and Accredited Coach Membership. Click [Coaching, Officials, Volunteers | Athletics New Zealand](#) to register for either of these options.

Community Coach Membership

Community Coach membership is open to anyone who coaches within our sport, including Foundation programme coaches, parent coaches and club coaches. The minimum requirements for membership are police vetting, signing and abiding by the Athletics NZ Code of Conduct, Introduction to safeguarding, and completing the Sport NZ Coaching Safety Net module. Community Coach Membership is free.

Being a coach member places you on our mailing list, meaning you will be made aware of development opportunities, and important updates from Athletics NZ.

Benefits of the Community Coach Membership are:

- Access to all Athletics NZ Member benefits (sponsorship deals and discounts)
- Added to mailing list to access information on upcoming opportunities.
- Endorsement from ANZ to gain CECS level 1 World Athletics coaching certificate (access to a ACE to sign off practical hours).
- Entry to Athletics NZ coach development and education opportunities

Accredited Coach Membership

Accredited Coach Membership is designed for coaches who are working with, or hoping to work with, athletes on the performance pathway. Accredited Coaches have successfully met the requirements as determined through an assessment of prior experience, prior learning and current competency. Accredited coaches have been vetted by NZ Police, completed education from Drug Free Sport NZ, and introduction to safeguarding, in addition to their athletics coaching experience and qualifications. Accredited Coach Membership is \$130 for 3 years, and a number of benefits accompany Accreditation.

All Accredited Coach applications are subject to meeting the criteria below:

- A coach who has been coaching athletics for 3+ years.
- A coach who has received athletics or other sport-related education (e.g. from Athletics NZ, World Athletics, other National Athletics Association or tertiary level)
- A coach who has coached athletes to junior or senior regional championship medals, and/or national championship representation
- Must be currently coaching within the sport

Some of the benefits of the Accredited Coach Membership are:

- Access to all Athletics NZ Member benefits (sponsorship deals and discounts)
- Added to mailing list to access information on upcoming opportunities.

- Endorsement to apply for CAD L2 (includes World Athletics CECS L2) programme.
- Entry to Athletics NZ coach development and education opportunities
- Free entry to Sir Graeme Douglas International and the National Track and Field Championships
- Free entry to Australian National Track & Field Championships
- Endorsed by Athletics NZ to attend Sport NZ, HPSNZ, Paralympics NZ and other relevant RST courses.
- Apply for Athletics New Zealand Team Coach positions
- Apply for Coaching Performance Enhancement Grants; Sport NZ, HPSNZ or Athletics NZ Coach development programmes;
- Apply for Prime Ministers Coaching Scholarships (ANZ-HPP Coaches only)
- The minimum requirements for the Community Coach membership are:
- Police vetting, required every 3 years
- Signing and abiding by the Athletics NZ Member Regulations and Code of conduct
- Signing and abiding by the Athletics NZ Child Safety guidelines
- Must complete the **World Athletics** [Introduction to Safeguarding](#) online module
- Benefits of the Community Coach Membership are:
- Access to all Athletics NZ Member benefits (sponsorship deals and discounts)
- Added to mailing list to access information on upcoming opportunities.
- Covered by [Athletics NZ Member Insurance Policy](#)
- Endorsement from ANZ to gain CECS level 1 World Athletics coaching certificate (access to a ACE to sign off practical hours).
- Entry to Athletics NZ coach development and education opportunities

• ACE (Athletics Coach Educator)

The next step in the coaching pathway is to become an “ACE” Facilitator (Athletics Coach Educator). An ACE’s role is to coach the coaches and are a vital part of our athletics community. To become an “ACE” facilitator email coaching@athletics.org.nz

Getting Started in Coaching

Coaching is a rewarding and enjoyable way to get involved, or stay involved in the sport of athletics, and as a sport we are very keen to encourage and support new coaches.

If you’re a parent, a former or current athlete, or just keen to get involved, the following are some suggested first steps;

- 1) Link up with a club; Coaches need athletes, and athletes are found in clubs! A great first step can be to link up with one of our clubs and let them know you are keen to begin coaching.
- 2) Register with Athletics NZ, either as a Community Coach, or an Accredited Coach; This will mean we can make you aware of development and education opportunities, and new initiatives.
- 3) Register for coaching courses – Become a ASB Get Set go & Run Jump Throw qualified coach and CAD level 1 qualified coach.
- 4) Keep learning! World Athletics have level 1/2/3 e-learning courses available for those who wish to increase their coaching capabilities so please visit their website for more details.

ASB Run Jump Throw

Is targeted at kids aged 7 to 11 and teaches the fundamental movement skills of running, jumping and throwing. The programme is based on the philosophy that the development of skills, in a fun, participant-centred environment is the key to participation. The emphasis is on the development of fundamental movement patterns specific to athletics. We understand that every setting is different. This programme is flexible and can easily fit into every delivery setting throughout New Zealand.

Run Jump Throw resources have been developed for coaches, parents and teachers to help assist delivery of a child-centred approach that meets the needs of all Kiwi kids.

A Foundation Programme coaches workshop takes approximately 3 hours and includes education on the three philosophies: the environment we create, maximum participation and understanding the participants, as well as the practical skills of the programmes and inclusion STEP training.

Coaching Athletic Development (CAD) Level 1

CAD is Athletics New Zealand's community-level coach education programme. CAD Level 1 teaches coaches the technical fundamentals of 11 athletics events and will help coaches to confidently coach athletics skills to Under 18 athletes.

The course bridges the gap between the Run Jump Throw Foundation Programme (target age 7 to 11) and competition-based athletics.

All CAD Level 1 event modules are delivered as practical workshops that take up to 2 hours. This includes time for participant assessment and observation by the Coach Educator. At the end of the course, coaches will be awarded a "CAD Level 1" certificate.

Level	Membership/Course	What level can you coach	Requirements
1	Community Coach Register HERE	Any level - beginning	• Police Vetting • Code of conduct • WA Safeguarding
2	Get Set Go/Run Jump Throw coach Find out more HERE	Fundamental coach for school/club nights (U16)	• All the above
3	Accredited Coach Apply HERE	Development coach – Team coach	• All the above • 3yrs coaching experience • Drug free sport
4	CAD level 1 View courses HERE	Event Specific (U20) – Specialising in events	• Police Vetting • Code of conduct • WA Safeguarding
5	CAD level 2 View courses HERE	Event Specific– Specialising in events	• Police Vetting • Code of conduct • WA Safeguarding • Completed CAD L1
6	ACE facilitator (RJT/CAD 1, CAD 2)	Coach the coaches	• All the above • Completed all CAD levels • Coach Development Course
7	WA e-learning courses More information HERE	Event specific (20+)	• Recommended the above • Online Modules, coaching evidence and exam through WA
8	HPSNZ programmes	High Performance	• Recommended all the above • ANZ-HP to recommend
9	HP-ANZ Coach	Employee/Contract/Teams	• Recommended all the above • ANZ to select

Master Trainer



ACE Trainers



Accredited Coach
Educators (ACE)



Accredited Coach



Community Coach



Athletes

