



ADULT BINOCULAR VISION / STRABISMUS / AMBLYOPIA QUESTIONNAIRE

Please fill out this questionnaire carefully and completely and bring it to your scheduled appointment.

Date: \_\_\_\_\_

GENERAL INFORMATION

Full Name: \_\_\_\_\_ Male  Female 
Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_
Home Address: \_\_\_\_\_
City: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Occupation: \_\_\_\_\_
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_
Contact email: \_\_\_\_\_

Alberta Health Care# \_\_\_\_\_

Were you referred to our office? Yes  No 
If yes, whom may we thank for this referral? \_\_\_\_\_ Phone: \_\_\_\_\_
Address: \_\_\_\_\_

What specific areas of difficulty does the individual referring feel you may be experiencing?
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

What specific problems are YOU noticing/observing?
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

How long has this problem/difficulty been observed? \_\_\_\_\_
What are you hoping to determine through this evaluation? \_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

MEDICAL HISTORY

List illnesses, bad falls, high fevers, chronic ear infections, hospitalizations etc:

Table with 4 columns: Age, Event, Severe / Mild, Complications

Are you generally healthy? Yes  No  If no, explain: \_\_\_\_\_
Are there any chronic problems like ear infections, asthma, hay fever, allergies? Yes  No 
If yes, please list: \_\_\_\_\_

Family Doctor (circle): \_\_\_\_\_ Date of most recent evaluation: \_\_\_\_\_
For what problem/condition? \_\_\_\_\_
Results and recommendations: \_\_\_\_\_

Current state of health (explain): \_\_\_\_\_
Medications currently using including vitamins and supplements: \_\_\_\_\_
\_\_\_\_\_

For what condition(s)? \_\_\_\_\_

Are you allergic to any foods or medications? Yes  No

If yes, please list: \_\_\_\_\_

Any history in your family of an eye turn resulting from a disease or other condition? Yes  No

If yes, please explain: \_\_\_\_\_

Was there any related trauma, disease, or condition that preceded or accompanied the onset of the eye turn? Yes  No

If yes, please explain: \_\_\_\_\_

Are you prone to infections? Yes  No

Are there any chronic problems like ear infections, asthma, hay fever, allergies? Yes  No

Has a neurological evaluation been performed? Yes  No

By whom? \_\_\_\_\_ Results: \_\_\_\_\_

Has an occupational therapy evaluation been performed? Yes  No

By whom? \_\_\_\_\_ Results: \_\_\_\_\_

Have you ever had a CAT scan or MRI? Yes  No  If yes, when? \_\_\_\_\_

Results: \_\_\_\_\_

**FAMILY HISTORY**

Is there any family history of the following? (please check if there is a history)

	<b>Patient</b>	<b>Family</b>	<b>Who</b>		<b>Patient</b>	<b>Family</b>	<b>Who</b>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	_____	Strabismus / crossed eye	<input type="checkbox"/>	<input type="checkbox"/>	_____
Multiple Sclerosis	<input type="checkbox"/>	<input type="checkbox"/>	_____	Amblyopia (lazy eye)	<input type="checkbox"/>	<input type="checkbox"/>	_____
Blindness	<input type="checkbox"/>	<input type="checkbox"/>	_____	Thyroid Condition	<input type="checkbox"/>	<input type="checkbox"/>	_____
Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>	_____	Cataracts	<input type="checkbox"/>	<input type="checkbox"/>	_____
High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	_____	Brain Tumor	<input type="checkbox"/>	<input type="checkbox"/>	_____
ADD / ADHD	<input type="checkbox"/>	<input type="checkbox"/>	_____	Learning Disability	<input type="checkbox"/>	<input type="checkbox"/>	_____
Other	<input type="checkbox"/>	<input type="checkbox"/>	_____				

If other, please explain: \_\_\_\_\_

If ADD/ADHD or a Learning Disability was diagnosed, who diagnosed it, how was it diagnosed and when?

**YOUR DEVELOPMENTAL HISTORY**

Premature birth? Yes  No

Did the mother experience any problems during the pregnancy? Yes  No

Normal birth? Yes  No

Any complications before, during or immediately following delivery? Yes  No

If yes, explain: \_\_\_\_\_

Were there ever any concerns regarding growth or development? Yes  No

If yes, explain: \_\_\_\_\_

**NUTRITIONAL INFORMATION**

Current Diet: Excellent  Good  Fair  Poor

Do you: like  (or) crave  sweets? Yes  No

Are there any indications that you have been exposed to any toxic substances or fumes? Yes  No

If yes, explain: \_\_\_\_\_

**VISUAL HISTORY**

**IF HAVE AN EYE TURN:**

At what age was it first noticed or suspected that an eye was turning? \_\_\_\_\_

Did the eye begin turning suddenly or gradually? \_\_\_\_\_

Does the eye turn in , out , up , or down ? (check all that apply)

Is the eye turn getting worse  or better  or is there no change ?

Is it always the same eye that turns? Yes  No  If yes, which eye? Right  Left

Is the eye turn always present? Yes  No

If no, under what conditions is it present? \_\_\_\_\_

Does the eye always turn the same amount? Yes  No

If no, explain: \_\_\_\_\_

Do you notice if the eye turns more when you look:

Up close? Yes  No

In the distance? Yes  No

To your left? Yes  No

To your right? Yes  No

Up? Yes  No

Down? Yes  No

Does one pupil ever appear to be larger than the other? Yes  No

Do you ever notice one or both eyes shaking rapidly? Yes  No

**PRESENT SITUATION**

<b>Do you experience any of the following?</b>	<b><u>Yes</u></b>	<b><u>No</u></b>	<b><u>If yes, when?</u></b>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	_____
Blurred vision	<input type="checkbox"/>	<input type="checkbox"/>	_____
Double vision	<input type="checkbox"/>	<input type="checkbox"/>	_____
Eyes tired	<input type="checkbox"/>	<input type="checkbox"/>	_____
Eyes hurt	<input type="checkbox"/>	<input type="checkbox"/>	_____
Motion sickness / car sickness	<input type="checkbox"/>	<input type="checkbox"/>	_____
Frequent styes	<input type="checkbox"/>	<input type="checkbox"/>	_____
Red or bloodshot eyes	<input type="checkbox"/>	<input type="checkbox"/>	_____
Watery eyes	<input type="checkbox"/>	<input type="checkbox"/>	_____
Bothered by light	<input type="checkbox"/>	<input type="checkbox"/>	_____
Closing or covering an eye to see better	<input type="checkbox"/>	<input type="checkbox"/>	_____
Need to hold paper close when reading/writing	<input type="checkbox"/>	<input type="checkbox"/>	_____
Head tilt	<input type="checkbox"/>	<input type="checkbox"/>	_____
Confusion of letters or words	<input type="checkbox"/>	<input type="checkbox"/>	_____
Skipping or omitting words	<input type="checkbox"/>	<input type="checkbox"/>	_____
Loss of place when reading	<input type="checkbox"/>	<input type="checkbox"/>	_____
Need to use finger to keep place	<input type="checkbox"/>	<input type="checkbox"/>	_____
Poor reading comprehension	<input type="checkbox"/>	<input type="checkbox"/>	_____
Comprehension decreases over time	<input type="checkbox"/>	<input type="checkbox"/>	_____
Write or print poorly	<input type="checkbox"/>	<input type="checkbox"/>	_____
Fatigue easily	<input type="checkbox"/>	<input type="checkbox"/>	_____
Difficulty with short term memory	<input type="checkbox"/>	<input type="checkbox"/>	_____
Difficulty with long term memory	<input type="checkbox"/>	<input type="checkbox"/>	_____
Short attention span / lost of interest	<input type="checkbox"/>	<input type="checkbox"/>	_____
Difficulty attending to details	<input type="checkbox"/>	<input type="checkbox"/>	_____
Poor / awkward general motor coordination	<input type="checkbox"/>	<input type="checkbox"/>	_____
Poor fine motor coordination	<input type="checkbox"/>	<input type="checkbox"/>	_____
Difficulty judging distances	<input type="checkbox"/>	<input type="checkbox"/>	_____
Difficulty driving	<input type="checkbox"/>	<input type="checkbox"/>	_____
Dislike / avoid sports	<input type="checkbox"/>	<input type="checkbox"/>	_____
Difficulty hitting or judging moving targets during sports	<input type="checkbox"/>	<input type="checkbox"/>	_____

List any other complaints you have concerning your vision: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you feel your vision hinders your daily activities in any way? Yes  No   
If yes, explain: \_\_\_\_\_  
Do you feel your vision limits your potential in any way? Yes  No   
If yes, explain: \_\_\_\_\_  
\_\_\_\_\_

**PREVIOUS TREATMENTS**

Have you had a previous vision examination? Yes  No   
If yes, Doctor's Name: \_\_\_\_\_ Date of last visit: \_\_\_\_\_  
Reason for examination: \_\_\_\_\_  
Results and recommendations: \_\_\_\_\_  
\_\_\_\_\_

Were glasses, contact lenses or other optical devices recommended? Yes  No   
If yes, Glasses: bifocal  single vision   
Contact lenses   
Other  Explain: \_\_\_\_\_

Do you use them? Yes  No   
If yes, when? \_\_\_\_\_  
If no, why not? \_\_\_\_\_  
Does the eye turn less when the prescription is worn? Yes  No  Unsure   
Have you been told that you have amblyopia (lazy eye)? Yes  No   
Has there been any treatment using an eye patch? Yes  No   
If yes, please describe when the patching was started, how the patching was done, including the age it started, the eye patched, the duration of treatment, and an estimate of the results: \_\_\_\_\_  
\_\_\_\_\_

**PREVIOUS SURGICAL TREATMENT:**

Has there been any surgical treatment? Yes  No   
If yes, please describe the surgery, including the age surgery was performed, the number of operations, the eye(s) operated on, and an estimate of the cosmetic and subjective results: \_\_\_\_\_  
\_\_\_\_\_

Was the surgeon satisfied with the results? Yes  No  Explain: \_\_\_\_\_  
\_\_\_\_\_

Were you satisfied with the results of the surgery? Yes  No  Explain: \_\_\_\_\_

Have surgical results been maintained? Yes  No  Explain: \_\_\_\_\_  
\_\_\_\_\_

**PREVIOUS VISION THERAPY:**

Has there been any visual therapy? Yes  No   
If yes, Doctor's name: \_\_\_\_\_  
Please describe the type of visual therapy, including duration, the age at which it started and an estimate of results: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you here for a second opinion regarding surgery or other treatment? Yes  No

**VISUAL BEHAVIORS**

Does you often cover one eye when looking at near objects? \_\_\_\_\_ If so, which eye? \_\_\_\_

Does you have a noticeable head tilt? \_\_\_\_\_

If so, to which side? \_\_\_\_\_ When was this first noticed? \_\_\_\_\_

Does you tend to look at objects mostly out of one eye? \_\_\_\_\_

If so, which eye? \_\_\_\_\_ When was this first noticed? \_\_\_\_\_

Do you tend to twist or tilt your head toward a book or object so as to favor one eye? \_\_\_\_

If so, which eye is closer to the object of regard? \_\_\_\_\_

When was this first noticed? \_\_\_\_\_

Does you often squint or close one eye when viewing objects? \_\_\_\_\_

If so, which eye? \_\_\_\_\_ When was this first noticed? \_\_\_\_\_

Does you blink or squint excessively? \_\_\_\_\_

When was this first noticed? \_\_\_\_\_

Does you rub your eyes during or after short periods of reading? \_\_\_\_\_

**COMPUTERS**

Do you use a computer in your work, school, or leisure time activities? Yes  No

If so, indicate the types of computer work you perform:

- Word processing
- Programming
- Data entry
- Internet
- Games / leisure activities
- Research
- Other (explain): \_\_\_\_\_

How many hours do you spend in front of a computer screen each day? \_\_\_\_\_

How many hours do you spend in front of digital devices (including smartphones/tablets)? \_\_\_\_\_

How do your eyes feel after working at the computer? \_\_\_\_\_

Where is the top of the screen located?

- Above your straight-ahead eye level
- At eye level
- Below eye level

What is the distance from: Your eyes to the screen? \_\_\_\_\_

Your eyes to the keyboard? \_\_\_\_\_

Your eyes to your source documents? \_\_\_\_\_

Where is the computer screen located?

- Directly in front of you when seated
- To your right
- To your left

Where are your source documents located?

- Directly in front of you when seated
- To your right
- To your left
- Flat (horizontal) or vertical

Do you experience any of the following lighting problems in your work area?

- Glare from windows or other light sources
- Reflections on your computer screen
- Difficulty reading source documents

Do you wear glasses, contact lenses, or other optical devices for computer work?

- Glasses
- Contact lenses
- Other (explain): \_\_\_\_\_

Please describe any problems you have with your vision, current glasses or contact lenses for computer work:

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**EMPLOYMENT OR SCHOOL**

Current position: \_\_\_\_\_ Major course of study: \_\_\_\_\_

How many hours daily do you spend at a desk? \_\_\_\_\_

How many hours daily do you spend reading or studying? \_\_\_\_\_

How many hours do you spend working at near distances? \_\_\_\_\_

Do you feel you are achieving to your potential in work or school? Yes  No

Do you feel you are getting adequate return for the amount of effort you put into a task? Yes  No

If no, please explain: \_\_\_\_\_

Does your work or course of study demand comprehension from the written word? Yes  No

Describe briefly your daily activities at work or in school: \_\_\_\_\_

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**HOBBIES / SPORTS**

Describe the types of activities that comprise the majority of your leisure time: \_\_\_\_\_

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Do you watch TV? Yes  No

If yes, how many hours per day? \_\_\_\_\_

Are you seriously involved with athletics? Yes  No

Do you feel you are achieving up to your potential in sports/athletics? Yes  No

Of all the sports you have played:

List the ones in which you excel: \_\_\_\_\_

List the ones in which you do poorly/avoid: \_\_\_\_\_

Do you feel your vision limits or prevents you from participating in any activities? Yes  No

If so, explain what and how: \_\_\_\_\_

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**IS THERE ANY OTHER INFORMATION THAT YOU FEEL WOULD BE HELPFUL/IMPORTANT IN OUR EVALUATION / TREATMENT?**

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## RELEASE OF INFORMATION

**It is often beneficial for us to discuss examination results and to exchange information with other professionals involved in your care. Please sign the below to authorize the release of information.**

I agree to permit information from, or copies of, my examination records to be exchanged with other health care providers when it is necessary for the treatment of my visual condition. If I was referred by an optometrist, I agree to allow Dr. Neufeld send the referring optometrist a summary of the results of the testing along with recommendations given. This authorization shall be valid for the duration of treatment.

\_\_\_\_\_  
Signature or Authorized Representative

\_\_\_\_\_  
Date

Thank you for carefully completing this questionnaire. The information supplied will allow for a more efficient use of time and will enable us to perform a more comprehensive evaluation and to better meet your specific visual needs.

Results will be provided verbally after the evaluation. No written report is included in the evaluation fee. Should a written report be requested, a fee for the time to compose the report will be charged based on the Alberta Association of Optometrists fee guide for detailed letter/report (per hour). Any such requested written reports may take 4-6 weeks.

Please be on time for your examination so that we will have the maximum opportunity to evaluate your visual status. We ask that you find alternate arrangements for looking after any other children (to prevent unnecessary distractions). Please ensure that you have a good night's sleep the night before the appointment and have had something to eat prior to the appointment so hunger will not be a distraction. We are looking forward to meeting you.

For more information on visual training, visit [www.calgaryvt.com](http://www.calgaryvt.com), [www.visiontherapy.com](http://www.visiontherapy.com)

**Please Initial here \_\_\_\_\_ to confirm you have read these forms and filled them out to the best of your knowledge.**

Sincerely,

Brent W. Neufeld, O.D.  
Clinical Director  
[www.calgaryvt.com](http://www.calgaryvt.com)  
<https://www.facebook.com/pages/Calgary-Vision-Therapy/335004866603062>

**All appointments with Dr Neufeld (binocular coordination / strabismus / amblyopia evaluation) is at the Eye Live office: 346, 100 Auburn Meadows Drive SE Calgary, AB T3M 2G5 403-719-5483**

**Any recommended Vision Therapy services will be at the Calgary Vision Therapy office: 130, 4000 Glenmore Court SE, Calgary, AB T2C 5R8 403-242-1800**