



DON'T WORRY

[Intro]

Have you ever felt really sad? (yep)
And have you been scared to tell someone? (sometimes)
Well don't worry
We all get sad sometimes
But what I like to do
I like to share with my friends and family (that's a good idea)
And they always make me feel better
So, don't worry

[Chorus]

Don't worry if you're sad
You can tell your mom and dad
And they'll help you shake the bad

Don't worry if you're sad
You can tell your teachers and your friends
And they will understand

Don't worry if you're sad
You can tell your sister and your brother
Because that's what they're there for

Don't worry if you're sad

Don't keep it to yourself
Always tell someone

[Verse #1]

Sometimes everybody feels sad
You're not alone
You're not alone
You can always talk to someone

So don't be afraid
To ask for help
Don't be afraid
Don't be scared

Because there will always be someone there for you
You're not alone



[Chorus]

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And they'll help you shake the bad

Don't worry if you're sad
You can tell your teachers and your friends
And they will understand

Don't worry if you're sad
You can tell your sister and your brother
Because that's what they're there for

Don't worry if you're sad

Don't keep it to yourself
Always tell someone

[Verse #2]

Whenever I'm feeling mad or sad
I will talk to my mom and dad
I will talk to my granny and my grandad
I will talk to my friends and my teachers
And they will always listen
And they will always help

So don't be afraid
To ask for help
Don't be afraid
Don't be scared

Because there will always be someone there for you
You're not alone

[Chorus]

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