

Elderly Nutrition Program



FOOD - FUN & FRIENDS - PLAY BINGO

**Monday's
Seniors
BINGO**



**IN PERSON LUNCH AVAILABLE :
Independence Park Seniors Club
(1st entrance into the park from New York Ave. and Adams St.)**

ATTENTION! SENIORS RESIDENTS AT ESSEX COUNTY

The Seniors Club program offers regular activities including

LUNCH AT 12:00PM, 5 DAYS PER WEEK AND BINGO THAT IS HELD EVERY MONDAY

The group also meets once per month to plan additional events and activities.

ATLANTIC CITY TRIP ONCE IN A MONTH, JOIN US!

WHO CAN APPLY?

- Residents who are 60 or older, Blind or Permanently disabled
- Please contact Mrs. Mary Azagra to fill out an application at site or call (973) 589-9261