



INFORMATION ON SESSIONS

Prince Albert & Area Teachers' Association Teacher Convention 2025

eventbrite

Registration will be OPEN:
March 10th (8AM) until March 12th (8PM)

INSTRUCTIONS FOR REGISTERING FOR SESSIONS:

Please go to: <https://paataconvention2025.eventbrite.ca>

You will need to register for 2 sessions total.

Session 1 Options are from 1:00PM to 1:45PM

Session 2 Options are from 2:00PM to 2:45PM

****Ticket = Session on Eventbrite*

*Please make your 2 selections
of tickets and continue by clicking Register.*

SESSION 1 OPTIONS

1:00 to 1:45 PM

PRESENTER	SESSION NAME	Description	Room
Shelley Moore (Keynote Speaker)	S1(A) Supporting One, Supporting All: Collaborative classroom support models for inclusive classrooms	The Inclusive planning process aims to situate Disability as an identity, not a deficit, and so to determine what supports and strategies students require, teams are shifting to look at needs, instead of disabilities, as a reference point. In this way, planning for inclusive classes can be universal, and anticipate the needs of everyone in a community. In this session, we will connect to Universal Design for Learning principles and look at how we can plan for a student with a disability, in ways that can support many students in a classroom. (Max 75)	R100 Learning Commons (Library)
Ted Zurakowski (STF-SAS)	S1(B) STF 101: What Does Your Federation Do for You?	What does the STF do for me? As a member of the Federation, you have access to many programs and services, including advice and assistance, teacher professionalism, pension, benefits and collective bargaining. Learn about what we have to offer and how to make the most of your membership. (NO LIMIT)	Cafetorium



Meredith Rhinas (STF-SAS)	S1(C) Safe and Inclusive Learning Environments: Dealing with Difficult Situations/Issues	We all strive for a safe and inclusive learning environment. But what do we do when we are facing difficult situations? Learn about the rights and responsibilities regarding safety in the workplace, trends in education and how a safe school environment is a shared responsibility. This session will also look at several scenarios and discuss how to address difficult situations in the workplace. (NO LIMIT)	Lecture Theatre R200
Michelle Grigg (STF-Pension & Finance)	S1(D) Are You Financially Healthy?	When was the last time you checked your financial health? This session will explain why financial health is important and provide some tools to help participants assess their current financial well-being. Participants will also learn a few tips on how to ensure a financially healthy retirement. (NO LIMIT)	CPAC
Sask Code: Curtis Clements and Bill Fahlman	S1(E) AI Helping Teachers Teach	Artificial Intelligence is a transformative tool that can revolutionize teacher practice. In this session, we will explore the many ways in which AI can enhance teaching, improve student learning, and streamline administrative tasks. Tools that we will introduce you to include: <ul style="list-style-type: none"> • Multiple Choice Quiz Generator • Video Summarizer • Video Question Generator • Rubric Generator • Unit and Lesson Plan Generator • AND MORE (MAX CAPACITY: 36)	B115
The Wandering Metis (Jason McKay)	S1(F) The Wandering Metis: His Story	My story as The Wandering Métis as a storyteller/storykeeper in Saskatchewan for our Métis people. (MAX CAPACITY: 36)	B109
Brooke West	S1(G) Metis Jigging	Learn the foundational steps and experience the joy of this traditional dance that celebrates Métis heritage and community in Prince Albert. Connect with local traditions and embrace the lively spirit of Métis culture through music and movement. (MAX CAPACITY: 25)	GALLERY
Danny Bond & Reed Whitrow	S1(H) Pickleball Training	SRPSD instructors Daniel & Reed lead this comprehensive introduction to Pickleball, covering the fundamentals of the game, including rules, techniques, and necessary equipment. Participants will gain valuable insights into this rapidly growing sport, learning from experienced instructors who bring both passion and expertise to the court. Additionally, local club members will join the session to assist with instruction, ensuring a well-rounded learning experience. (MAX CAPACITY: 36)	Red Gym G105



Elder Liz Settee	S1(I) Medicine Wheel & Self-Care	Join Elder Liz Settee as she shares the teachings of the Medicine Wheel and its four quadrants. Through traditional wisdom, she will guide us in understanding how balance within ourselves fosters healthier relationships. This session offers insight into maintaining harmony in daily life, nurturing well-being, and strengthening our connections with others. (MAX CAPACITY: 36)	B117
Colette Daelick	S1(J) Tech Help You Can Use Right Now	Teachers needing a personal assistant is nothing new but with the appearance of AI, we are one step closer! Whether for planning, assessing or adapting, there are tools available that can save you time. We will look at the Chrome Extension Brisk as well as at tools like Diffit. I am a high school teacher but these tools are applicable to all grades. Do you have a great tool you use? Be prepared to share! This will be an interactive session if possible. Feel free to bring your computer to play along. Chromebooks will also be available. (MAX CAPACITY: 30)	R210
Steven Korecki & Veronica Stewart	S1(K) Math for every Mind	Seek strategies to pinpoint the performance level of your students, design a plan and monitor opportunities for growth through joyful and meaningful math strategies. (MAX CAPACITY: 25)	B214
Cassandra Friesen	S1(L) Setting up Play and Exploration Time in the Early Years Classroom	Tips and tricks for setting up play and exploration time in the early years classrooms, both French and English. If you are looking to incorporate play-based and inquiry-based learning for the first time or if you are looking for new fresh ideas to change it up. Explore ways to increase engagement, curiosity and ownership in learning by creating student-centred exploration areas based on curricular outcomes and student interest. (MAX CAPACITY: 25)	École Vickers Public School (2800 Bradbury Drive) Room #1
Ever Active Schools (Louise McClelland)	S1(M) Building Resilience: Social Emotional Learning and Self-Regulation in Today's Classroom	Join us for a dynamic workshop to build a foundation of resilience in your classroom and empower your students to succeed academically and emotionally. Through interactive games and activities, you will gain practical tools and techniques to support students' social-emotional and self-regulation skills. (MAX CAPACITY: 36)	B222
Jodi Honch	S1(N) Yoga: Vinyasa Flow	A gentle flow class where you will align various postures (poses) to the flow of your breath. The class will begin with an intention setting and breathwork (pranayama). Once the breath is moving freely and with purpose, you will be guided to explore various	White Gym 2nd Floor G200



		standing and reclining postures, in sequence, to connect body, mind and spirit. This class will be gentle, and will focus on all areas of the body; you will leave feeling refreshed and energized. This class would be beneficial to anyone wanting to step away from the business of the day (of the mind) and connect to the subtleties of the breath and body. All levels and experiences are welcome. (MAX CAPACITY: 30)	
Jeri McKelvie	S1(O) Prince Albert Historical Museum Educational Opportunities	The Prince Albert Historical Museum has much to offer you and your students from pre-K to grade 12. We have ready-to-go tours, customized tours, in-class or museum presentations, the Travelling Museum Suitcase Program, camps, Jr. Historical Society and online resources. Take a behind-the-scenes tour in the Bill Smiley Archives or Artefact Storage and learn how to do research. Discover the "ologies" that work together to help us discover the stories of Prince Albert. We have volunteer opportunities for your students as well. We have hosted Pre-K to Grade 12 and adult learners of all ages. (MAX CAPACITY: 25)	B223
Kay Minielly	S1(P) Relax and Release with Yin Yoga	Yin Yoga is a practice that allows the body to release tension in the joints and connective tissues by reducing muscle involvement and holding poses for a longer period. Yin Yoga is usually practiced "cold", meaning without warming up, and encourages connection to the breath and stilling of the mind. If you've ever wanted a chance to sink deeper into your poses while releasing the feeling of being "stuck", this class is for you. (MAX CAPACITY: 30)	Gold Gym B113
Teacher Work-Time	S1 Teacher Work-Time	Working at your school in your classroom. If you have plans to meet with another teacher and work collaboratively, please inform your principal. Teachers out of town will have a designated space to work in at Carlton. (NO LIMIT)	Your Classroom Carlton Space: B219



FULL AFTERNOON SESSION OPTIONS

1:00 to 3:15 PM

PRESENTER	SESSION NAME	Description	Location
Kent Arpin, Chad Basaraba & Laren Ball	FA(1) Fish On!: Connecting Land-Based Studies to the Curriculum on the Ice	The afternoon session will address the cultural significance of ice fishing and the various skills required to harvest freshwater fish. Species identification, traditional and modern fishing techniques will be discussed as well as knife work and safety. Participant will be required to have their own fishing licenses or status card and tackle. Ice shelters are welcome. This session will be weather permitting. (MAX CAPACITY: 50)	Candle Lake (Contact Presenter for precise location) karpin@srsd119.ca
Fr. Harry Salahub And Gwen Clyke	FA(2) Jubilee Year: A pilgrimage to visit Sacred Heart Cathedral and St. George Ukrainian Catholic Church	Since it is a Jubilee Year in the Catholic world, we are planning to have a pilgrimage, starting at Sacred Heart Cathedral and then at St. George Ukrainian Catholic Church. The session would include an overview of the Jubilee year and the importance of pilgrimages. Then an all-access tour of the church followed by a reflective time. Then we would travel to the second Church and repeat the process. (NO LIMIT)	Contact the Presenter for a precise location. More information to come. harrold.salahub@pacsd.ca gwen.clyke@pacsd.ca

SESSION 2 OPTIONS

2:00 to 2:45 PM

PRESENTER	SESSION NAME	Description	Room
Shelley Moore (Keynote Speaker)	S2(A) Designing for Diversity: Considering inclusive frameworks to plan for all	How we understand inclusion is shifting. Rather than trying to include a few students who are different, we are striving to teach TO the difference. In this kick-off session, we will look at how we can integrate multiple inclusive frameworks that might guide collaborative planning teams to design for diversity, rather than retrofit for deficits. (Max 75)	R100 Learning Commons (Library)



Ted Zurakowski (STF-SAS)	S2(B) STF: Teacher Professionalism	Teachers often hear the term “professionals 24/7,” but what does that entail? This interactive session will ask participants to unpack the meaning of being a member of a professional organization. Teachers will be invited to consider how they would respond in different real-life scenarios while adhering to our professional codes and standards. This session can serve as a great review for members with extensive experience or a learning opportunity for those new to the profession. (NO LIMIT)	Cafetorium
Meredith Rhinas (STF-SAS)	S2(C) Safe and Inclusive Learning Environments: Dealing with Difficult Situations/Issues	We all strive for a safe and inclusive learning environment. But what do we do when we are facing difficult situations? Learn about the rights and responsibilities regarding safety in the workplace, trends in education and how a safe school environment is a shared responsibility. This session will also look at several scenarios and discuss how to address difficult situations in the workplace. (NO LIMIT)	Lecture Theatre R200
Michelle Grigg (STF-Pension & Finance)	S2(D) Are You Financially Healthy?	When was the last time you checked your financial health? This session will explain why financial health is important and provide some tools to help participants assess their current financial well-being. Participants will also learn a few tips on how to ensure a financially healthy retirement. (NO LIMIT)	CPAC
Sask Code: Curtis Clements and Bill Fahlman	S2(E) AI Helping Teachers Teach	Artificial Intelligence is a transformative tool that can revolutionize teacher practice. In this session, we will explore the many ways in which AI can enhance teaching, improve student learning, and streamline administrative tasks. Tools that we will introduce you to include: <ul style="list-style-type: none"> • Multiple Choice Quiz Generator • Video Summarizer • Video Question Generator • Rubric Generator • Unit and Lesson Plan Generator • AND MORE (MAX CAPACITY: 36)	B115
The Wandering Métis (Jason McKay)	S2(F) The Wandering Métis: His Story	My story as The Wandering Métis as a storyteller/storykeeper in Saskatchewan for our Métis people. (MAX CAPACITY: 36)	B109
Brooke West	S2(G) Metis Jigging	Learn the foundational steps and experience the joy of this traditional dance that celebrates Métis heritage and community in Prince Albert. Connect	GALLERY



		with local traditions and embrace the lively spirit of Métis culture through music and movement. (MAX CAPACITY: 25)	
Danny Bond & Reed Whitrow	S2(H) Pickleball Training	SRPSD instructors Daniel & Reed lead this comprehensive introduction to Pickleball, covering the fundamentals of the game, including rules, techniques, and necessary equipment. Participants will gain valuable insights into this rapidly growing sport, learning from experienced instructors who bring both passion and expertise to the court. Additionally, local club members will join the session to assist with instruction, ensuring a well-rounded learning experience. (MAX CAPACITY: 36)	Red Gym G105
Tricia Lucyshyn	S2(I) Following Their Voices VERSO Tool: How AI Can Enhance Teacher Pedagogy	Join us for an insightful session on integrating AI tools to enrich teaching practices, and teacher competence, and foster student engagement. This workshop will explore the VERSO tool within the Following Their Voices initiative, showcasing how AI can support teachers in creating more inclusive and effective learning environments. Participants will gain hands-on experience and practical strategies to bring back to their classrooms. Please bring your laptops (MAX: 30)	Room B204 (Please bring your laptops)
Ever Active Schools (Louise McClelland)	S2(J) Play is for EVERYBODY- Teaching through Equity, Diversity & Inclusion	This interactive workshop is designed to equip educators with the tools and insights needed to promote equitable, inclusive, and accessible physical activity opportunities for all. We will explore the essential values and principles that underpin our "Play is for EVERYBODY" framework. Participants will discover how to create a sense of belonging by removing barriers, offering choices and emphasizing opportunities for participation. (MAX CAPACITY: 36)	B222
Jodi Honch	S2(N) Yoga: Nidra	Yoga Nidra is a guided meditation that allows you to find a deep state of rest. Yoga Nidra is often referred to as 'yogic sleep' or 'awakened sleep,' and it is said that a 1-hour practice of Yoga Nidra is equivalent to a 3 hr nap. If you are feeling exhausted, disconnected or overwhelmed, this may be just what you need. If you are looking for an experience that can improve memory and spark creativity, this practice will also be of benefit. The first part of class will be spent talking about what to expect throughout the practice and then we will take the time to make sure that you are as comfortable as possible. Once your Nidra Nest is set up, all you need to do is listen to the sound of the guiding voice. As the nervous system begins to relax, your body temperature will lower; it is advised to dress in layers and bring a blanket and pillow. (MAX CAPACITY: 36)	White Gym 2nd Floor G200



Teacher Work-Time	S2 Teacher Work-Time	<p>Working at your school in your classroom. If you have plans to meet with another teacher and work collaboratively, please inform your principal. Teachers out of town will have a designated space to work in at Carlton. (NO LIMIT)</p> <p>Your Classroom</p> <p>Carlton Space: B219</p>
-------------------	----------------------	---