

Updated: 2/11/21	Could you see a new client on a weekly basis? If not, how often?	Do you take insurance? If so which one(s)?	Do you see clients from 3pm on or on weekends?	Do you see kids/ adults or both?	Do you have specialization/ experience with any special populations?	Which which modalities of therapy do you feel most skilled?	Where is your practice located?	If you aren't already, when you you anticipate seeing clients in person?	Contact Information
The Artful Life	Yes	BCBS, Tufts Commercial, Tufts Public (some therapists), Allways, Harvard Pilgrim, United Healthcare, Aetna (soon all therapists will accept but can do OON for now), Cigna (only OON)	Yes after 3pm and limited availability on Saturdays	We have therapists who work with children as young as 3, all children, teens and adults)	We have therapists with a range of specialties that include: Autism Spectrum Disorders and Early Childhood	EMDR, Expressive Arts Therapies, Reiki, Hypnotherapy, CBT, DBT, IFS and ARC	Salem MA	We have a hybrid approach of virtual and reduced capacity for in-person	www.artfullifecenter.org
Cassie McCarthy	Yes	No	Evenings; no weekends	18+	Yes, I work predominantly with women who have experienced sexual or relationship violence. I specialize in PTSD.	I provide Cognitive Processing Therapy (CPT) which is an Evidence-Based Practice for PTSD	All services are conducted via telehealth so I can see people across the state.	n/a	www.CassieMcCarthy.com
Kevin Reddall	No... maybe once a month to start then every two weeks after that	BCBS, Tufts Commercial, Allways, Harvard Pilgrim, United Healthcare,	Available from 3pm on. No weekends	Adults and kids age 6 and older	Couples, families	CBT, mindfulness, narrative therapy, anger management, assertiveness training	Melrose, MA	Currently telehealth only. No set date for return to in-person	www.reddallpsychotherapy.com
Kerri Morrison	Yes	No I provide a hand written itemized bill receipt for clients to submit. I have a 3-tiered sliding scale.	I work M-F, 11am-8pm currently. No weekends.	I see people from all age spans. In my private practice I have worked with as young as 6 y/o and as mature as 87 y/o.	Highly Sensitive Person (HSP)/ Empath traits. Multicultural sensitivity, Experience working with gay and lesbian clients. Clients with ADHD, individuals, couples, and families.	Energy Psychology, reiki, positive thinking, mind-body-spirit awareness, Emotional Freedom Techniques (EFT) tapping, Internal Family Systems, Law of Attraction, Perfect-Fit-Partner dating	Newburyport, MA	BOTH in-person AND virtual sessions based on client preference.	kerri.info@awakenhcs.com
David Hefland	Yes	BCBS	General hours 10-5 M-Th, private retreats on weekends.	I work with adolescents, family and couples.	Couples	Neurofeedback and brain mapping, short term focused work	Fully Licensed in Vermont & Massachusetts. Services Available Throughout the U.S.	I anticipate being Telehealth until 2022.	www.LifeWiseVT.com
Karen Hruska	Yes	BCBS, Tufts and ALWAYS/Optum plans	M-F 8-5	Adults only	Individuals with trauma	Executive coaching, Trauma informed treatment, Mindfulness, spirituality	Newburyport, MA	May, 2021	Karenhruska1@gmail.com

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Marian Vance	Weekly	I prefer BCBS.	Wednesdays at 3pm. Thursdays at 9am. Tuesdays at 4pm.	I work with adults and late teens.	Couples work	Couples therapy	Beverly, MA		mvance@bcs-llc.org
Barbara Devine									bdevine0003@verizon.net
Kellyanne Langdon	Yes	No but can provide invoices for reimbursement for OON benefits. Sliding scale available.	Can see clients after 3 pm. No weekends	Teens and adults	Trauma and spirituality	Psychoanalysis, DBT, CBT, mindfulness	Brookline, MA	Currently in person	kellyannl@counselorandhealer.com
Jen Zaniboni	Weekly or biweekly	No	No	Age 17 and up	Couples, college students, adults	CBT, relationship/ family issues, couples, individuals, divorce	Newburyport, MA	Unknown	zaniboni@comcast.net
Emily Randall	Do you see kids/ adults or both? 17 and up and adults	BCBS only	after 3pm is usually booked, but yes, I offer those times. Weekends no.	adults only (18 and up)	25 years' experience, psychodynamic focus but no particular areas of focus. I welcome queer people and those in nontraditional relationships.	psychodynamic, CBT. Eclectic approach.	Arlington, MA	Unsure	emily.randall.licsw@gmail.com
Shaw Tilton		BCBS, Optum, Allways, HPHC, Tufts Commercial, Aetna, Cigna	No weekends. Some late appts but generally not available	14 years and up	Trauma	IFS, EMDR	Boston and Newburyport, MA	Fall 2021	shaw@shawtilton.com
Mary Walters	Yes	No	No	Both	OCD and related disorders, anxiety disorders, BFRBS, LGBTQ, couples (especially polyamory and non monogamy), gender issues, college age	ACT, ERP, imaginal scripts, psychodynamic, poly couples, parent coaching	Fully virtual	Fully virtual	www.ocd-therapy.com
Bob Kaufman									313-438-8188

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Megan Sasso	I am able to see clients biweekly	I accept BCBS & Tufts Commercial	I have a few openings from 3pm on.....	18 and older	I work/specialize in Couples work; EFT; Intimacy; Recovering from Infidelity. Also Substance Use & Substance Use in the Family; Other Addictive Behaviors	Most skilled in Couples EFT; SUD-Harm Reduction, Motivational Interviewing, CBT.	Beverly MA	Yes; once vaccinated I plan to be back in my office FT. Mid-March or so?	www.meghansasso.com
Stephanie Lucero	yes- one to two spots open	BCBS	Yes, 3 pm onwards	young adults- 16 years or older for females and males. Female clients 30 and up	anxiety and depression	CBT, DBT, psychodynamic	Melrose, MA, Wellesley, MA	Telehealth now, perhaps in summer for in person. Don't have all in-person time slots	stephanielucero2@gmail.com
Katherine Ryan	Yes	YES, most... I do not accept Aetna, Cigna or American Behavioral.	Yes, my last appointment is 6:30 PM Mon, Tues, Wed & 5:30 on Thurs, no weekends	Both, but, right now I am limited to telehealth and have restricted new clients to adults only	Anxiety, Depression, Grief, Trauma	CBT, CPT, humanistic, motivational interviewing	Topsfield, MA	March... Criteria: 7 day average of positivity is =< 2%	www.harmonycounseling.biz
Jessica Leavell (pediatric neuropsychologist)		No			Consultation services including educational and neuropsychological consultation and second opinions.	Currently providing 2nd opinions, document reviews and planning, developmental consultation.	Bedford, MA		Dr.JessicaLeavell.com
Alisha Moquin	Yes, weekly	Private pay/OON now, BCBS and Optum in the future (I'm in the process of paneling now)	No	15 and older	Teens, young adults, trauma	TF-CBT, psychodynamic	Stoneham, MA	Currently in person. Telehealth also offered	www.cognizantcounseling.com