

THE WORKER SISTERS OF THE HOLY SPIRIT



BULLETIN



THE WORKER BROTHERS OF THE HOLY SPIRIT



SEEKING GOD/OUR JOURNEYS
October 2025

Bulletin Cover - "Post Rain" Photo by Lenore-Baeli Wang, WSHS

Lenore states " I don't think I've ever received a gift greater than God-made nature.

Community Communication Contacts:

Prayer Requests and Thankgivings for the monthly Bulletin - email Erin Diericx, WSHS, emdeerx@gmail.com, or see green sheets for her mailing address.

Changes of address, phone numbers, email addresses - email Sr. Shirley Evangeline at sr.shirleyevangelinpace@gmail.com or Marilyn Propp at proppjones@gmail.com or see green sheets for mailing addresses.

Urgent Community Prayer Requests for email distribution – email or call Sr. Kathleen Rachel (srkathleenrachel@gmail.com) or Sr. Wendy Samuel (srwendysamuel@gmail.com)

Financial Contributions –

Members residing in the U.S., make checks payable to WSHS/WBHS and mail to:
Sr. Nancy Teresa, WSHS, Treasurer, United States, 12900 Glenwood Street, Apt. 108, Overland Park, KS 66209

If you pay any bills through your bank, you can easily send your contributions to WSHS the same way. Use the address above to send your check. You can make a one-time payment or a recurring payment. If you have questions, your bank will be happy to help you. And - you don't need any postage!

Members residing in Canada, make cheques payable to WSHS/WBHS and mail to Br. David, WBHS, Treasurer, Canada. 2170 Preston Road, Cavan Monaghan, Ontario, K9J 0G5 Canada

Contributions to Haiti Clean Water Project – This project has been discontinued until the situation in Haiti is resolved.

Problems Receiving your Bulletin - If you are not receiving the monthly Bulletin (by regular mail or by email), please email or **call Sr. Christine, not Trina.** Thank you.

If a friend expresses interest in WSHS/WBHS, remember to direct them to our website, www.workersisters.org, www.workerbrothers.org

Web Addresses: workersisters.org workerbrothers.org	
THE WORKER SISTERS AND BROTHERS OF THE HOLY SPIRIT	
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CALENDAR

**CORPORATE COMMUNIONS
REGIONAL GATHERINGS
October 2025**

Below is a list of the monthly Regional Gatherings and Corporate Communion. Meetings are open to all members (Sisters, Brothers, Workers, Companions, Friends and Applicants). If you are interested in attending an online Regional Gathering, please contact the Zoom Host and she/he will add you to the group's email list.

Regional Zoom Gatherings

October 25, 2025

Eastern Regional USA & Southern Regional USA	Br. David, WBHS, brdavidwbhs1@gmail.com	1:00 PM ET
Central Regional USA	Sr. Catherine Marie, WSHS, sr.catherine.marie@gmail.com	2:00 PM CT
Western Regional USA	Sr. Wendy Martha, WSHS, wguyton17@gmail.com	10:00 AM Arizona Time

In-person Corporate Communion

Pleasant Hill, Tennessee	Sr. Janeen Julian, WSHS	TBD
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REGIONAL GATHERING/CORPORATE COMMUNION DATES

*****NOTE DATE CHANGE from 4th Saturday to 3rd Saturday in December 2025**

October 25 • November 22 • *December 20**

Chapter In-Person Meeting – Oct. 2-5, 2025 at Conception Abbey

Call to Prayer. Please remember our Community in prayer twice a day 8:00 AM and 5:00 PM in your time zone and pray for World Peace at Noon.



**8:00 AM - Prayer for our Community
12:00 Noon - Prayer for World Peace
5:00 PM - Prayer for our Community**



COMMUNITY CHANGES

Please make the following alterations to your Green Sheets:

Green Sheets/Photo Directory

You are encouraged to explore our WSHS/WBHS website. Check it out!

- Go to www.workersisters.org
- Centered above the group photo are the words:
HOME WHO WE ARE COMMUNITY LIFE MORE
- Click on the word MORE. That will show another list of options.
Click on MEMBER PAGES (the last option.)
- When it says to sign into your account,
REMEMBER to sign in as: wshs.wbhs@gmail.com
- If you don't remember the password, please contact Sr. Christine.

Reminder to Sisters, Brothers and Workers

1. Please email your entire "Yellow" letter to your Cluster Leader including Prayer Requests, Recommendations and News Notes.
2. Email a copy of only your Prayer Requests, Thanksgivings and News Notes to:
Erin Diericx, WSHS emdeerx@gmail.com
Her mailing address is: 1204 North Prospect Avenue,
Lecanto, Florida 34461

Reminder to Companions and Friends

Send your responses to the Friends and Companions Corner to:
Marya Pohlmeier, Companion, maryalovestravel@gmail.com
1677 Mount Vernon Drive, St. Charles, MO 63303



COMMUNION OF SAINTS**Remembering Sr. Linda Thomas
April 27, 1950 – May 15, 2025**

I miss knowing that you are with us still – miss knowing that I can pick up the phone and plan lunch or a get-together. We have so many great memories together, trips to Sr. Margie's with overnights. All the antique mall shopping you and she did together. Remember some of our great finds?

And then I asked you if you would go to Cornwall with me and you said yes to Cornwall and also to a pilgrimage to Iona and Lindesfarne. I was so pleased to be able to share my Cornish family with you which was a bonus. You took hundreds of pictures of my family, almost as many as of the seagulls that were everywhere, flocking, flying and snatching the food right out of our hands. Such good memories of the trips over and back, the funny times in between. I will always remember your first experience in London. Do you remember the hookah pipes? You never knew a stranger. We had so many wonderful run-ins with all we met because you were so open and eager to meet others and share new experiences.

Remember our train trip from the most westerly station in Cornwall, (12 hours in all) all the way to Edinburgh. And then the next day our all-day bus trip through the Hebrides in Scotland with a wonderful Irish guide and on to Lock Ness and beyond, learning more than we ever knew about Mary Queen of Scots. This day ended with a meal at an authentic Scottish restaurant where we shared among other things, Haggis, the national dish! I remember you hated it and I ended up eating part of yours so they wouldn't be insulted.

Remember the two huge Cornish pasties we ate after one of our first arrivals in Cornwall? I think we split a bottle of wine left by our landlord, followed by a huge Cornish pasty each, and then 8pm bedtime. We were both up wide awake at 2am

on US time. I'll always remember your Cornish hat that was one of my favorite things you wore. Your laughter was so full and hearty that it felt good just to hear you. It was so much fun to travel with you and you were like a sister to me, we shared some serious moments that were wonderful but most of all I remember the laughter. Thank you for being in my life. *(Sr. Nancy Clare)*

My husband and I met Sr. Linda Thomas when she was Linda Fricke, before she became part of the WSHS/WBHS Community, at All Saints in Kansas City, around 1980. We had just been married and needed furniture. Linda had a dining room table in her garage, so we drove to her house and picked it up. That table was with us for many years, and Linda became a fast friend. She was young, had longish dark hair, and laughed a lot. I always loved seeing her at Retreat and when I think of her, I always see her laughing. *(Marily Propp, WSHS)*

I will miss Sr. Linda Thomas' beautiful smile and always cheerful attitude. My favorite memory is one very early morning at Retreat, I discovered she had her own personal coffee maker and because she and Br. David were early risers she would make them each a coffee and they would settle down for a lovely early morning chat. When I would meet her in the coffee room I told her how envious I was that she had her own personal coffee maker in her room because I also was up well before 6:30. When the weekend was over she came to me and presented me with her coffee maker to take home as she said goodbye. I couldn't take the coffee maker because I literally couldn't add another thing to my luggage or carryon but I will never forget her love and generosity to someone she really didn't know all that well. We would meet every year for several years and I looked forward to see her smile, receive a hug and hear her laughter once again! I am positive the heavens ring with the sound of her laughter as everyone stops, smiles and fondly say, "There goes Sr. Linda!" Missing you Sister Linda. *(Sr. Wendy Samuel)*



SPIRITUAL SHARING

I was blessed just before this with the Native American retreat held in Carefree. It was a spiritual journey as we revised our plans and approach to supporting our Native Americans. Our society still has so much to learn and accomplish as we finally move forward with those whom we have pushed aside for so many centuries. Having worked with Native communi-

ties in Oregon and have had close Native friends, many prayers are now being addressed on how to support these communities in our state. Still I personally pray for forgiveness and respect for their communities as we move forward.

Where to start? I'm on overload, and for all I accomplish in a day, I never finish anything that really matters to me. You know the old motivational story about putting stones in a jar? If you put the big ones in first, the small ones will filter down around them and everything fits. If you put the small ones in first, the big ones sit on top and the lid won't close. Well, the small ones are constant, demanding, and usually urgent. I'm Martha, "distracted by many things," while Mary sits with Jesus.

I feel helpless in the face of all the horrible things that are happening in our world today. I know I'm invisible to the people who hold power. So I make it a point to be pleasant to the people I interact with here and now. (I remember our own dear Sr. Beverly Edith, who told me "I always give them something because I don't know who that is.") I also make a constant effort to reduce my own footprint on the earth: recycling, composting, shopping locally, sharing what I can. And praying.

I found a quote from Mother Teresa of Calcutta: We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop. By doing "small things" with intention, we can be an example to others. Bravo to those who add their small drop of positive influence into the world.

We each must seek God in our own way and the journey can be difficult and slow. However, we try to go forward trusting in Jesus to show us the way and to lead us forward.

I've been working part time and have had a lot of hospice cases, which I love. I try to bring my light and hopefully the light of Christ into my work. I have also been fortunate to actually witness that light when someone passes. The phrase "the peace that passes all understanding" is especially important to me and I try every day to bring that into my work and life.

The book that I always take with me in medical waiting rooms is a beautiful little addition of the Dharmapada. I decided to do a Lectio on a random passage and see what I came up with. The passage that stood out for me is: "Aware and with mind well freed." What is the passage calling me to do? At my age this is some-

thing of a necessity as aging seems to be a slow process of having to let go, and resisting it is painful and impossible. However, I need to find ways of being involved with the world around me while not being overwhelmed by it. For me the best way to do that is to take breaks in nature, meditation people, art and religion. These are the ways I will try to improve and perhaps get a little closer to “a mind well freed.”

... beauty must indeed have been healing. I felt this energy myself when I walked on the cliffs of Cornwall. It was invigorating and life enhancing, truly an energy that made me feel alive and vibrant. It enabled me to truly live in the present moment, which when I am able to do this is always healing and wondrous. Too much of my time is spent in the past and future. Mindfulness is so important and in nature one is seemingly more able to be present in the moment.

You have been doing a good bit of self-care and I am glad to hear about that. You remind me that I need to do a bit more of that myself. Interesting that the thing that has helped bring me joy and restore my energy the last three days has been digging in the dirt. Yup. I've been digging up the one flower bed by my drive, saving the bulbs and tubers and getting rid of the weeds and grass. Very satisfying and a reminder that I do like doing garden stuff. (Even if I have to do some restorative yoga for the older body afterwards!) The change to cooler weather earlier in the week also made this activity doable.



FORMATION AND TRAINING

Seeking God: Our Journeys
By
Janine Robbins, WSHS



Janine, WSHS, lives in Owensville, Missouri. She was admitted as a Lay Worker in April 2024.

I got “saved” at a young age, 8 or so. I understood that you had to ask Jesus into your heart or you would go to a very bad place.

When I was a teenager I got baptized and confirmed into the Episcopal Church. But when I moved out on my own, church just didn’t fit my life; or for that matter, I believed that Jesus wouldn’t live in my heart due to all the things I was doing, lots of sinning.

I drifted back and forth with Him as part of my life, then back out of my life.

I was really angry at God for a long time because of the evil that my dad did all my life until I moved away. I couldn’t reconcile evil in the world with a “loving God.”

Well after all the drama was out of my life, I read a book called Love Walked Among Us by Paul E. Miller. I could see Jesus in a different light and I fell in love with him. I wanted to know the Bible, I wanted to know about what the world was like when he walked it. I couldn’t get enough, and I was spending the 14 hours a day driving a semi-truck to listen to the Bible, sermons from pastors I knew and new ones I didn’t know. I just had a unquenchable hunger and thirst for Jesus.

I looked around at my life, where I had been, and where I was, and it was my gratefulness that really drew me in.

It was just me and God in my truck for 5 or 6 years and then I realized I needed friends who I could talk to about all the stuff Jesus was doing in my life. He took the desire for drugs from me. Then alcohol was next, then cigs and then sex. I'm still working on food. I stayed with my God mom from November 2019 to Christmas of that year. She is a deacon in the Episcopal Church. I went to church with her every Sunday and then to a contemplative prayer group she led at midday, midweek.

I intended to get back into a church, and we googled Episcopal churches near me. She picked between the two closest, and I've been going there five years now!

And then the Holy Spirit led me straight to WSHS. The story doesn't end there, I believe it is just getting started!

Thank you so much Janine, for sharing your views and very personal journey with your Community on this month's theme.

Questions for Reflection

Please remember it is not necessary to answer all of the questions. Choose one or two that speak to you and perhaps you would like to share.

1. In Janine's early life she was shown a Christian faith that was filled with much fear, which meant she was "saved" but somehow still needing to earn her way into God's loving embrace. It didn't help that her father was unable to support her in a loving way.

Think about your first encounters with Jesus. How did your church & home culture influence how you first met Jesus? Most of us, even from very supportive homes, had a bit of fear that we weren't good enough. What was your experience when you first began your journey?

2. Janine speaks of falling away and going a different direction. This happens in large and small ways to most of us.

Did you experience a time of "walking away" or deciding you didn't need Christ in your life, that Jesus wasn't relevant to everyday life? Most of us have periods that are dry or we go through some depression. How were you able to get "back on track"? What helped or what hindered this process of "coming home?"

3. Janine speaks of a particular book that changed the way she saw Jesus and as a result she “fell in love” with Jesus and the scriptures came alive to her and she hungered for more.

Are you able to relate to this experience of Janine? To a time, maybe early on your journey, when you were drawn strongly to all things related to your faith journey, especially scripture?

Spend a few minutes journaling about this time. What were your feelings and attitudes and actions during this meaningful time? What gifts were manifesting in your life and what changes were made possible by this important relationship with Jesus?

4. Janine said “It was just me and God in my truck and then I realized I needed friends who I could talk to about all the stuff Jesus was doing in my life.” Christians are not meant to be alone on their faith journey. We often hear God’s word through the other and in community with others. The important others in our lives often support and encourage us to stay on the journey?

Reflect about the “others” in your life who have been there for you at crucial times in your journey? How did they support or encourage you? Or give honest feedback that you needed? Have you been there for others in this same way?