

**THE WORKER SISTERS OF THE HOLY SPIRIT**



# **BULLETIN**



**THE WORKER BROTHERS OF THE HOLY SPIRIT**



**SEEKING GOD/OUR JOURNEYS**  
**January 2025**

**Community Communication Contacts:**

**Prayer Requests and Thankgivings for the monthly Bulletin** - email Erin Diericx, WSHS, emdeerx@gmail.com, or see green sheets for her mailing address.

**Changes of address, phone numbers, email addresses** - email Sr. Shirley Evangeline at sr.shirleyevangelinpace@gmail.com or Sr. Christine at casturges@gmail.com or see green sheets for mailing addresses.

**Urgent Community Prayer Requests for email distribution** – email or call Sr. Kathleen Rachel (srkathleenrachel@gmail.com) or Sr. Wendy Samuel (srwendysamuel@gmail.com)

**Financial Contributions –**

Members residing in the U.S., make checks payable to WSHS/WBHS and mail to:  
Sr. Nancy Teresa, WSHS, Treasurer, United States, 12900 Glenwood Street, Apt. 108, Overland Park, KS 66209

**If you pay any bills through your bank, you can easily send your contributions to WSHS the same way. Use the address above to send your check. You can make a one-time payment or a recurring payment. If you have questions, your bank will be happy to help you. And - you don't need any postage!**

Members residing in Canada, make cheques payable to WSHS/WBHS and mail to Br. David, WBHS, Treasurer, Canada. 2170 Preston Road, Cavan Monaghan, Ontario, K9J 0G5 Canada

**Contributions to Haiti Clean Water Project – This project has been discontinued until the situation in Haiti is resolved.**

**Problems Receiving your Bulletin** - If you are not receiving the monthly Bulletin (by regular mail or by email), please email or **call Sr. Christine, not Trina.** Thank you.

**If a friend expresses interest in WSHS/WBHS, remember to direct them to our website, [www.workersisters.org](http://www.workersisters.org), [www.workerbrothers.org](http://www.workerbrothers.org)**

**Web Addresses: [workersisters.org](http://workersisters.org) [workerbrothers.org](http://workerbrothers.org)**

**THE WORKER SISTERS AND BROTHERS OF THE HOLY SPIRIT**

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**CALENDAR**

**CORPORATE COMMUNIONS  
REGIONAL GATHERINGS  
January 2025**

Below is a list of the monthly Regional Gatherings and Corporate Communion. Meetings are open to all members (Sisters, Brothers, Workers, Companions, Friends and Applicants). If you are interested in attending an online Regional Gathering, please contact the Zoom Host and she/he will add you to the group's email list.

**Regional Zoom Gatherings**

**January 25, 2025**

Eastern Regional USA & Southern Regional USA	Br. David, WBHS, brdavidwbhs1@gmail.com	1:00 PM ET
Central Regional USA	Sr. Catherine Marie, WSHS, sr.catherine.marie@gmail.com	2:00 PM CT
Western Regional USA	Sr. Wendy Martha, WSHS, wguyton17@gmail.com	10:00 AM AZ Time (10AM MST, 11AM CST, 12PM EST)

**In-person Corporate Communion**

Pleasant Hill, Tennessee	Sr. Janeen Julian, WSHS	TBD
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**REGIONAL GATHERING/CORPORATE COMMUNION DATES**

**\*\*\*NOTE DATE CHANGE from 4th Saturday to 3rd Saturday in May & Dec 2025**

**January 25 • February 22 • March 22 • April 26 • \*\*\*May 17 • June 28 • July 26 • August 23  
September 27 • October 25 • November 22 • \*\*\*December 20**

**Chapter Meets Online: January 8, 2025 @ 1pm EST**

**Retreat Dates: APRIL 24 – 27, 2025 at Mercy Center**

**Call to Prayer.** Please remember our Community in prayer twice a day 8:00 AM and 5:00 PM in your time zone and pray for World Peace at Noon.



**8:00 AM - Prayer for our Community  
12:00 Noon - Prayer for World Peace  
5:00 PM - Prayer for our Community**

**COMMUNITY CHANGES**

*Please make the following alterations to your Green Sheets:*

**INTRODUCING NEW WSHS/WBHS CANADIAN VISITOR  
BISHOP RISCYLLA SHAW**

With the help and guidance of the Holy Spirit, we are pleased to introduce our new Canadian Visitor Bishop: Riscylla Shaw.

Bishop Riscylla Shaw is a suffragan (assisting) bishop in the Diocese of Toronto.

With Red River Métis family roots, Bishop Riscylla grew up on a small farm, learning from the land. She attended the University of Toronto, where she completed undergraduate studies in French and the humanities and earned a Master of Divinity from Wycliffe College in 1999. Following a few years of youth ministry, she was ordained deacon and then priest in 2001. She has lived and served in the parishes of Maple, Minden-Kinmount and Bolton, all in the Diocese of Toronto.



Ordained bishop on Jan. 7, 2017, her ministry has been inspired by Desmond Tutu with the South African Truth and Reconciliation Commission. She has served as a witness and an Ambassador for the Anglican Church for Canada's National Truth and Reconciliation Commission (TRC). She serves on the Jubilee Commission and was a member of the Primate's Commission on Discovery, Reconciliation and Justice that produced the award-winning film *Doctrine of Discovery: Stolen Lands, Strong Hearts* as part of its reconciliation mandate. She is a contributor in the publications *Decolonizing Discipline* – a call to implement TRC Call to Action 6, and *Faith As Protest: Answering the Call to Mend the World*.

Riscylla is connected into justice work and ecumenical community building and is actively involved in working with the National Indigenous Anglican Church in rec-

conciliation. On a personal note, she is married to her beloved friend and husband of more than 27 years, has two young adult children and two little dogs, loves fresh air and the northern lights. On her sabbath leave this past year, she studied the Gospel and culture with - and deepened friendships with the Māori Anglicans in New Zealand; connected with our Anglican siblings in Hong Kong and walked the Camino del Norte, in Spain.

Bishop Riscylla has oversight of the North and East archdeaconries.

We pray that God will bless this new relationship with Bishop Riscylla for many years as we welcome her into the Worker Sisters and Brothers of the Holy Spirit Community with open arms, warm heart and a sharing of love of worship and fellowship for our Community, each other, and our God. Amen.

A Note from Sr. Deborah, WSHS: We are certain Bishop Shaw was answering the call (through our Prayers) to be our Bishop Visitor. On November 19, 2024, I was at a lunch at my Parish where Bishop Shaw was meeting with the congregation as part of the Church's help to come to terms with the tragic death of Pastor Martin. As I introduced myself to the Bishop, Bishop Shaw asked, "Who is your Community's Bishop Visitor?" My response was that we are praying for one right now.

On the spot, Bishop Riscylla responded that she could be our Visitor Bishop. We made eye contact and I felt a connection. Sister Wendy Samuel and I have met with Bishop Shaw by Zoom and will be meeting in person early in 2025. We feel it is an exciting relationship and connection to our Community and look forward to having Bishop Shaw as our Visitor Bishop and Friend.

Here is the Bishop Riscylla's information for your Green Sheets:

**NEW FRIEND – The Rt. Rev. Riscylla Shaw, Friend, WSHS**

The Rt. Rev. Riscylla Shaw, Bishop Visitor Canada

135 Adelaide Street East

Toronto, Ontario M4C 1L8

Business Phone: 1-800-668-8932

Email: rshaw@toronto.anglican.ca



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**FROM YOUR DIRECTORS****RETREAT BROCHURES COMING!**

Retreat 2025 will be held at **Mercy Center, St. Louis, Missouri, April 24-27, 2025**. Brochures will be mailed to you soon. Please note that this year, there will be only one Registration fee per person. All accommodations and meals will be paid for by the WSHS/WBHS Community. Plan now to attend!

Remember, all Sisters, Brothers, Workers, Companions and Friends are invited! We hope to see you there!

**2025 WSHS/WBHS PLEDGE**

I have been thinking recently about how many times and in how many ways our Community touches my life. Recently I was in a group and we were asked what we desired from life. The most common reply was "connection." Another word for that is "community." Our connection would include our families, our communities, and even the world. We want to know how someone else 'sees' us. Someone 'hears' us. Someone 'cares' about us. And we want to be able to do that for others.

Then I started thinking about the ways I find community. Near the top of my list is WSHS/WBHS. As your treasurer I receive notes of thanks, encouragement and messages of 'keeping in touch' each month from members sending in their contributions. And, of course, there are the responses to my letters from my cluster leader. Being fortunate to celebrate with members on Zoom is truly a gift to me as well.

And, of course, personal contact with WSHS/WBHS members is at the top of my list.

One of our members who is permanently isolated from us physically, has said that if she weren't a member of our community, she would experience a loss. Her connection is mostly through prayer, Zoom, and occasional visits from members.

I believe it is also true that one of the ways we connect is by sharing some of our resources in the form of a pledge to WSHS. This is a very physical connection. It says, in effect, as I live my life I remember and am thankful for our community.

**TO ENTER YOUR PLEDGE COMMITMENT TO WSHS/WBHS:**

Email your treasurer: nancybrooks40@gmail.com or  
Text your treasurer: 913-638-3208 or  
Call your treasurer: 913-638-3208

Be sure to note the amount of your contribution and  
if this amount is monthly, quarterly, or yearly.

*Blessings to each of you on your journey!*  
*Sr. Nancy Teresa, WSHS Treasurer*

**Request for Contact Names and Numbers**

Dear Community,

At our annual "in-person Fall Chapter meeting," we discussed the need to be able to contact a person in our Community who may not be able to respond because of health emergencies.

We want to have, on file, Contact information for every one of our members. This person can be your next of kin, a close friend or your pastor/priest.

Kindly email the following to: Sister Deborah strdeb555@gmail.com

Send postal mail to: Sr. Deborah, 711 McMurtry Rd, Midland, On L4R 0B9

**INCLUDE**

Your name  
Name of Contact Person  
Relationship to you  
Contact email address  
Contact phone number

Please let that person know you have given permission for them to be contacted in the event we are unable to contact you through any other means.

Please note this information will not be shared to the whole Community. It will be held by the Directors for use only when other avenues are exhausted.

Thank you



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## COMPANIONS AND FRIENDS CORNER

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**Let us Companions and Friends pray for our Community.  
Holy Spirit, may your Breath be breathed into every member of  
The Worker Sisters and Brothers of the Holy Spirit. Amen  
Blessed New Year of 2025**

Our Theme for this year is **SEEKING GOD – OUR JOURNEYS**

We will take this year to open our hearts to recognizing our own journeys and let God lead us to be open to others' journeys, though they be the same/similar as mine or perhaps very different.

Each of us, Friends and Companions, are asked to ponder how God has led each of us on our journey to God and to share a bit of that with one another through this quarterly column and our Pentecost Letter so that we might grow in knowing, loving, caring, respecting, valuing one another. This is especially valuable since we are not in much direct contact with face-to-face sharing other than our annual Retreat. If I could put in a plug, try your darndest to come to an annual Retreat every once in awhile if not annually. In keeping with the theme for this year, I'll start us out sharing part of my journey to God.

### **Marya's Lifetime Seeking God's "others"**

My journey with God began 80 years ago, a few hours after my birth at home in Nebraska. It being 2:00am and a SUNDAY, dad wrapped me up that afternoon in the December cold, took me to church where I was baptized ... the usual custom in those days in a farming community. That set me on my journey with God. If my invitation to live with Christ came through baptism the day I was born, then

God was invested in me and I in God. Consider Matthew's gospel begins with a Joseph's dream to take Mary and follow the prophet who said the child would be named Emmanuel, "God with us," and Matthew's gospel ends with Jesus telling his disciples, "I am with you always." My life has been a series of realizations that God is with me. God is always there telling me, "I'll go with you today, into whatever is part of your day for today."

### **Travel**

My first vacation was in my 40's. Three friends and I drove to the Southwest. Made a retreat in the desert and then vacationed on the way back. Probably my first introduction to another culture unknown to me in person until then. I can still see the Caucasian shop owner being just plain nasty to the Native American woman who had to come in bringing her husband's beautiful artwork, being made to grovel and beg for the owner to pay a pittance only to turn around and reap a huge profit from the sales. I can still see the Native American woman on the side of the road with her two little children playing in the dirt and frying bread dough in order to support her family. Two cultures, one privileged, one not. Here was God walking with me as I was instilled with a nagging sense of injustice. Interestingly, it would carry me into a new world some 10 years later. Me taking God with me into state prisons to bring God's love to the men there during weekend retreats, each Fall and each Spring.

### **Other Believers**

For nearly 40 years, a Women's Interfaith Conference is held in St. Louis inviting women of all faiths to spend a day together. I participated in this conference whenever I could for several years. I met ladies who followed faiths I had never heard of (Baha'i) and ones I was fairly unfamiliar with (Islam, Sunni Islam ... even Jewish though it's our heritage as Christians). There was a focus for each year. The one that touched me was the one with a panel of women from different faiths each telling about the "saints" of their faith. To my surprise, one lady, I believe a Muslim, shared about Mary Magdalene. A change took place in me to accept that there are multitude of ways God can walk with each of us, some we share and some we do not, but God walks with each of us. In smaller prayer groups following the conference, one that I joined near my home and work in St. Peters, I learned of persecutions suffered by each faith, both in their history and in the present time. I learned to treasure some of the ways other faiths prayed,

sacrificed, went on pilgrimages. Certainly was the beginning of accepting men of all faiths in prison and being open to their journeys of prayer and meeting God.

### **Pilgrimages**

Just this Fall, I have been privileged to travel on two pilgrimages with parishioners from my parish. In September, 15 of us traveled with our retiring pastor, Fr. Don, to Spain and Lourdes. In November, 12 of us from our parish traveled with our associate pastor, Fr. Joe, and Deacon Jorge and his wife to Mexico City. Pilgrimages are more than simple travel. We went not as tourists, but pilgrims. So many things touched me as a pilgrim, but several stand out. I especially was touched by the Benedictine Monastery of Montserrat way up on a mountain in northeastern Spain. We stayed overnight there right next to the monastery. The fog rolled in thick as could be in early evening. Hearing the monastery bells call us to prayer in the fog, I found God in making our way through the thick fog to pray with the monks and the youngsters in choir robes. Never mind that it was all in Spanish, we were connected to our God beyond words and language. And the fog was totally gone at sun-up. The opposite experience of fog I have here at home. God is surprising, but always present, especially in hindsight.

Also in Spain our bus traveled the Camino (Way) from France through the Pyrenees to the final destination in Santiago. Though we didn't walk the whole Camino as did the 7000 others who arrived the same day and had their certificates stamped, I was blown away by 7000 being a typical number who arrive daily, when in the 1980's the Camino experience had nearly died down to nothing. However, ONE man, living high in the terrain along the way thought it was terrible that people would no longer pass by his village and see the miracle of the Eucharist there and the interior miracle of what happens to those who walk the Camino, that he began a one-person campaign to bring back the Camino interior experience. Wow, if one man could inspire what turns out to be 7000 in one day, what can each of us do for our God and Savior?

I have to save my Guadalupe experiences for another time! Plus many other God experiences! Now it's your turn to spend the year with our theme and write about it.

Send to Marya Pohlmeier [maryalovestravel@gmail.com](mailto:maryalovestravel@gmail.com)  
1677 Mount Vernon Drive, St. Charles, MO 63376  
To chat about something: 636-284-9784




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**SPIRITUAL SHARING**

I do give thanks several times each day, for things great and small. Worker Sisters and Brothers is always included. Compared to most lives, I've had it fairly easy, with a family that has always been dedicated to each other (at least in my generation). Sure I've faced challenges, as you are aware, and they've affected me strongly, but God has been merciful.

\*\*\*\*\*

Community is essential for us as children of God and the fact we have Worker Sisters and Brothers of the Holy Spirit is a blessing pressed down and overflowing.

\*\*\*\*\*

I like feeling connected to God through the branches. The more I can let myself "be" present, the more I can be filled. It is easy to cut ourselves off from the Vine especially when times are difficult. The hope I see in this is that we grow most from the challenges. None of us want it to work that way, but it does. And when we come back, we have new spiritual depths within ourselves because God keeps working when we feel we are 'far away.'

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I keep you in my prayers, and God nudges me when I forget and carries all of us. I do love that description from Deuteronomy (33:27a) "underneath are the everlasting arms." May they carry us from everlasting to everlasting.

\*\*\*\*\*

One of my greatest recent lessons has been my participating more frequently in some 'deep silence.' It can be difficult at first because our minds wander, but I find as I practice it, my mind settles more quickly. There are times when I believe I am fully quiet (for a short time).

\*\*\*\*\*

I find I am calling on God more frequently and that is always a good thing.

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I took the time to read, meditate, pray and contemplate on the WSHS community prayer this month. What a strong reminder of the vine and the branches of God and us! I think I will ask myself, from time to time, am I being a strong branch?

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I liked the reminder of our connection to the Vine and to the Father. As I become increasingly more "out of the picture", I am NOT out of contact with God! I can still be of service despite what is happening to me, because my connection to

the Vine will give me what is needed for me to serve and like you, I really like to remember that abiding (in the Vine) is what it is about. When I don't abide everything is more difficult; when I abide things seem to flow and there is more patience, more love, etc.

\*\*\*\*\*

It is important to find temperance or moderation in everything that you do. So many people indulge in the wrong foods too often. I think temperance could be life-saving. As a nation, we need to learn moderation without going too far in one direction.

\*\*\*\*\*

When I receive a negative answer to something I hope to do, I try and resign myself to the fact that there is something better for me on the horizon.

\*\*\*\*\*

I fear for our country during this time and worry what the future will hold for us and our children. Please God, keep us in your loving arms.

\*\*\*\*\*

This morning, in church, an alternative creed which used the words 'we believe and trust.' I will be thinking about this for the coming few days. I have also been thinking again about humility. I am now reading Joan Chittister's book, 'The Rule of Benedict' for the third time, going back to the beginning from 1 September. It is now about how the leaders of a monastery should behave and all through Joan Chittister's comments, I see how much we need to be humble. While I have been "shedding" stuff I have here, I need to shed ego and to take time to step back from stuff and things, the way Jesus did when he 'doodled' in the dust before answering the Pharisees' questions re: the treatment of the woman caught in adultery.

\*\*\*\*\*

I am especially happy that you have found a place to worship that feeds your soul. That is so important in these times. I do hope that the goodness of it continues for you. I am also happy that you were able to spend good times with your children and friends at your Thanksgiving while camping. I do miss our camping days! Being in nature always makes me feel closer to God. I know the same is true for you as well.

\*\*\*\*\*

By abiding in Jesus we show our faith in God in all areas of life. Yes, only with God's help can we truly abide in Jesus and through Jesus we can move mountains. I know in my life Jesus has lifted me up many times in helping with problems and life.

\*\*\*\*\*

Our last Corporate Communion was very good and I can't express how much enjoyment I receive from interacting with everyone on Zoom. It is not the same as being personally present but it is a great joy that refreshes and helps to build us up as we go forward with Christ.

\*\*\*\*\*

Is it possible to explain what it means to "abide in Jesus?" Probably not. But we know when we are doing just that. Living in His Love, in His Presence, in His Communion, with all the saints who have gone before and those who are with us now. When we "rest in the Lord" we allow Jesus to take burdens from us and put us where we ought to be. "By turning, turning, we come round right," as the old Shaker song says.



## FORMATION AND TRAINING

### Seeking God – Our Journeys

By

Sr. Wendy Samuel, WSHS



*Sr. Wendy Samuel lives in Stoney Brook, Ontario. She was admitted as a Lay Worker in December 1991. She currently serves as our Prioress.*

Let me start out with the fundamental truth of this Community.

**Definition of a Community - Oxford Dictionary** - "a feeling of fellowship with others, as a result of sharing common attitudes, interests, and goals ("the sense of community that organized religion can provide")"

**Definition of Spirituality - Oxford Learner's Dictionaries** states, "spirituality is the quality of being concerned with religion or the human spirit." Spirituality can also be defined as:

- A person's subjective experience and practice of their religion
- The beliefs and spiritual exercises that people have about their

- relationship with God
- A search for sacred meaning, purpose, or personal growth in life
- A belief in a supernatural realm or afterlife
- A way to make sense of one's inner dimension
- A recognition that there is something greater than oneself
- A belief that there is more to being human than sensory experience
- The word "spirituality" comes from both French and Latin, and was first used in Middle English between 1150 and 1500. The word's adoption outside of Christianity and the West is partly due to the late 19th century interactions between European and Indian religious figures.

And there we have who we are as a Community serving our Lord in a nutshell. All of the above! I couldn't have said it better myself! This is what we are about to embark upon this year, each of us taking an honest look at our own individual journey.

We ask all of you who are willing, to write about your own personal spiritual journey and submit it to us, so that others may hear of the different paths travelled in their own way of seeking God. No one journey will ever be the same. This love and trust of individuals who volunteer to share their journey that brought them to this point in their lives promises to provide many lessons in the fruits of the spirit that we all ask God to increase within each of us. That is my prayer, for each of us to build and grow with all that we learned last year and all that we will learn about each other during this year to come.

**Love** for one another, **Joy** in the growth that we hope to accomplish, **Peace** that passes all understanding, **Patience** for each other as we discover how far we have yet to grow, **Gentleness** with ourselves as we confess our strengths and weaknesses, **Goodness** for gifts we will receive from the knowledge of others, **Faith** in a God that will show Themselves if we but ask to see and be with, **Meekness** in accepting the trials and tribulation we and others may encounter during our spiritual journeys, and **Temperance** in surrendering our vulnerability in learning about ourselves and each other.

We begin with one of Benedictine's sayings: "***listen with the ear of your heart***" which really means that only when we listen (or read) with an open mind, open heart and open Spirit can we begin to understand what lessons may be available for us to learn.

This month begins with the sharing of my own journey. I was born in the 50's. The 50's was known as the "atomic age of science and technology" and I think faith was moved to the back burner of life. My mother insisted on baptism but did not practice her faith and my father was an atheist. There was no church or Sunday school. My first experience of "being called" was at 9 when I suddenly felt an urge to visit all the churches in my neighborhood. I remember riding my bike and visiting every church I saw. In those days, church doors were never locked, all doors were open to the public.

The beauty of the architecture and the silence drew me to altar after altar and I was hushed into silence as I drew in the atmosphere around me. It was a very profound experience. In my teenage years, amongst the violence occurring in my home, I felt that if there was a God, he played favorites. He didn't live in my house, but he did live in the houses of my friends where there was love, warmth and care.

Moving forward, I met my husband. I don't know how I knew, or only suspected, and unbelievably hoped there really was a God. I remember thinking that if I had any hope of being loved and having a wonderful life, God would have to bless the marriage. I didn't know at the time where this was all coming from. I requested we be married in a church and at the altar I prayed that God would bless this union with love and children and that our love would not die and end in anger, bitterness and divorce.

We have been blessed with wonderful children and celebrated our 46th wedding anniversary, still in love and very blessed. My first challenge came at the birth of my first child Matthew. He came 3 months early at 2 lbs.11 oz. I was in Intensive Care due to hypertension and a ruptured placenta. Matthew was hospitalized in neonatal intensive care for close to 2 ½ months. I prayed daily for him to survive and thrive. My prayers were answered. Matthew will be celebrating his 47th birthday in December.

It was at this time that I seriously decided to give myself to God and *BELIEVE!* I started attending church and immediately became part of my church's community by serving on different committees and learning what it means to be a Christian. Advance 25 years later and I have been diagnosed with advanced cancer, so advanced, it was no longer operable. The treatment they wanted to try was very aggressive. I would have one type of chemo that I would have to have every day for 6 weeks. At the same time, I had a 2nd type of chemo that I would have to have

pumped intravenously 24/7 for 7 days in a row and I had to have a laser treatment of radiation everyday for six weeks, hence the signing of documentation that required my signature that acknowledging the possible termination of my life via treatment. I have always believed "quality" over "quantity" of life and so I signed the document.

I went home, dropped to my knees, and asked God if I was going to live through this. God answered, clear as a bell in my mind, "it's going to be really, really bad, but in the end, everything will be ok." I learned during this period what "resting in the Lord" really meant. I gave myself over to God totally and after six weeks of extremely painful treatment, I am here to tell you, that prayer and faith in my Healer, and the medical treatment received, saved my life for God gave me another piece of advice that day I asked. He said: "Pray for the doctors and nurses caring for you, for I gave them the knowledge and expertise to treat you." I now always pray for all caregivers for those requiring medical assistance.

When I came into WSHS/WBHS I was a spiritual mess, but through the love and support of a people who understand and have paid their own dues in life, I have become a person of faith in a God who is loving, forgiving and merciful. All I have to do is ask. I thank God that I was called to be here, where loving, learning and leaning on, has provided me with the opportunity to grow and to be and to do all things that bring out the very best of me! Thanks be to God!

This is a shortened version of where I am now in my spiritual journey and all that it took to get me here. The theme this year is "Seeking God" and Chapter is hoping that many of you will want to tell of the journey you followed to arrive at Worker Sisters. If you would be willing to share your story, we would all love to read about it. Everyone's journey to reach this same point in time here would be of great interest and will probably surprise us by the variations of the paths travelled.

*Thank you so much Sr. Wendy Samuel, for sharing your views and very personal journey with your Community on this month's theme.*

### **Questions for Reflection**

***Please remember it is not necessary to answer all of the questions.  
Choose one or two that speak to you and perhaps you would like to share.***

1. Please pray about your journey, and if you are willing to share it, send it to: Sr. Christine who is our Communications Coordinator and, if you are willing,

Sr. Christine will publish it in one of the monthly bulletins throughout the year. May God bless our journeys and the results of our own “seeking God,” an ambition that I believe will take a lifetime, at least for me, it will, God willing!

2. Questions to guide your sharing: (No more than two pages)

If I truly believe that I am uniquely loved and guided, then I sense that no other entity (person or institution) can define me or my journey or path. As Sr. Wendy Samuel wisely reminds us, we need to listen with the ear of our heart to that still small voice within. Remember this as you share your spiritual path with us. Perhaps use the questions below to guide you as you share with us:

- Is my God large enough for my unique journey, for the fears and challenges I have and will face?
- Do I believe that I am totally loved just as I am?
- Do I have faith at least most of the time, that I cannot be outside of God’s love?
- Share any challenges or victories or growing edges along the way.
- Pray before starting to write that your sharing will enlighten and bless you as it will bless others.