

THE WORKER SISTERS OF THE HOLY SPIRIT



BULLETIN



THE WORKER BROTHERS OF THE HOLY SPIRIT



**OUR PATH IN CARING FOR
ALL GOD'S CREATION
January 2026**

Bulletin Cover - Internet Photo

Genesis 1: 28 - "... And God blessed them, and God said unto them, 'Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that † moves upon the earth'"

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Community Communication Contacts:

Prayer Requests and Thankgivings for the monthly Bulletin - email Erin Diericx, WSHS, emdeerx@gmail.com, or see green sheets for her mailing address.

Changes of address, phone numbers, email addresses - email Sr. Shirley Evangeline at sr.shirleyevangelinpace@gmail.com or Marilyn Propp at proppjones@gmail.com or see green sheets for mailing addresses.

Urgent Community Prayer Requests for email distribution – email or call Sr. Kathleen Rachel (srkathleenrachel@gmail.com) or Sr. Wendy Samuel (srwendysamuel@gmail.com)

Financial Contributions –

Members residing in the U.S., make checks payable to WSHS/WBHS and mail to:
Sr. Nancy Teresa, WSHS, Treasurer, United States, 12900 Glenwood Street, Apt. 108, Overland Park, KS 66209

If you pay any bills through your bank, you can easily send your contributions to WSHS the same way. Use the address above to send your check. You can make a one-time payment or a recurring payment. If you have questions, your bank will be happy to help you. And - you don't need any postage!

Members residing in Canada, make cheques payable to WSHS/WBHS and mail to Br. David, WBHS, Treasurer, Canada. 2170 Preston Road, Cavan Monaghan, Ontario, K9J 0G5 Canada

Contributions to Haiti Clean Water Project – This project has been discontinued until the situation in Haiti is resolved.

Problems Receiving your Bulletin - If you are not receiving the monthly Bulletin (by regular mail or by email), please email or **call Sr. Christine, *not Trina***. Thank you.

If a friend expresses interest in WSHS/WBHS, remember to direct them to our website, www.workersisters.org, www.workerbrothers.org

Web Addresses: workersisters.org workerbrothers.org	
THE WORKER SISTERS AND BROTHERS OF THE HOLY SPIRIT	
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CALENDAR

**CORPORATE COMMUNIONS
REGIONAL GATHERINGS
January 2026**

Below is a list of the monthly Regional Gatherings and Corporate Communion. Meetings are open to all members (Sisters, Brothers, Workers, Companions, Friends and Applicants). If you are interested in attending an online Regional Gathering, please contact the Zoom Host and she/he will add you to the group's email list.

Regional Zoom Gatherings

January 24, 2026

Eastern Regional USA & Southern Regional USA	Br. David, WBHS, brdavidwbhs1@gmail.com	1:00 PM ET
Central Regional USA	Sr. Catherine Marie, WSHS, sr.catherine.marie@gmail.com	2:00 PM CT
Western Regional USA	Sr. Wendy Martha, WSHS, wguyton17@gmail.com	10:00 AM Arizona Time

In-person Corporate Communion

Pleasant Hill, Tennessee	Sr. Janeen Julian, WSHS	TBD
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REGIONAL GATHERING/CORPORATE COMMUNION DATES

***** NOTE DATE CHANGE from 4th Saturday to 3rd Saturday in November and December 2026**

**January 24 • February 28 • March 28 • April 25
May 23 • June 27 • July 25 • August 22
September 26 • October 24 • ***November 21 • ***December 19**

Chapter Online Meeting – January 14, 2026
Retreat 2026 at Mercy Center – April 30 - May 3, 2026

Call to Prayer. Please remember our Community in prayer twice a day 8:00 AM and 5:00 PM in your time zone and pray for World Peace at Noon.



**8:00 AM - Prayer for our Community
12:00 Noon - Prayer for World Peace
5:00 PM - Prayer for our Community**

**COMMUNITY CHANGES**

Please make the following alterations to your Green Sheets:

Green Sheets/Photo Directory:

Please add the following updates to your copy of the Green Sheets

Sr. Ginny Francis: new email – gaberkey@icloud.com and a new cell number: 520-801-4267

Sr. Anna Joshua: new cell number: 215-740-8150

Christopher Creech admitted as a Friend of WSHS/WBHS

Chris was admitted as a Friend on Nov. 23, Christ the King Sunday, by Rev. Sr. Brenda Faith, at St. Elizabeth's Episcopal Church. Chris preached the sermon. He's taking a preaching course through our diocese and needs opportunities to practice his sermons. It was great!

Howard came up to stand by Chris and explained Worker Sisters/Brothers to the congregation. Howard also presented the pin and pinned it on him. Howard wore his gray polo and companion pin. I wore my polo with clericals before and after church. It was Christ the King Sunday, so I used my white vestments. It was an awesome service!!!

Reminder to Sisters, Brothers and Workers

1. Please email your entire "Yellow" letter to your Cluster Leader including Prayer Requests, Recommendations and News Notes.
2. Email a copy of only your Prayer Requests, Thanksgivings and News Notes to:

Erin Diericx, WSHS emdeerx@gmail.com

Her mailing address is: 1204 North Prospect Avenue, Lecanto,
Florida 34461

Reminder to Companions and Friends

Send your responses to the Friends and Companions Corner to:

Marya Pohlmeier, Companion, maryalovestravel@gmail.com
1677 Mount Vernon Drive, St. Charles, MO 63303

You are encouraged to explore our **WSHS/WBHS website**. Check it out!

Go to www.workersisters.org

- Centered above the group photo are the words:
HOME WHO WE ARE COMMUNITY LIFE MORE
- Click on the word MORE. That will show another list of options.
Click on MEMBER PAGES (the last option.)
- When it says to sign into your account, REMEMBER to sign in as:
wshs.wbhs@gmail.com
- If you don't remember the password, please contact Sr. Christine.



FROM YOUR DIRECTORS

RETREAT BROCHURES COMING!

Retreat 2026 will be held at **Mercy Center, St. Louis, Missouri, April 30-May 3, 2026**. Brochures will be mailed to you soon. Please note that again this year, there will be only one Registration fee per person. All accommodations and meals will be paid for by the WSHS/WBHS Community. Plan now to attend!

Remember, all Sisters, Brothers, Workers, Companions and Friends are invited! We hope to see you there!

2026 WSHS/WBHS PLEDGE CAMPAIGN

Dear Community,

I recently started a new library book and was looking for a bookmark. I found one at the bottom of the drawer. It happened to be from Sr. LaVerne Peter. That started me thinking about how many times and in how many ways our Community touches my life.

In a recent group discussion, we were asked what we desired from life. The most common reply was "connection." I presume this connection would include our families, our communities, and even the world. We want to know that someone else 'sees' us. Someone 'hears' us. Someone 'cares' about us.

So I started thinking about the ways I find connections. Near the top of my list is connection with WSHS/WBHS. As your treasurer I receive notes of thanks, encouragement and messages of 'keeping in touch' each month from members sending in their contributions.

I believe it is also true that one of the ways we connect is by sharing some of our resources in the form of a pledge to WSHS/WBHS. This is a very physical connection. It says, in effect: as I live my life I remember and am thankful for our community.

We as a Community have a wealth of connectivity to offer the world. As we become more connected with WSHS/WBHS, we are more enabled to reach out to others. The knowledge of our 'connectedness' allows us to feel more secure, more loved ourselves and that, in turn, enables us to reach out to others. Part of this connectedness happens because of our regular financial commitment.

To enter your pledge commitment to WSHS/WBHS,
email the treasurer at nancybrooks40@gmail.com or
Text or call her at: 913-638-3208.

*** Note the amount and if the contribution will be sent in monthly, quarterly, or yearly.

Blessings to each of you on your journey!

Sr. Nancy Teresa, WSHS Treasurer



SPIRITUAL SHARING

Mentoring really does help on both sides and the lesson material we cover enlightens and refreshes why we love our Community.

On the day of the concert, I prayed hard to do my best, aware that the voice of the critic had not been extinguished and determined not to listen. When the concert was over, all the participants and audience of families and supporters stood up and applauded with joy! This experience is still unfolding within me. It only happened last month. But the more I tell it, the funnier it gets! And the more I laugh the happier I am. Does laughter and healing go hand in hand? Try it and see.

Coming back after time away from work was very stressful. Things had piled up and I just didn't seem able to "unpile" them. But finally got matters under control. Wondering how long I will continue to suffer through that sort of stress before deciding to chuck it all.

Re-reading the story Janine Robbins shared in the Bulletin, I noticed how a book she read make a difference in her journey and relationship with Jesus. It made me realize once again the importance of hearing what others have written and hearing the stories others tell to encourage us to choose what is life giving.

Thanks! I think I've been wanting to silence the critic when instead I need to not pay attention to that voice and focus on Jesus who speaks of love and says do not be afraid.

Today a *YouTube* video talking about Hebrews 11:1 - "Faith is the substance of things hoped for, the evidence of things not seen." The last half flipped in my mind for the first time, and I realized "things not seen" very well can be God Himself rather than the things we're praying for God to provide. Kinda added a bit more meat to that bone than the last time I chewed on it.

Thank you for the humor. I will never pass up a chuckle or a good groan. I need those as we move into a real winter and I miss my sunshine. I have the "happy lamp" out on my kitchen table so I get some of those rays on cloudy days.

Last Sunday, Fr. Scott in his sermon quoted Anne Lamont's favorite prayers. In the morning she says "Help, help, help" and in the evening she says "Thank you, thank you, thank you." This prayer focus seems to work well for me.

I preached last week and led the service for the last Sunday of the Church year (The Reign of Christ). It turned out well, but I always find it difficult putting together the homily, but God always comes through in the end.

I hope you don't have to deal with Seasonal Affective Disorder as well as snow this winter. Winter is often a "downer" (my solar panels aren't working right now, covered with 12 inches of snow!), but doesn't it make Spring so much more wonderful? Maybe we should keep the SAD victims in our prayers this cold season.



FORMATION AND TRAINING

**WSHS/WBHS 2026 Theme:
“Our Path in Caring for
all of God’s Creation”**

“Rivers do not drink their own water,
Trees do not eat their own fruit,
the sun does not shine on itself and
flowers do not spread their fragrance for themselves.

Living for others is a rule of nature. We are all born to help each other.
No matter how difficult it is. Life is good when you are happy,
but much better when others are happy because of you.”

Pope Francis



There is never only one way of caring for each other, for this planet and for all of its inhabitants. There are many different and sometimes better ways of achieving this goal and most of the time, we are learning as we go. The most important beginning of this task is to become educated in the “how” and “why” of the way of things and what paths are necessary to follow, utilizing the information we have learned. It is the commitment to take an active part to help maintain if not improve on the sustainability of our life here on earth.

I begin the introduction to this year’s theme by sharing a small part of my daily prayer which I have said for the past several years. It occurred to me recently, as I was praying, that this portion of my prayer speaks directly to this year’s theme.

“Blessed God, I lift to you all of your creation – every animal, vegetable, mineral, every being’s mental, physical and spiritual life that you began. Thank you for all that you have blessed us with to this point in time. Moving forward this day, we ask that you continue to send us the experts and the means by which to achieve success, that we may repair, replace or replenish, that which we have damaged or destroyed through our negligence, our unawareness, our greed, our selfishness, our thirst for power ... by our very being “human”. We ask that you continue to help us evolve according to your plan, and that plan enable us to grow ever closer to you. Help us to become a people who truly love our neighbors as ourselves.”

Relying on our scientists who are always questioning and hypothesizing, we discover the workings of origin of the mysteries of every aspect of life here on earth and often times even the scientists cannot comprehend the how or why. In our faith, we know that all these “discoveries” come from a God who developed these aspects for the purpose of our being able to sustain ourselves, as well as every living thing that has been placed in our care. You have to wonder what God’s rating of our success would be of this task he placed in our care.

This year’s retreat promises to help us achieve a better understanding of what it means to be good stewards as we go about God’s work in this very important ministry God has left for us. God’s message was very clear to Adam and Eve in Genesis 1: 28 - *“... And God blessed them, and God said unto them, ‘Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moves upon the earth.’”*

Some of us have gotten it right but so many of us have gotten it wrong. We need to take a look at some who have the right of it and open our hearts and minds to embrace a new way of understanding or bring us to a heightened awareness. Hopefully this understanding or awareness will lead us to a better way of doing, which may lead us to a better way

of being so that we become more active in participating in accomplishing some, if not all, that God would have us do and be as “caretakers”.

This is no small feat and will probably take the rest of our lives if we commit to doing our share within our own little pockets of time and space. Let us begin, or for some of us, increase, our everyday awareness of what it means to be caretakers of this precious legacy. Only then may we be able to sustain the blessings of life on this planet, not just for ourselves, our neighbors and every living thing, but for all future generations as our “evolution” continues ... with God’s help!

Questions for Reflection

***Please remember it is not necessary to answer all of the questions
Choose one or two that speak to you and perhaps
you would like to share.***

1. Sr. Wendy Samuel shares a quote from Pope Francis about the nature of creation - that we are all put here to sustain one another in various ways. We have been created to be interdependent and to contribute to the well being of one another. Pope Francis implies that true happiness comes from making others happy. Reflect on this view in your own life.

“How have you recently contributed to someone else’s well-being or happiness? How have you recently benefited from another, whether human or in nature?”

2. Sr. Wendy shares her daily prayer for this created world around us. She gives thanks for this beautiful and beloved creation and then asks that we human beings listen and respond with genuine love and care for all that He has lovingly created. Not only that, but also that we consent to be more intentional in providing healing rather than destruction to our planet.

- *“Reflect upon how intentional you have been in taking better care of creation, at least that part of creation over which you have some control? ”*
- *“What kinds of intentional actions have you taken recently as to the natural world around you? What actions might you consider implementing?”*
- *“How important is it to you that you begin this process, if you have not already begun?”*

3. Sr. Wendy reminds us of the Genesis quote in which we are to be good stewards. In Genesis 1: 28, the words “subdue” and “dominion” are used in many translations. When read appropriately with a meaning closer to ‘till and cultivate,’ we realize that we are not to dominate, but to have a relationship of mutual responsibility between human being and nature. In Laudato Si, the encyclical by Pope Francis on Care for Our Common Home, we read, “ ...everything is interconnected and that genuine care for our own lives and our relationship with nature is inseparable from fraternity, justice and faithfulness to others.”

“What does being a good steward mean to you personally when you consider the natural world around you and indeed all of creation? ”

4. Take a moment and write your personal prayer for you and Creation.