



CARROLL COUNTY YOUTH SERVICE BUREAU

"It Starts With the Heart."

59 KATE WAGNER ROAD – WESTMINSTER, MD 21157

410.848.2500 – FAX 410.876.3016

WWW.CCYSB.ORG

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CRISIS SERVICES	PHONE	ADDRESS	INSURANCE	SERVICES
988 Suicide & Crisis Lifeline	988	https://988lifeline.org/	No Charge	When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary
Franklin Square Hospital Center	443.777.8444	https://www.medstarfranklinsquare.org/our-services/behavioral-health/ 9000 Franklin Square Drive Essex, MD 21237	Private Medicaid Medicare	Inpatient psychiatric care for children and adolescents
Carroll County Mobile Crisis	410.952.9552	https://cchd.maryland.gov/3947-2/	No Charge	Crisis Stabilization in the Community, Linkage to Mental Health Resources, Mobile Crisis Team, 9 AM to 12 AM
Johns Hopkins Broadway Campus	410.955.5335	https://www.hopkinsmedicine.org/psychiatry/specialty_areas/child_adolescent/patient_information/inpatient/inpatient.html Bloomberg Children's Center 12th Floor 1800 Orleans Street, Baltimore, MD 21287	Private Insurance Medicaid Medicare	Inpatient hospitalization and diagnostic evaluation/treatment for ages 5-17 with a variety of emotional & behavioral problems including mood disorders, anxiety disorders, psychotic disorders, severe disruptive behavior, and suicide attempts
Sheppard Pratt Psychiatric Urgent Care	410.938.5302	https://www.sheppardpratt.org/care-finder/psychiatric-urgent-care/	Private Medicare Medicaid	Immediate psychiatric triage for children, adolescents, adults
Brook Lane	301-733-0330 800-342-2992	13215 Brook Lane Hagerstown, MD 21742 4540 Mack Ave Frederick, MD 21703	Private Insurance Medicaid Medicare	Inpatient hospitalization, ages 3-18 Partial hospitalization ages 5-18 focused on children & adolescents who are at risk for self-injurious behaviors or violence toward others
Grassroot Crisis Intervention	410.531.6006	6700 Freetown Rd Columbia, MD 21044	No charge	24/7 410.531.6677 single point access for behavioral health, crisis and homeless services for individuals and families
Carroll Hospital Center Behavioral Health	410.871.7110 (outpatient) 410-871-6971 (inpatient)	http://www.carrollhospitalcenter.org/behavioral-health 200 Memorial Avenue Westminster, MD 21157	Private Insurance Medicaid Medicare	Inpatient, ambulatory Care & outpatient Partial hospitalization (PHP) 6 hrs. per day Intensive Outpatient (IOP) 3 hrs. per day Adolescents (13-18) & Adults

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COMMUNITY SERVICES	PHONE	ADDRESS	INSURANCE	SERVICES
NAMI Carroll County NAMI Maryland National Alliance on Mental Illness	410.857.3650 410.884.8691 800.950.6264	www.namiccmd.org www.nami-md.org www.nami.org	No Charge	Various workshop, programs, and information for children with autism and their caregiver
Pathfinders for Autism	443.350.5341	https://pathfindersforautism.org/ Hunt Valley, MD 21031	Call for details	Support and improve the lives of individuals with autism through expansive, customized programming, and by providing resources, training, information, and activities free of charge
Sheppard Pratt Care Finder	Web Only	https://www.sheppardpratt.org/care-finder/	No Charge	Online Resource Center helping community to locate services including but not limited to Crisis & admission, Inpatient, residential, outpatient, DDS, housing, employment
Together We Own It	410.878.3104	https://www.togetherweownit.org/	Most programs no charge Call for details	Wraparound, Group Mentoring [ages 13-18], Restorative Parenting Group, Restorative Accountability Program
211 Maryland	211	https://211md.org/	No Charge	Health and human service resources
VETERANS	PHONE	ADDRESS	INSURANCE	SERVICES
Disabled American Veterans	410.230.4440	http://www.dav.org/	N/A	Veteran advocacy and assistance
MD Dept. of Veteran's Affairs	877.770.4801	http://veterans.maryland.gov/	N/A	Assisting veterans, active-duty service members, their families, and dependents
Veteran's Benefits Admin.	800.827.1000	http://www.benefits.va.gov/benefits/	N/A	Veteran's benefits
Veteran Services Program of Carroll County	410.386.3800	http://carrollveterans.com/	N/A	Provides guidance and assistance to Carroll County veterans, their dependents, and survivors with applying for Federal and State benefits.
SPECIALIZED SERVICES	PHONE	ADDRESS	INSURANCE	SERVICES
Endless Options	410.526.3637	http://www.endlessoptions-md.net/ 22 Brian Daniel Court Reisterstown, MD 21136	Call for details	Children with autism in the areas of communication, functional academics, community, daily living, socialization, recreation, and independence
Kennedy Krieger Institute	443.923.9400	https://www.kennedykrieger.org/ 707 North Broadway Baltimore, MD 21205	Call For details on various programs	Pediatric developmental disabilities and disorders of the brain, spinal cord, and musculoskeletal system

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MEDIATION	PHONE	ADDRESS	INSURANCE	SERVICES
Carroll County Community Mediation Center	410.848.1764	https://www.carrollcc.edu/Student-Services/Community-Mediation-Center/CCCMC@carrollcc.edu	No charge	Business/customer, co-workers, Landlord/tenant, family disputes, parenting plans, community, senior adult, re-entry. Mediations can occur anytime between 9 a.m. and 9 p.m. in 2-hour increments
Carroll County Mediation Center	410.751.5444	http://carrollcountymediation.org/ 39 N. Court Street Westminster, MD 21157	\$100.00 per session Cash, check, money order *No Credit	Divorce, separation, custody, visitation disputes, business, contract, employer-employee, and neighborhood disputes. All mediators are attorneys
PSYCHIATRISTS	PHONE	ADDRESS	INSURANCE	SERVICES
Andrew Cole, CRNP, PMH	443.201.7904	1643 Liberty Road, Suite 105 Eldersburg, MD 21784	BCBS, Cigna, Aetna Fee for service	Ages 20+
Dr. Gary Klein	410.876.8646	280 E. Main St. Westminster, MD 21157	Fee for service *No insurance	Pediatric & adolescent medication management
Carroll Mental Health Care	410.552.9004	http://carrollmhc.com/ 1643 Liberty Rd. Eldersburg, MD 21784	Medicaid	Medication/Therapy
Gladstone Psychiatry and Wellness	443.708.5856	https://www.gladstonepsych.com/	Call for details	Group Therapy, medication Management, DBT
Healthy Foundations Group <i>Lawrence, Diane, CRNP</i>	301.970.4001	2 Locust Lane Ste 308 Westminster, MD 21157	Call for details	Medication Management
Hope Health Systems Inc	410.216.5500	6210 Georgetown Blvd Suites A&B Eldersburg, MD 21784	Call for details	Medication/Therapy. Psychiatry is only offered in conjunction with therapy. Please call for further details.
Psychiatry Center of Frederick Dr. Allan Levy	301.663.8343	172 Thomas Johnson Drive, Suite 204 Frederick, MD 21702	Medicaid, Medicare *BCBS PPO only *No UHC *Call for details for private insurance	Psychiatry for ages 7 & up Opiate Dependence Treatment Program with Suboxone
MSA Child & Adolescent Center	443.259.0400	10005 Old Columbia Rd. Columbia, MD 21046	Medicaid Private Insurance Fee for service	Pediatric & adolescent medication management
Dr. Mahendra Singh Khera	443.609.4623	1425 Liberty Rd Ste 216 Sykesville, MD 21784	Select Private Insurance	Ages 14 & up

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SUBSTANCE USE/ABUSE ASSESSMENTS & TREATMENT	PHONE	ADDRESS	INSURANCE	SERVICES
Access Carroll	410.871.1478	http://www.accesscarroll.org/ 10 Distillery Drive Westminster, MD 21157	Call for details	Integrated medical, dental, and behavioral health services, Ambulatory detox, Walk in assessments available Monday-Friday Recommended arrival time 8am-10am <i>*Must be a Carroll County Resident</i>
BH Health Services, Inc	410.871.3005	450 East Main Street Westminster, MD 21157	Call for details	Opioid Treatment Program
Carroll Hospital Center	410.871.7100	http://www.carrollhospitalcenter.org/behavioral-health 200 Memorial Ave Westminster, MD 21157	Call for details	Level 1 outpatient program Evaluations
Genesis Treatment Services	410-751-7771	1106 Business Parkway South Suite B Westminster, MD 21157	Call for details	Opioid Treatment Program
New Path Counseling Center, LLC	410.615.3469	http://newpathcounselingcenter.com/ 250 Englar Rd Suite 3 Westminster, MD 21157	Most Insurance Several EAP's Fee for Service	Adolescent, adult, individual, couple, family Addictions, trauma, EMDR, dual diagnosis
Mountain Manor Treatment Center	800.446.8833	http://www.mountainmanor.org/ Various location throughout Maryland	Call for details	Comprehensive continuum of treatment for persons of all ages with substance abuse issues.
Mulligan Recovery Centers	443.481.2408	https://www.mulliganrecoverycenters.com/ 299 East Main Street Westminster, MD 21157	Call for details	Substance Use Disorders/Addictions
Nimel Mental Health LLC	410.386.1180	1004 Littlestown Pike Suite A1 Westminster, MD 21157	Private Medicaid Sliding Fee Scale	Individual, group, family, substance use recovery, medication management, PRP
Congruent Counseling	410.740.8066	http://congruentcounseling.com/ Sykesville, Columbia, Glen Burnie, Olney	Private Insurance	Child, adolescent, adults, individual, couple, family group, dual diagnosis & addictions, Suboxone Certified, Meds/Therapy
Catoctin Counseling	410.848.9091	Westminster	Call for details	Therapy & addiction services
Re-Entry	410.848.9244	40 South Church Street Westminster, MD 21157	Private Insurance Medicare	MVA approved DWI Alcohol Education Program. Addiction services

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DIALECTICAL BEHAVIOR THERAPY (DBT)	PHONE	ADDRESS	INSURANCE	SERVICES
Congruent Counseling	410.740.8066	http://www.congruentcounseling.com/ 7533 Main Street Sykesville, MD 21784 *Also, a location in Columbia	Private Insurance	Child, adolescent, adults, individual, couple, family group, dual diagnosis & addictions, Suboxone Certified, Medication ***Psychiatrist is out of network only
Counseling Centre of Maryland	301.610.3629	https://www.counselingcenterofmaryland.com/ 8030 Woodmont Ave, 3 rd Floor Bethesda, MD 20814 info@ccmtherapy.com	Out of Network	Adult, Parent, Child/Adolescent, Multi-Family Skills Group
DBT Maryland	301.229.0063	https://www.dbtmaryland.com/ 4915 St Elmo Ave Suite #504 Bethesda, MD 20814 info@dbtmaryland.com	Out of Network	Comprehensive, Individual and skills group
Families First	240.304.3327	https://ffcpmaryland.com/ Columbia, Greenbelt, Baltimore, Olney *Greenbelt offers parent group in Spanish	Call for Details	18+ Adult groups, ages 12-18 Adolescents/High School groups, Parent/Guardian groups, Under 12 years, individually and with their families
New Leaf	410.205.5026	Telehealth Only intakes@anewleaftherapymaryland.com	Call for Details	DBT, RO-DBT
Rathbone & Associates	301.229.9490 201.230.9490	Bethesda & Rockville	Call for Details	DBT for young adults, adolescents, and children 9 and up
Resource Group	410.337.7772	info@resourcegrp.org 8501 LaSalle Rd, Suite 115 Towson, MD 21286	Call for Details *Offers reduced fee for clients with Medicaid	DBT for young adults, adolescent, ages children 9 and up
Tides of Change Wellness	Contact via e-mail or online form	7330 Grace Dr, Suite B Columbia, MD 21044	E-mail for details	info@tidesofchangewellness.com
Waves of Wellness	667.500.4556	https://www.wavesofwellnessstudio.com/	Call for Details	Bell, Jordynn LCPC, CCTP, C-DBT Rogers, Victoria LCPC, CCTP, C-DBT

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CLINIC/GROUP PRACTICE	PHONE	ADDRESS	INSURANCE	SERVICES
Access Carroll	410.871.1478	http://www.accesscarroll.org/ 10 Distillery Drive Westminster, MD 21157	Call for details	Integrated medical, dental, and behavioral health services, Ambulatory detox, <i>*Must be a Carroll County Resident</i>
Advanced Behavioral Health	301.345.1022	https://www.abhmaryland.com	Medicaid Medicare UHC BCBS Cigna Aetna	Provide off site counseling services (children or families). Call for details regarding which insurances allow for in home services <i>Psychiatry is only offered in conjunction with therapy. Please call for further details.</i>
Anchor Counseling Centers	443.328.4946	Maryland Locations Columbia Cumberland Eldersburg Frederick Sykesville Westminster	Aetna, Cigna, BCBS, UHC, US Employee Health Care Johns Hopkins Family Health Plan, Tricare, EAP <i>*No Medicaid/Medicare</i>	Offer a range of theories and techniques from Behavior Modification, Play Therapy, Art Therapy, and Family Systems to CBT DBT, Sand Tray, EMDR, Motivational Interviewing, and Reality Therapy.
Anxiety and Stress Disorder Institute of Maryland, LLP	410.938.8449 <i>Consults:</i> 410.938.8452 410.928.0845	http://www.anxietyandstress.com/ 6525 North Charles Street, Suite 224 Towson, MD 21204	Limited Medicare Out of Network Fee for Service <i>*No Medicaid</i>	Anxiety disorders, obsessive-compulsive disorder, stress- related problems, PTSD, Adjustment disorders with anxiety & depression
Carroll Counseling Center	410.549.5181 301.829.2242	http://www.carrollcounseling.com/ 1380 Progress Way, Suite 101 Eldersburg, MD 21784 1311 S. Main Street, Suite 202 Mt. Airy, MD 21771	Medicare <i>*NO MA</i> Private Insurance Fee for Service	Attention & Learning Disorders Clinic <i>Medication/therapy</i>
Carroll Mental Health Care	410.552.9004	http://carrollmhc.com/ 1643 Liberty Rd. Eldersburg, MD 21784	Medicaid	Medication/therapy
Catoctin Counseling Center	410.848.9091 301.631.1304 301.745.6687 301.271.4870	http://www.catoctincounseling.com/ Westminster Frederick Hagerstown Thurmont	Dependent on therapist & location of service	Therapy & addictions
Cedar Ridge Counseling	410.552.0773	http://www.cedarridgecounseling.com/ Eldersburg, Westminster, Owings Mills Dundalk	Private Insurance <i>*No MA</i>	Individual, Couples, Family, Psychological Testing, Biofeedback Training, Parent Edu., Substance Abuse

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Center for Eating Disorders	410.938.5252	http://eatingdisorder.org/ Sheppard Pratt Hospital 6501 North Charles Street Towson, MD 21204	Medicaid Private Insurance	Individualized care for children, adolescents and adults with eating disorders including anorexia nervosa, bulimia nervosa, binge eating disorder and compulsive overeating.
Center for Healing Arts	410.259.1194	www.centerfor-healingarts.com 112 East Main St. Westminster, MD 21157	Dependent on Therapist	Acupuncture, acupressure, conscious living, counseling, life coaching, meditation, psychotherapy, massage infant, deep tissue, cancer & mastectomy) and more
Chase Brexton	410.837.2050	http://www.chasebrexton.org/ Mt. Vernon Columbia Randallstown	Private Medicaid Medicare Sliding Scale	LGBT, Sexuality and Gender, Individual, Couple, Group, HIV, substance abuse, Meds./Therapy
Congruent Counseling Services	410.740.8066	http://www.congruentcounseling.com/ 7533 Main Street Sykesville, MD 21784 *Also, a location in Columbia	Private Insurance Psychiatrist is out of network only	Child, adolescent, adults, individual, couple, family group, dual diagnosis & addictions, Suboxone Certified, Medication
Counseling Renaissance	410-970-6964	Sykesville, Frederick & Ellicott City thecounselingrenaissance@outlook.com	Call for Details	Individual, marriage & couples, grief, loss, ADHD, trauma, anxiety, depression, life change and more
Finksburg Counseling Services	410.751.6176	1812 Baltimore Blvd. Westminster, MD 21157	Fee for Service, Private Insurance Medicaid for Children Only (Limited Availability)	Therapy for Group, Adults, children, adolescents Medications for adults only
Florence Behavioral Health Center	410.505.0105	https://florencebhs.com/ 419 Malcom Drive, Suite A/B Westminster, MD 21157	Call for details	Psychiatric, Psychosocial, Family, Adolescents, Group. Anger Management, Substance Use Disorders
Hope Health Systems Inc	410.216.5500	https://www.hopehealthsystems.com/ 6210 Georgetown Blvd Suites A,B & C Eldersburg, MD 21784	Call for details	Medication/Therapy. Psychiatry is only offered in conjunction with therapy. Please call for further details.
Inner Journey Counseling Center	410.552.5290	http://www.innerjourneycc.com/ 5420 Klee Mill Rd, Suite 6 Sykesville, MD 21784	Call for details	Individual, couples, families, small groups
Life Renewal Services	443.289.8149	http://www.liferenewalservices.net/ 247 East Main Street Westminster, MD 21157	Medicaid	PRP; Outpatient Mental Health Clinic. <i>Medication/therapy</i>
Main Street Community Mental Health Center	410.526.7882	37 Main St. Reisterstown, MD 21136	Private Medicaid Medicare Fee for Service	Office appointments and mobile mental health
New Path Counseling Center LLC	410.615.3469	http://www.newpathcounselingcenter.com/ 250 Englar Rd Westminster, MD 21157	Most Insurance Several EAP's Fee for Service	Adolescent, adult, individual, couple, family, addictions, trauma, EMDR, dual diagnosis

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New Perspectives	410.751.9205	http://www.nperspectives.com/ Hunter Professional Center 904 A Washington Rd Westminster, MD 21157	Private Medicaid Medicare	Individual, group, family, couple, organizations. DWI evaluations & domestic mediation
Nimel Mental Health LLC	410.386.1180	1004 Littlestown Pike Suite A1 Westminster, MD 21157	Private Medicaid Sliding Fee Scale	Individual, group, family, substance use recovery, medication management, PRP
North Carroll Counseling Center	410.552.9007	Sykesville Hampstead	Call for details	Ages 7 older, individual, family, couples, group
Potomac Case Management	301.791.3087 Press 3	https://www.pcmsinc.org/ 125 Airport Drive Suite 30 Westminster, MD 21157	Medicaid Medicare	Case management (child/adult)
Project Chesapeake	240.800.1171	https://www.projectchesapeake.com 66 East Main Street, Suite 103 Westminster, MD 21157	Call for details	Outpatient, IOP, Domestic Violence, Anger Management
Progressive Counseling and Treatment Services	410.848.7848	79 E. Main St. Westminster, MD 21158	Medicare Private Insurance	Child, adolescent, adult, couples, grief
Rape Crisis Intervention Services	410.857.0900 24hr. hotline: 410.857.7322	http://www.rapecrisiscc.org/	FREE for anyone 12yrs. and older impacted by sexual violence	Individual, group, advocacy, referrals walk-in crisis interventions
Sense-Abilities Pediatric Therapy Services, LLC	410.552.4044	5963 Exchange Drive Suite 109 Eldersburg, MD 21785	Call for details	Occupational therapy and speech & language therapy for children with special needs; Sensory Integration, Neurodevelopmental Treatment,
Springboard Community Services	410.876.1233	22 N. Court Street Westminster, MD 21157		Individual and family, children, support groups, Groups for violence, abuse, or trauma. Support groups for women, men, those who identify as LGBTQ and Spanish speakers
Strength Within Counseling Center	See contact information on website	https://strengthwithincc.com/contact-us 1332 Londontown Blvd Suite 119 Sykesville, MD 21784	Call for details	Anger management, Anxiety, Grief, Communication, Depression, Parenting, Stress, Trauma, Teen Wellness
True North Wellness	717.632.4900 800.315.0951	http://truenorthwellness.org/ 625 W. Elm Ave. Hanover, PA 17331	Medicaid (PA) Private Insurance	Mental health, Autism Program Addictions
What Lies Beneath Inc	410.581.3968	https://www.whatliesbeneathinc.org/ Owings Mills, MD	Fee for Service Only \$150 per session	Sex offender treatment and evaluations to adolescents ages 8-21

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Therapists	PHONE	ADDRESS	INSURANCE	SPECIALIZATIONS
Burrill, Amanda LGPC	410.861.0242	Westminster, MD 21157	Fee for service Out of network	Individual, Adolescent group
Carr-Meinecke, Carol LCPC	443.522.0132	2 Locust Lane Westminster, MD 21157	Fee for Service Sliding Fee Scale	Individual, adult & family Domestic Violence, Crisis Intervention
Cheetham, August LCSW-C	443.974.8835	250 Englar Road, Suite 2 Westminster, MD 21157	Fee for Service Out of Network	Individual, adult, adolescent & family
Chmar, Angela LCSW-C	410.365.0462	Westminster, MD 21157	Fee for Service UHC & Cigna Out of Network	Individual, adult, child, family
Conliffe, Mario LCPC	240.319.3917	<i>Eldersburg</i> 1425 Liberty Rd. Suite 206 Eldersburg, MD 21784 <i>Hampstead</i> 2434 Cape Horn Rd Hampstead MD 21074	Fee for Service	
Foster, Jodi LCPC	443.536.7340	Westminster, MD 21157	Fee for Service Out of Network Medicaid	Children, adolescents, parents, family
Grow, David Psy. D Discoveries Counseling & Consulting	443.340.7427	250 Englar Rd. Office # 2 Westminster, MD 21157	Private	Adult, Adolescent, child, family, individual, couples, hypnosis
Rhoton, Kim LCSW-C	410.848.5155	15 E. Main St. Westminster, MD 21157	Fee for Service Out of Network	Family therapy, adults' adolescents, couples
Speck, Marie LCSW-C	410.303.3198	abundantwellnesstherapy@gmail.com	Call for details	Children, families, adults
Sturm, Jill LCSW-C	410.245.4521	Sykesville, MD	Fee for service Out of Network UBH, Cigna, BCBS, Aetna	
Trump, Carla LCSW-C	443.789.0389	257 E. Main St Westminster, MD 21157	Medicaid Fee for service Out of Network	Individual, Family, Couples Community & In-Home Therapy

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