

59 KATE WAGNER ROAD – WESTMINSTER, MD 21157 410.848.2500 – FAX 410.876.3016 WWW.CCYSB.ORG

RESOURCE LIST

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CRISIS SERVICES	PHONE	ADDRESS	INSURANCE	SERVICES
988 Suicide & Crisis Lifeline	988	https://988lifeline.org/	No Charge	When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.
Franklin Square Hospital Center	443.777.8444	https://www.medstarfranklinsquare.org/our- services/behavioral-health/ 9000 Franklin Square Drive Essex, MD 21237	Private Medicaid Medicare	Inpatient psychiatric care for children and adolescents.
Carroll County Mobile Crisis	410.952.9552	https://cchd.maryland.gov/3947-2/	No Charge	Crisis Stabilization in the Community, Linkage to Mental Health Resources, Mobile Crisis Team, 9 AM to 12 AM.
Catastrophic Health Planners	Louis Yeager Executive Director 410.871.0751	Virtual in 2024, website expired	No Charge	Virtual platform providing direct support to patients and their families facing a health event. Service for all ages.
Johns Hopkins Broadway Campus	410.955.5335	Community Psychiatry at The Johns Hopkins Hospital Bloomberg Children's Center12th Floor 1800 Orleans Street, Baltimore, MD 21287	Private Insurance Medicaid Medicare	Inpatient hospitalization and diagnostic evaluation/treatment for ages 5-17 with a variety of emotional & behavioral problems including mood disorders, anxiety disorders, psychotic disorders, severe disruptive behavior, and suicide attempts
Sheppard Pratt Psychiatric Urgent Care	410.938.5302	https://www.sheppardpratt.org/care-finder/psychiatric-urgent-care/	Private Medicare Medicaid	Immediate psychiatric triage for children, adolescents, adults.
Brook Lane	301.733.0330 800.342.2992	Brook Lane - Brook Lane provides a continuum of mental health services for people throughout the Mid-Atlantic region. 13215 Brook Lane Hagerstown, MD 21742 4540 Mack Ave Frederick, MD 21703	Private Insurance Medicaid Medicare	Inpatient hospitalization, ages 3-18 Partial hospitalization ages 5-18 focused on children & adolescents who are at risk for self-injurious behaviors or violence toward others.
Grassroot Crisis Intervention	410.531.6006 24-Hour Crisis Line: 410.531.6677	Crisis Intervention - Grassroots Crisis Intervention 6700 Freetown Rd Columbia, MD 21044	No charge	24/7 single point access for behavioral health, crisis and homeless services for individuals and families.
Carroll Hospital Center	410.848.3000	Carroll Hospital - Behavioral Health LifeBridge Health	Private Insurance Medicaid	Inpatient, ambulatory Care & outpatient

Behavioral Health	410.871.7110 (outpatient) 410-871-6971 (inpatient)	200 Memorial Avenue Westminster, MD 21157	Medicare	Partial hospitalization (PHP) 6 hrs. per day Intensive Outpatient (IOP) 3 hrs. per day Adolescents (13-18) & Adults.
COMMUNITY SERVICES	PHONE	ADDRESS	INSURANCE	SERVICES
Boys & Girls Club	410.386.0135 x102	71 E. Main Street Westminster, MD 21157 Boys & Girls Clubs of Carroll County Maryland (bgccarrollcounty.org)	\$30 registration fee	After-school programs in art, education, health and wellness, leadership and services, sports and recreation.
Have Hope	443.804.5194	Have Hope 4 Youth Every Child is Gifted	No Charge	Life Coach/independent living skills mentoring, 1:1 services, social/recreational mentoring, sitting services for youth exiting child welfare system. (Can only receive services under the supervision of another agency such as DJS).
NAMI Carroll County NAMI Maryland National Alliance on Mental Illness	410.857.3650 410.884.8691 800.950.6264	www.namiccmd.org www.nami-md.org www.nami.org	No Charge	Various workshop, programs, and information for children with autism and their caregiver.
Pathfinders for Autism	443.350.5341	https://pathfindersforautism.org/ Hunt Valley, MD 21031	Call for details	Support and improve the lives of individuals with autism through expansive, customized programming, and by providing resources, training, information, and activities free of charge.
Sheppard Pratt Care Finder	Web Only	https://www.sheppardpratt.org/care-finder/	No Charge	Online Resource Center helping community to locate services including but not limited to Crisis & admission, Inpatient, residential, outpatient, DDS, housing, employment.
211 Maryland	211	https://211md.org/	No Charge	Health and human service resources.
VETERANS	PHONE	ADDRESS	INSURANCE	SERVICES
Disabled American Veterans	410.230.4440	http://www.dav.org/	N/A	Veteran advocacy and assistance
MD Dept. of Veteran's Affairs	410.260.3838	http://veterans.maryland.gov/	N/A	Assisting veterans, active-duty service members, their families, and dependents.
Veteran's Benefits Admin.	800.827.1000	http://www.benefits.va.gov/benefits/	N/A	Veteran's benefits.
Veteran Services Program of Carroll County	410.386.3800	Carroll County Government Carroll County, Maryland	N/A	Provides guidance and assistance to Carroll County veterans, their dependents, and survivors with applying for Federal and State benefits.
SPECIALIZED SERVICES	PHONE	ADDRESS	INSURANCE	SERVICES

Endless Options	410.271.9602	http://www.endlessoptions-md.net/ 22 Brian Daniel Court Reisterstown, MD 21136	Call for details	Children with autism in the areas of communication, functional academics, community, daily living, socialization, recreation, and independence.
Kennedy Krieger Institute	443.923.9200	https://www.kennedykrieger.org/ 707 North Broadway Baltimore, MD 21205	Call For details on various programs	Pediatric developmental disabilities and disorders of the brain, spinal cord, and musculoskeletal system.
Child Behavioral Health Solutions	410.525.5333	ADHD and Autism Testing Child Behavioral Health Solutions 30 East Padonia Road Suite 202 Timonium, MD 21093	Out-of-network \$200 per unit of testing	Testing for behavioral, emotional, and developmental problems including but not limited to ADHD, oppositional defiant behavior, autism, anxiety, depression, and adjustment difficulties.
Kennedy Krieger Institute (Military- Oriented Services)	443.923.7508	Behavior Health Services for Military Families (kennedykrieger.org) 720 Aliceanna Street, 2nd Floor, Baltimore, MD 21202	Tricare	Provides behavioral health services targeting the unique needs of children and families of service members Active Duty, National Guard, Reserve and Veteran.
Maryland Neuropsychological Services	301.245.2705	(mdneuropsychology.org) 12410 Milestone Center Dr, STE 600, Germantown, MD, 20876	Medicaid, United Healthcare, AETNA	Autism and ADHD evaluations, Neuropsychological testing, Dementia/memory testing, Virtual Therapy.
MEDIATION	PHONE	ADDRESS	INSURANCE	SERVICES
Carroll County Community Mediation Center	410.848.1764	https://www.carrollcc.edu/Student- Services/Community-Mediation-Center/ CCCMC@carrollcc.edu 255 Clifton Blvd., Suite 311, Westminster, MD 21157	No charge	Business/customer, co-workers, Landlord/tenant, family disputes, parenting plans, community, senior adult, re-entry. Mediations can occur anytime between 9 a.m. and 9 p.m. in 2-hour increments
Carroll County Mediation Center	410.751.5444	http://carrollcountymediation.org/ 39 N. Court Street Westminster, MD 21157	\$100.00 per session Cash, check, money order *No Credit	Divorce, separation, custody, visitation disputes, business, contract, employer-employee, and neighborhood disputes. All mediators are attorneys.
PSYCHIATRISTS	PHONE	ADDRESS	INSURANCE	SERVICES
Andrew Cole, CRNP, PMH	443.920.5333	1643 Liberty Road, Suite 105 Eldersburg, MD 21784	Cigna/Evernorth, CareFirst BlueCross BlueShield, Aetna, Maryland Medicaid Fee for service (\$400 initial, \$200 follow-ups)	Ages 20+
Dr. Gary Klein	410.876.8646	280 E. Main St. Westminster, MD 21157	Fee for service *No insurance	Pediatric & adolescent medication management
Feel Better Behavioral Health	410.941.8488	https://feelbetterbehavioralhealth.com/	Cigna/Evernorth, CareFirst/BCBS,	Psychiatric Evaluations, Medication Management, Holistic, All Age Groups – specialization with children and adolescents

			Medicaid	
			Fee-for-service for	
Cladatora Davishistor and Wallings	442 700 5056	https://www.gladstonepsych.com/	uninsured Call for details	Community Theorems are direction Management DDT
Gladstone Psychiatry and Wellness	443.708.5856	nttps://www.giadstonepsycn.com/	Call for details	Group Therapy, medication Management, DBT
Healthy Foundations Group	301.970.4001	2 Locust Lane Ste 308	Accepts all BlueCross	Medication Management
Lawrence, Diane, CRNP		Westminster, MD 21157	BlueShield except CHPDC,	
		Diane Lawrence, C.R.N.P. – Healthy Foundations Group	also accepts EHP and	
			USFHP	<u> </u>
Hope Health Systems Inc	410.216.5500	6210 Georgetown Blvd	Call for details	Medication/Therapy.
		Suites A&B		Psychiatry is only offered in conjunction with therapy.
		Eldersburg, MD 21784		Please call for further details.
Psychiatry Center of Frederick	301.663.8343	172 Thomas Johnson Drive, Suite 204	Medicaid, Medicare	Psychiatry for ages 7 & up
Dr. Allan Levy		Frederick, MD 21702	*Call for details for private insurance	Opiate Dependence Treatment Program with Suboxone
MSA Child & Adolescent Center	443.259.0400	MSA The Child and Adolescent Center	Medicaid	Pediatric & adolescent medication management
		10005 Old Columbia Rd.	Private Insurance	
		Columbia, MD 21046	Fee for service	
Myndpath Psychiatry and Medical	301.378.0178	Contact MyndPath Medical	Call for details	They provide psychiatric and medical services, medication
Associates	301.682.2922	188 Thomas Johnson Drive		management, ADHD for children starting at age 7, and
		Suite 202		offer the Spravoto treatment in the Westminster location
		Frederick, MD 21702		and the IV Ketamine in our Frederick location.
Dr. Miguel Macaoay	410.876.1233	22 N Court St	Medicare/Medicaid	Child and adolescent psychiatry, general adult psych,
·	<u></u>	Westminster, MD, 21157	Private Insurance	specialty in ADHD, anxiety, depression
Dr. Mahendra Singh Khera	443.609.4623	1425 Liberty Rd Ste 216	Select Private Insurance	Ages 14 & up
-		Sykesville, MD 21784		
SUBSTANCE USE/ABUSE	PHONE	ADDRESS	INSURANCE	SERVICES
ASSESSMENTS & TREATMENT				
Access Carroll	410.871.1478	http://www.accesscarroll.org/	Call for details	Integrated medical, dental, and behavioral health services
		10 Distillery Drive		Ambulatory detox,
		Westminster, MD 21157		Walk in assessments available Monday-Friday
				Recommended arrival time 8am-10am
				*Must be a Carroll County Resident
BH Health Services, Inc	410.871.3005	BH Health Services, Inc.	Call for details	Opioid Treatment Program
·		450 East Main Street		
		Westminster, MD 21157		
Carroll Hospital Center	410.848.3000	Carroll Hospital LifeBridge Health	Call for details	Level 1 outpatient program
-		200 Memorial Ave		Evaluations
		Westminster, MD 21157		

Genesis Treatment Services	410.751.7771	1106 Business Parkway South Suite B Westminster, MD 21157	Call for details	Opioid Treatment Program
New Path Counseling Center, LLC	410.615.3469	http://newpathcounselingcenter.com/ 250 Englar Rd Suite 3 Westminster, MD 21157	Most Insurance Several EAP's Fee for Service	Adolescent, adult, individual, couple, family Addictions, trauma, EMDR, dual diagnosis
Mountain Manor Treatment Center	1-800.537.3422	http://www.mountainmanor.org/ Various location throughout Maryland	Call for details	Comprehensive continuum of treatment for persons of all ages with substance abuse issues.
Mulligan Recovery Centers	877.768.5544	https://www.mulliganrecoverycenters.com/ 117 E Main St, Westminster, MD 21157	Call for details	Substance Use Disorders/Addictions
Nimel Mental Health LLC	410.386.1180	1004 Littlestown Pike Suite A1 Westminster, MD 21157	Private Medicaid Sliding Fee Scale	Individual, group, family, substance use recovery, medication management, PRP
Catoctin Counseling	410.848.9091	Westminster 63 E Main St, Westminster, Md 21157	Call for details	Therapy & addiction services
Re-Entry Mental Health Services	410.848.9244	Re-Entry Mental Health Services, Westminster Maryland 40 South Church Street Westminster, MD 21157	Private Insurance Medicare	MVA approved DWI Alcohol Education Program. Addiction services
DIALECTICAL BEHAVIOR THERAPY (DBT)	PHONE	ADDRESS	INSURANCE	SERVICES
Congruent Counseling	410.740.8066	http://www.congruentcounseling.com/ 7533 Main Street Sykesville, MD 21784 *Also, a location in Columbia	Private Insurance	Child, adolescent, adults, individual, couple, family group, dual diagnosis & addictions, Suboxone Certified, Medication ***Psychiatrist is out of network only
Counseling Centre of Maryland	301.742.2282	https://www.counselingcenterofmaryland.com/ 8030 Woodmont Ave, 3 rd Floor Bethesda, MD 20814 info@ccmtherapy.com	Out of Network	Adult, Parent, Child/Adolescent, Multi-Family Skills Group
DBT Maryland	301.229.0063	https://www.dbtmaryland.com/ 4915 St Elmo Ave Suite #504 Bethesda, MD 20814 info@dbtmaryland.com	Out of Network	Comprehensive, Individual and skills group
Families First	240.304.3327	https://ffcpmaryland.com/ Columbia, Greenbelt, Baltimore, Olney *Greenbelt offers parent group in Spanish	Call for Details	18+ Adult groups, ages 12-18 Adolescents/High School groups, Parent/Guardian groups, Under 12 years, individually and with their families
Rathbone & Associates	301.229.9490 201.230.9490	Bethesda & Rockville	Call for Details	DBT for young adults, adolescents, and children 9 and up

Resource Group	410.337.7772	Towson Mental and Behavioral Health 8501 LaSalle Rd, Suite 115 Towson, MD 21286	Call for Details *Offers reduced fee for clients with Medicaid	DBT for young adults, adolescent, ages children 9 and up
Tides of Change Wellness	Contact via e-mail or online form	Home Tides of Change Wellness 7330 Grace Dr, Suite B Columbia, MD 21044	E-mail for details	info@tidesofchangewellness.com
Waves of Wellness	667.500.4556	https://www.wavesofwellnessstudio.com/	Call for Details	Bell, Jordynn LCPC, CCTP, C-DBT Rogers, Victoria LCPC, CCTP, C-DBT
CLINIC/GROUP PRACTICE	PHONE	ADDRESS	INSURANCE	SERVICES
Access Carroll	410.871.1478	http://www.accesscarroll.org/ 10 Distillery Drive Westminster, MD 21157	Call for details	Integrated medical, dental, and behavioral health services, Ambulatory detox, *Must be a Carroll County Resident
Advanced Behavioral Health	301.345.1022	https://www.abhmaryland.com	Medicaid Medicare UHC BCBS Cigna Aetna	Provide off site counseling services (children or families). Call for details regarding which insurances allow for in home services Psychiatry is only offered in conjunction with therapy. Please call for further details.
Anchor Counseling Centers	443.328.4946	Maryland Locations Columbia Cumberland Eldersburg Frederick Sykesville Westminster	Aetna, Cigna, BCBS, UHC, US Employee Health Care Johns Hopkins Family Health Plan, Tricare, EAP *No Medicaid/Medicare	Offer a range of theories and techniques from Behavior Modification, Play Therapy, Art Therapy, and Family Systems to CBT DBT, Sand Tray, EMDR, Motivational Interviewing, and Reality Therapy.
Anxiety and Stress Disorder Institute of Maryland, LLP	410.938.8449 Consults: 410.938.8452 410.928.0845	http://www.anxietyandstress.com/ 6525 North Charles Street, Suite 224 Towson, MD 21204	Limited Medicare Out of Network Fee for Service *No Medicaid	Anxiety disorders, obsessive-compulsive disorder, stress- related problems, PTSD, Adjustment disorders with anxiety & depression
Back 2 Basics Pediatric Therapy Services	240-200-4010	5216 Chairmans Court, Suite 104 Frederick, MD 21703	Aetna, Aetna Better Health, Maryland Medicaid and REM, Maryland	Back 2 Basics provides therapy for children 19 years of age and under. They offer comprehensive care including:

		10735A Birmingham Way Woodstock, MD 21163	Physicians Care, Johns Hopkins Priority Partners, CareFirst Blue Cross Blue Shield, Cigna, Johns Hopkins EHP, Tricare US Family Health Plan, United Healthcare, Wellpoint	Mental health counseling, Nutrition counseling, Feeding therapy, Occupational therapy, Lactation support, Myofunctional therapy, and Speech therapy
Carroll Counseling Center	410.549.5181 301.829.2242	http://www.carrollcounseling.com/ 1380 Progess Way, Suite 101 Eldersburg, MD 21784 1311 S. Main Street, Suite 202 Mt. Airy, MD 21771	Medicare *NO MA Private Insurance Fee for Service	Attention & Learning Disorders Clinic Medication/therapy
Carroll County Youth Service Bureau	410.848.2500	59 Kate Wagner Road Westminster, MD 21157	Call for Details	Open Access* on Tuesday and Wednesday Tuesday- Please arrive between 8:30am-9:30am for the morning session and 2pm for the afternoon session On Wednesday- Please arrive by 11:30am. Please bring ID & insurance to visit *Does not guarantee ongoing services
Carroll Mental Health Care	410.552.9004	http://carrollmhc.com/ 1643 Liberty Rd. Eldersburg, MD 21784	Medicaid	Medication/therapy
Catoctin Counseling Center	410.848.9091 301.631.1304 301.745.6687 301.271.4870	http://www.catoctincounseling.com/ Westminster Frederick Hagerstown Thurmont	Dependent on therapist & location of service	Therapy & addictions
Cedar Ridge Counseling	410.552.0773	http://www.cedarridgecounseling.com/ Eldersburg, Westminster, Owings Mills Dundalk	Private Insurance *No MA	Individual, Couples, Family, Psychological Testing, Biofeedback Training, Parent Edu., Substance Abuse
Center for Eating Disorders	410.938.5252	http://eatingdisorder.org/ Sheppard Pratt Hospital 6501 North Charles Street Towson, MD 21204	Medicaid Private Insurance	Individualized care for children, adolescents and adults with eating disorders including anorexia nervosa, bulimia nervosa, binge eating disorder and compulsive overeating.
Center for Healing Arts	410.848.9257	www.centerfor-healingarts.com 112 East Main St. Westminster, MD 21157	Dependent on Therapist	Acupuncture, acupressure, conscious living, counseling, life coaching, meditation, psychotherapy, massage infant, deep tissue, cancer & mastectomy) and more
Chase Brexton	410.837.2050	http://www.chasebrexton.org/ Mt. Vernon Columbia Randallstown	Private Medicaid Medicare Sliding Scale	LGBT, Sexuality and Gender, Individual, Couple, Group, HIV, substance abuse, Meds./Therapy

Congruent Counseling Services	410.740.8066	http://www.congruentcounseling.com/ 7533 Main Street Sykesville, MD 21784 *Also, a location in Columbia	Private Insurance Psychiatrist is out of network only	Child, adolescent, adults, individual, couple, family group, dual diagnosis & addictions, Suboxone Certified, Medication
Counseling Renaissance	410.970.6964	Sykesville, Frederick & Ellicott City thecounselingrenaissance@outlook.com	Call for Details	Individual, marriage & couples, grief, loss, ADHD, trauma, anxiety, depression, life change and more
Family Foundation Center	443-541-4300	Westminster & Union Bridge 104 N Main St Union Bridge MD 21791 910 Washington Rd Suite D Westminster, MD 21157	In-network with Blue Cross Blue Shield Network, Medicare, and Optum plans.	Children, Adolescents, Adults
Finksburg Counseling Services	410.751.6176	1812 Baltimore Blvd. Westminster, MD 21157	Fee for Service, Private Insurance Medicaid for Children Only (Limited Availability)	Therapy for Group, Adults, children, adolescents Medications for adults only
Florence Behavioral Health Center	410.505.0105	https://florencebhs.com/ 229 E. Main St, {Suite H&I} Westminster, MD 21157	Call for details	Psychiatric, Psychosocial, Family, Adolescents, Group. Anger Management, Substance Use Disorders
Hope Health Systems Inc	410.216.5500	https://www.hopehealthsystems.com/ 6210 Georgetown Blvd Suites A,B & C Eldersburg, MD 21784	Call for details	Medication/Therapy. Psychiatry is only offered in conjunction with therapy. Please call for further details.
Inner Journey Counseling Center	410.552.5290	http://www.innerjourneycc.com/ 5420 Klee Mill Rd, Suite 6 Sykesville, MD 21157	Call for details	Individual, couples, families, small groups
Life Renewal Services	443.289.8149	http://www.liferenewalservices.net/ 247 East Main Street Westminster, MD 21157	Medicaid	PRP; Outpatient Mental Health Clinic. Medication/therapy
Main Street Community Mental Health Center	410.526.7882	Meet Our Team – Main Street Behavioral Health 37 Main St. Reisterstown, MD 21136	Private Medicaid Medicare Fee for Service	Office appointments and mobile mental health
New Path Counseling Center LLC	410.615.3469	http://www.newpathcounselingcenter.com/ 250 Englar Rd Westminster, MD 21157	Most Insurance Several EAP's Fee for Service	Adolescent, adult, individual, couple, family, addictions, trauma, EMDR, dual diagnosis
New Perspectives	410.751.9205	http://www.nperspectives.com/ Hunter Professional Center 904 A Washington Rd Westminster, MD 21157	Private Medicaid Medicare	Individual, group, family, couple, organizations. DWI evaluations & domestic mediation
Nimel Mental Health LLC	410.386.1180	Behavioral Health Psychiatric 1004 Littlestown Pike Suite A1 Westminster, MD 21157	Private Medicaid Sliding Fee Scale	Individual, group, family, substance use recovery, medication management, PRP
Potomac Case Management	301.791.3087 Press 3	https://www.pcmsinc.org/ 125 Airport Drive Suite 30	Medicare	Case management (child/adult) Therapy

		Westminster, MD 21157		
Project Chesapeake	240.800.1171	https://www.projectchesapeake.com 66 East Main Street, Suite 103 Westminster, MD 21157	Call for details	Outpatient, IOP, Domestic Violence, Anger Management
CARE Healing Center (Formerly Rape Crisis Intervention Services)	410.857.0900 24hr. hotline: 410.857.7322	https://carehealingcenter.org/	FREE for anyone 12yrs. and older impacted by sexual violence	Individual, group, advocacy, referrals walk-in crisis interventions
Sense-Abilities Pediatric Therapy Services, LLC	410.552.4044	Sense-Abilities Therapy 5963 Exchange Drive Suite 109 Eldersburg, MD 21785	Call for details	Occupational therapy and speech & language therapy for children with special needs; Sensory Integration, Neurodevelopmental Treatment,
Springboard Community Services	410.876.1233	Set Hope In Motion Springboard Community Services Westminster 07 School House Ave, Westminster, MD 21157-5110	Call for details	Individual and family, children, support groups, Groups for violence, abuse, or trauma. Support groups for women, men, those who identify as LGBTQ and Spanish speakers
Strength Within Counseling Center	See contact information on website	https://strengthwithincc.com/contact-us 1332 Londontown Blvd Suite 119 Sykesville, MD 21784	Call for details	Anger management, Anxiety, Grief, Communication, Depression, Parenting, Stress, Trauma, Teen Wellness
The Counseling Center for Change	443.590.0030	Contact — CCFC Home 909 Baltimore Blvd. Suite 128 Westminster, Maryland 21157	Call for details	Bariatric Counseling, pre/post op (virtual). It also includes group therapy programs (CBT, Psychoeducational, Support Groups).
True North Wellness	717.632.4900 800.315.0951	http://truenorthwellness.org/ 625 W. Elm Ave. Hanover, PA 17331	Medicaid (PA) Private Insurance	Mental health, Autism Program Addictions
What Lies Beneath Inc	410.581.3968	https://www.whatliesbeneathinc.org/ Owings Mills, MD	Fee for Service Only \$150 per session	Sex offender treatment and evaluations to adolescents ages 8-21
Therapists	PHONE	ADDRESS	INSURANCE	SPECIALIZATIONS
Burrill, Amanda LGPC	410.241.6213	77 E MAIN ST WESTMINSTER, MD ZIP 21157	Fee for service Out of network	Individual, Adolescent group
Cheetham, August LCSW-C	443.974.8835	250 Englar Road, Suite 2 Westminster, MD 21157	Fee for Service Out of Network	Individual, adult, adolescent & family
Chmar, Angela LCSW-C	410.365.0462	Westminster, MD 21157	Fee for Service UHC & Cigna Out of Network	Individual, adult, child, family
Conliffe, Mario LCPC	240.493.8959	Eldersburg 1425 Liberty Rd. Suite 206 Eldersburg, MD 21784	Fee for Service \$150/session	Individuals (age 15+), families, and couples who are experiencing depression, anxiety, relationship problems,

CCYSB Resource List Updated 03/10/25

		Hampstead 2434 Cape Horn Rd Hampstead MD 21074		family dysfunction, substance abuse and addiction issues, and stressful life transitions.
Foster, Jodi LCPC	443.536.7340	Westminster, MD 21157 15 E Main St, Westminster, MD 21157	Fee for Service Out of Network Medicaid	Children, adolescents, parents, family
Grow, David Psy. D Discoveries Counseling & Consulting	443.340.7427	About Me: Marriage and Family Therapist Marriage Therapist, Relationship Therapist Westminster, MD 21157 250 Englar Rd. Office # 2 Westminster, MD 21157	Private	Adult, Adolescent, child, family, individual, couples, hypnosis
Lane, Laura LCPC	443.251.3930	90 Aileron Ct. Unit 6A Westminster MD 21157	Aetna, Amerigroup, BCBS, CareFirst, Cigna and Evernorth, Medicaid, QualCare, UnitedHealthcare UHC UBH Out of Network	Anxiety, PTSD and Trauma, spirituality
Mullineaux, Melissa LCPC	240.285.4291	https://www.melissamullineauxlcpcllc.com/ 5420 Klee Mill Road, Suite 6, Sykesville, MD 21784	Fee For Service	Eating disorder therapy for adults with anorexia nervosa, bulimia nervosa, binge-eating disorder, and orthorexia
Rhoton, Kim LCSW-C	410.848.5155	15 E. Main St. Westminster, MD 21157	Fee for Service Out of Network	Family therapy, adults' adolescents, couples
Speck, Marie LCSW-C	410.303.3198	abundantwellnesstherapy@gmail.com	Call for details	Children, families, adults
Sturm, Jill LCSW-C	410.245.4521	Sykesville, MD	Fee for service Out of Network UBH, Cigna, BCBS, Aetna	Diagnose and treat mental, behavioral, and emotional disorders
Trump, Carla LCSW-C	443.789.0389	Westminster, MD 21157	Medicaid Fee for service Out of Network	Individual, Family, Couples Community & In-Home Therapy