



Emergency Relief Assistance

This information sheet has been put together by the Sugarvalley Neighbourhood Centre and is current as of **01/02/19**

Due to service changes and funding, some services or emergency relief may not always be available.

Please note also, certain agencies can only help those in their geographical area of service.

Most services require a Centrelink income statement, please check requirements to save disappointment.

AGENCY	DETAILS
<p><u>WESLEY MISSION</u> McKenzie Centre Newcastle West Ph: 4915 3683 16 Wood Street, Newcastle Mon,Tue,Wed & Fri</p>	<p>Food parcels, electricity, petrol, opal cards scripts & clothing vouchers, furniture. Breakfast, showers, toilets and washing machine. Financial Counselling. Referral to other Wesley Mission products like housing and family/ youth assistance.</p>
<p><u>ST VINCENT DE PAUL (Home Visits)</u> Ph: 4965 6885 Call before 1pm, depending what area, day and availability of volunteers.</p>	<p>Food, electricity & petrol vouchers. Food hampers.</p>
<p><u>SALVATION ARMY</u> Ph: 1300 371 288 (9am – 5pm) Mon to Fri 67 Cleary Street, Hamilton</p>	<p>Food, electricity + gas, land rates, water rates, financial counseling, personal counseling, budgeting. Referrals to other Salvation Army services. BBQ, Coffee and chat every second Friday from 4pm</p>
<p><u>SAMARITANS</u> 1. 34 Bruncker Road, Broadmeadow Ph: 4922 1540 Mon, Wed, Thur, Fri 10:00-2:00pm 2. 8/163 Brighton Ave , Toronto Ph: 4959 7857 Mon-Fri 9-3 Thur 9:30-12:00</p>	<p>Food, electricity, petrol & phone vouchers. Food parcels. Referrals to other Samaritans services. NOTE: Centrelink income statement is required</p>
<p><u>ABORIGINAL SERVICES – MULOOBINA CENTRE</u> 2/22 Portside Cres, Maryville Ph: 4969 5299</p>	<p>Food and electricity vouchers For an appt on Monday – phone Friday morning For an appt on Wednesday – Phone Tues morning</p>
<p><u>BAPTIST FOOD FOR LIFE STORE</u> 1. 6a South Street, Windale Ph: 4032 4810 Mon & Weds 12:30 -1:30 2. 58 Cowper Street, Wallsend Ph: 4032 5224 Mon to Fri 9:30-3:00pm</p>	<p>Provides access to food services such as low-cost groceries and crisis food packs. Hot meal at Wallsend on Mon,Tues, Thurs \$2</p>
<p><u>LIFE CHURCH SOUL CAFÉ</u> Level 2/ 49 Hunter Street, Newcastle (Corner of Watt St, above Westpac Bank) Ph: 4926 1758</p>	<p>Lunch & coffee daily. Access to services such as; legal aid, doctor, compass housing, Centrelink, GA, Podiatrist, Counselling. Breakfast = M,W,F & Sat 7:30-8:30</p>

	Lunch = M,T,W & Thur 12:00-1:00 (2 nd Sunday)
<p><u>MUM'S COTTAGE</u> 29 St Helen Street, Holmesville Ph: 4953 4105 Mon-Fri 9:00-4:00</p>	Food parcels, access to clothing pool and household goods. Help with accessing NDIS (National Disability Insurance Scheme), Disability services, Parenting classes, Counselling, Advice, Advocacy, Respite.
<p><u>SUGARVALLEY NEIGHBOURHOOD CENTRE</u> 65 Carrington Street, West Wallsend Ph: 4953 1667 Mon-Fri 9:00-3:30</p>	OzHarvest and Second Bite food delivery Mon & Fri from 11:30. Shower and clothes washing facilities. Justice of the peace. Computer & Internet Access. Referrals. Playgroup.
<p><u>BAPTIST COMMUNITY CARE</u> 88 Hanbury Street, Mayfield Ph: 4032 5288</p>	Free breakfast = Mon, Tue, Wed & Fri \$2 lunches Weds afternoon 12pm Emergency parcels available. No Interest Loans.
<p><u>WARNERS BAY BAPTIST CHURCH – FOOD & FRIENDSHIP</u> 66 Queen Street, Warners Bay Ph:4947 4325 Weds, Thurs & Fri 9:00-2:00pm</p>	The products we sell include: fruit & vegetables, milk, bread, cereals, pasta, sauces, tea / coffee / cold drinks, snack foods, as well as a range of frozen goods such as meals, pies, ice-creams.
<p><u>FOOD CARE</u> 18 Albert Street, Wickham Ph: 4961 3022 Thursday 10:00-2:00pm</p>	Low cost groceries and food parcels
<p><u>HOPE CAFE – Generation City Church</u> Corner of Tudor & Murray st, Hamilton (ent via Murray st)</p>	Hot meals Thursdays 5:45-7:00pm
<p><u>STREETCARE</u> Ph: 0418 606 484 - 0467 394 283 Wednesday: Meet at Hamilton South at 9pm at The clock tower next to the ANZ</p>	Free food and items Friday: Harrys Café on Wheels @ 9pm at Hamilton Saturday: Meet at Hamilton South at 9pm at the clock tower next to the ANZ
<p><u>AUSSIE CARE</u> 359 High Street, Maitland Discount Groceries - Monday to Friday 9:00-5:00 Saturday 9:00-12:00pm Ph: 4915 6631</p>	Aussie Care Discount Grocery Store is open to the public. We offer everyday Aussie Families top branded groceries at significantly reduced prices.
<p><u>MY HOUSE PANTRY</u> Thursdays at 2 Bishopsgate St, Wickham. Doors open at 5:00pm for tea and tickets. The collection area is open between 5:30 and 7:00pm.</p>	In order to maintain the service, we request a small donation of \$10 per family/household served to cover handling costs.
<p><u>GRAINERY FOOD CARE</u> 58 Maitland Road Mayfield Thursday 9am-2pm Ph: 49674777</p>	Affordable Food and Free bread when available
<p><u>GOOD LIFE CHURCH</u> 18 Albert Street Wickham Thursday 10am – 2pm</p>	Cheap Groceries

<u>NEW DAY CHURCH</u> 12 Day Street, Toronto Ph: 4959 4891	Free bread and cheap groceries Thursday 9 – 1
<u>MARYLAND CANOPY</u> Food Distribution Program Phone: 02 4955 8111. <i>There is no control over the quantity of food available. Please bring own bag.</i>	Maryland Neighbourhood Centre run a food distribution program for those who need. Food can be picked up on Mon, Wed & Fridays. Call in or ring the centre to collect a number after 9:30am. Food can be collected at 1:30pm
<u>NEW DAY CHURCH</u> 12 Day Street Toronto Ph: 4959 4891	Free bread and cheap groceries Thursday 9 – 1
<u>DARA VAN & ORANGE SKY VAN LAUNDRY SERVICES</u> Ph: 4979 1120 Islington Park	Islington Park every Saturday at 3pm to 5:30 Free meals and food packages available Washing of clothes available
<u>NIGHT VISION BAPTIST COMMUNITY SERVICES</u> Civic Park, Newcastle	BBQ on Sunday night 9:30pm-12:30am

Emergency Services

Ambulance-Fire-Police	000
Link to Home(homelessness)	1800 152 152
SES (Storm/Flood)	132 500
Police Assist	131 444
Lake Macquarie SES	4921 0210
Ausgrid – Blackout	131 388
AGL – faults/leaks	131 245
Hunter Water	1300 657 000

Emergency Assistance

Lifeline	131 114
GP Access	1300 130 147
Mater Calvary	4921 1211
Hunter Area Health	4921 4960
Child Health Care	4958 4202
Domestic Violence	1800 799 7233
Suicide prevention	1300 363 622
Drug & Alcohol	1800 422 599
Child Protection	132 111
Kids Helpline	1800 551 800
Youth Crisis Line	1800 424 830
Hunter Tenancy	1800 251 101
Gambling Hotline	1800 858 858
Veterans Affairs	1800 011 046
No Interest Loan	4987 7660
Housing NSW	1300 305 667
Child Medicare	1800 022 222
Parent line	1300 130 052
Child Support	131 272

Neighbourhood & Community Centres

West Wallsend	4953 1667
Edgeworth	4958 2801
Cameron Park	4908 1140
Maryland	4955 8111
	4958 7251
Woodrising	4959 4624

Centrelink

Family Assistance	136 150
Newstart/ Youth	132 850
Seniors	132 300

If any numbers or information is incorrect, or we are missing a service available. Please let us know manager@sugarvalleyync.org.au or 4953 1667