



DISCUSSION QUESTIONS FOR BOOK CLUBS

- 1. For the person who chose this book:**
 - a. What made you want to read it?
 - b. What made you suggest it to the group for discussion?
 - c. Did it live up to your expectations?
 - d. Why or why not?
- 2. How have you been personally affected by grief?**
- 3. What has helped you handle grief? What has gotten in the way or made it difficult?**
- 4. John and his family found ways to mourn and grieve Amy, in spite of the terrible pain and despair. Did any of these ways resonate with you? If so, how?**
- 5. How do you think this book could help others deal with grief?**
- 6. Discuss the book's structure and the co-author's use of language and writing style. How do they draw the reader in and keep the reader engaged?**
- 7. What aspects of the story could you most relate to?**
 - a. From John's point of view: as a person who has lost a loved one.
 - b. From Robert's point of view: as a friend wanting to console someone who has suffered loss.
- 8. What gaps do you wish the authors had filled in? Were there points where you thought the authors shared too much?**
- 9. What was your favorite quote/passage? Why did this stand out for you?**

10. Several themes are apparent in the book, including

- Male friendship and what that means in our modern era
- How we look at life differently in the aftermath of a terrible tragedy
- How we understand the concepts of love, God, and religion in our lives and what those things mean to people recovering from the death of a loved one
- Community and how shared grief can bring communities together
- How to practice self-care in the aftermath of tragedy
- Dealing with a loved one's possessions and moving beyond the reminders of grief
- What it takes to get back into dating and open yourself to finding love again

- a. Which ones impacted you the most?
- b. Are there other themes not mentioned that were important to you?

11. How original and unique was this book? Does it remind you of any other books?

12. Did the book change your opinion or perspective about anything? Do you feel different now than you did before you read it?

13. What did you like or dislike about the book that hasn't been discussed already?

- a. Were you glad you read this book?
- b. Would you recommend it to friends or family?