

Conscious Media Consulting, LLC  
www.cmcllc.org

AVA MONTGOMERY

Ava Montgomery is the founder of Conscious Media Consulting, LLC (CMC, LLC) and author of: ***Listen-In! Watch-Out! Word-Up!: A Guide to Understanding and Developing Conscious and Comprehensive Media Literacy Skills for Media-consumers and Media-makers.***

She is an experienced Curriculum designer, Trainer and Facilitator of Leadership Development programs for Corporate and Non-Profit business sectors. She also has well-rounded experience in community-capacity-building through program development and management.

CMC, LLC is an organization that is inspired by working with organizations and individuals that have a desire for accuracy in media discourses and representation. CMC, LLC is breaking necessary ground in media and is a valuable asset to organizations and free-lancers who seek a culturally-competent thought-partner for their media designs.

CMC, LLC specializes in analyzing media to help spot elements of construction that might lead to concerns of:

- False narrative creation or perpetuation
- Race/ethnicity/ Gender biases (and other biases)
- Representation bias or inaccuracies
- Other elements of a message that might cause concern

Media can be made in ways that address social issues and brings justice to them in discourse and representation.

Media can also be made in ways that impede or perpetuate social injustices.

Ava Montgomery has the knowledge, experience, and ability to speak with compassionate candidness about media representation and discourses that occur in a number of areas.

Thoughtful dialog is necessary at the conceptual stages of an idea for media before it is created or disseminated.

Knowledgeable and thoughtful discourse can avoid creation of costly and time-consuming mistakes that frequently happen in media that is created without it.

Anyone who seeks to demonstrate Conscious-Concern© in media-creation, will increase their abilities and confidence by having CMC, LLC as a well-informed thought-partner to consult with.

CMC, LLC can provide consultation with the following:

- Proofing documents (including Speeches) for clarity of intent
- Analyzing media projects prior to dissemination for clarity of intent of message and narrative
- Analyzing media for clarity of intent of visuals

CMC, LLC can provide consultation in the following manner:

- Telephone, video conference & Email
- Face-to-Face, on-site of the requesting organization (travel expenses may apply)

CONTACT AVA

To inquire about Ava's availability for consultation on your media projects, please reach-out to her using the following:

Email: [info@cmcllc.org](mailto:info@cmcllc.org) (please put purpose of inquiry in the subject line)

Ph. 213-297-7755 (long-distance charges may apply)

CREATING MEDIA TO INFORM & EMPOWER