

# Conscious Media Consulting, LLC

www.cmllc.org

The logo consists of six overlapping circles arranged in a hexagonal pattern. Each circle is a different color and contains a sphere of concern: 'Culturally Considerate' (green), 'Linguistically Considerate' (yellow), 'Social Issue Considerate' (orange), 'Gender Considerate' (red), 'Accurate Narrative Considerate' (purple), and 'Representational Considerate' (blue). In the center, where all circles overlap, is the text 'CMCLLC's 6 Spheres of Conscious-Concerns'.

## CONSCIOUS MEDIA LITERACY TRAINING

Ava Montgomery is the founder and Chief Considerations Office (CCO) of, and principle consultant for, Conscious Media Consulting, LLC (CMC, LLC) and author of: *Listen-In! Watch-Out! Word-Up!: A Guide to Understanding and Developing Conscious Media Literacy Skills*.

She is a recognized Curriculum designer, Trainer and Facilitator with well-rounded experience in community-capacity-building. She is an experienced Leadership Development Trainer for Corporate and Non-Profit business sectors.

Media can be made in ways that address social issues and brings justice to them. Media can also be made in ways that impede or perpetuate social injustices.

Ava Montgomery has the knowledge, experience, and ability to speak with compassionate candidness about media representation and narratives disseminated in media, by media-makers.

She has an engaging written and verbal style of delivery that enlightens and inspires audiences to be interested in developing or enhancing conscious and comprehensive media-literacy skills for media-consumption and media-creation.

Ava demonstrates cultural and conscious competencies that help her connect with and engage her audience in meaningful discussions about media related topics.

No matter where your personal or organizational interests fall on the continuum of media influencers, Ava can

customize an engaging training that meets your participant's needs.

Parents, Educators, Media-makers that create media on behalf of a company or free-lancers who seek to demonstrate social consciousness in media-content, will be empowered by Ava's conscious Media Literacy Training.

Everyone has the power to influence media positively and to use the power of media influence constructively. Ava provides helpful tools to do that, no matter where one is on that journey.

Ava can customize a training or workshop for your organization that includes information on:

- ✓ How to discern Dots Of a Narrative
- ✓ How to spot bias created through use of specific communication tools and strategies
- ✓ How certain terminology or using terminology in certain ways leads to biases in media
- ✓ The importance of basic acquisition of Conscious Media Literacy skills for media-consumption
- ✓ And more!

CMC, LLC can design training/workshops in the following manners:

- Half-day (4-hour) Workshop
- Full-day (8-hour) Workshop
- Break-out Sessions
- 60-90-minute Webinars

Contact us today to schedule a presentation!

## CREATING MEDIA TO INFORM & EMPOWER

### CONTACT CMC, LLC

To inquire about Ava's availability for consultation on your media projects, speeches, and other public communications strategies, please contact CMC, LLC using the following:

Website Consultation Form, Email: [info@cmllc.org](mailto:info@cmllc.org) (please put purpose of inquiry in the subject line)