



## **A free cure for morning headaches and other woes**

Advice is usually worth what it costs. This remedy is free. Is it good? It's been the best headache cure for almost 3000 years. It's 100 percent effective. Yet it didn't come without sacrifice. Preservation of this remedy cost the lives of many. They died to keep it available to everyone. That makes it invaluable.

Here it is. **"Show me someone who drinks too much, who has to try out fancy drinks, and I will show you someone miserable and sorry for himself, always causing trouble and always complaining. His eyes are bloodshot, and he has bruises that could have been avoided. Don't let wine tempt you, even though it is rich red, and it sparkles in the cup, and it goes down smoothly. The next morning you will feel as if you had been bitten by a poisonous snake. Weird sights will appear before your eyes, and you will not be able to think or speak clearly. You will feel as if you were out on the ocean, seasick, swinging high on the rigging of a tossing ship. 'I must have been hit,' you will say; 'I must have been beaten up, but I don't remember it. Why can't I wake up? I need another drink.'"**

One of the wisest persons who ever lived wrote this. You can find this in the book of *Proverbs 23:29-35* in the *Old Testament*, Today's English Version. The question is: Are we wise enough, unselfish enough, and bold enough to follow the cure?

*Bob Blair*

[www.robertblairbooks.com](http://www.robertblairbooks.com)